

You can do it!

Outcomes

You will be able to:

- predict the meaning of new vocabulary items
- listen to the rules of different sports and games
- talk about the rules in your home using *can/can't* and *have to/don't have to*
- read about the modern and ancient Olympic Games
- write an argument for or against technology in football

Project: Make the rules of a game

Before you start

Look at the photographs. What sports are these people doing? Do you know people who do them?



Have to play by the rules!

Sports quiz

1. Can you play football indoors? **Yes, I can.**
2. Can you kick the ball in basketball? **No, I can not.**
3. Can you use any metals in a judo competition? **No, I can not.**
4. Can you hit the ball with your hand in tennis? **No, I can not.**
5. Can you hit the ball with your head in football? **Yes, I can.**
6. Can you use your feet in hockey? **No, I can not.**



- 1 Read about the rules of some games. Do you think these rules will change in the future? Why/Why not?

es of the game

Tennis are both very popular sports. People play them all over the world. Are the rules the same? When were they first used?

Not everyone played the same rules. Some people picked the ball up and ran with it. There were new rules and they used now. Each team has two players. You play football on a pitch. In each team, the players have to stand in the goal. The referee can pick the ball up and pass it to the players in their

team. The other players have to kick the ball to the other players. You can't touch the ball with your hands. The referee watches the game. He makes sure all the players follow the rules.

People began playing tennis a long time ago. First, they hit the ball with their hand. Then they used a glove. Finally, they used racquets. You have to play tennis on a court with a net. You have to hit the ball over the net with a racquet. You have to hit the ball inside the lines. You can't throw the ball. You have to have an umpire. The umpire decides if a player wins a point.

Then, answer these questions in pairs.

1. How should players behave when there is no referee watching?

2. What are the differences between the rules of tennis and the rules of football?

3. What are the rules for playing football?

4. What does the article contain mainly facts or opinions? Give two examples from the text.

- 3 Listen to the words below in context. Try to guess their meanings.

pitch, referee, goal, court, net, umpire, racquet

Tennis is played on a court, whereas football is played on a pitch.

An umpire watches the game in tennis, whereas a referee watches a football match.

To earn a point in football you must get the ball into the goal, whereas in tennis you must hit the ball over the net.

d. The article mainly contains facts. For example, "Football and tennis are both very popular sports", "Before 1863, not everyone played football with the same rules" and "People began playing tennis a long time ago."

Grammar

have to/don't have to, can/can't

1 Read the sentences and choose the correct words. Check your answers in the text on page 50.

- Each football team has to / can't have 11 players.
- You can / can't kick the ball in football.
- I am a referee. I have to / don't have to watch the match.
- Football players have to / can't touch the ball with their hands.
- Tennis players have to / don't have to use a racquet.
- There is an umpire in tennis. He has to / can't decide if a player wins a point.

2 Complete the text with the correct forms of can/can't.

Ice diving in Antarctica is becoming very popular. You (1) _____ do it if you are not a well-trained diver. Once you are in the water, you can see a completely different world. You (2) _____ dive with seals and penguins. You (3) _____ observe animals from under the surface, or you (4) _____ catch a fish while it is in a deep sleep. However, because ice keeps moving, you (5) _____ be sure of your final destination. You might end up miles from your original diving spot.

Answers

1. can't; 2. can; 3. can; 4. can; 5. can't

4 Look at the pictures and use the phrases from the box to write school rules using *have to/don't have to* and *can/can't*. Then, write your own sentences using the words in brackets.

write notes by hand use mobile phones
~~study hard~~ take books out of library



- You have to study hard.
(can't) You can't pass exams without studying.



- You don't have to write notes by hand.
You can use a computer.



- You can take books out of the library.
You don't have to buy them.



- You can't use mobile phones.
You have to turn them off.

- 5 Complete the text with the correct forms of *have to*/*don't have to*.



Winning isn't everything. If you want to be a truly good sportsman, you (1) ____ behave well all the time. This is called being a good sport. The most important thing that all good sports (2) ____ remember is respect: respect for your teammates, for your opponents and for the referee. Good sports accept that you (3) ____ win all the time and you certainly (4) ____ cheat to do so. Good sports never make their teammates or the other team feel bad and they (5) ____ make excuses if they don't do well. Remember that not everyone can be the world's best player but everyone (6) ____ be a good sport!

Answers

1. have to; 2. have to; 3. don't have to;
4. don't have to; 5. don't have to; 6. has to

- 6 Now listen to the passage and check your answers.

- 7 Read the Listening Strategies.

Listening Strategies: Multiple-choice questions

- Before listening, read the questions and alternative answers.
- Where possible, use your general knowledge to guess the answer.
- Choose the best answer and make sure the other answers are not possible.
- Look for synonyms (e.g. *take part* = *participate*). The answer may not be obvious. Make sure the other answers are not possible.
- Listen carefully to check your guesses.

- 8 Listen to the text about a Jordanian athlete and use the Listening Strategies to answer the questions.

1. What can't a player do to win a game?
 a. try to cause injury
 b. train hard
 c. win a gold medal
2. What does Hussam have to do to realise his dream?
 a. compete against Jordanian players
 b. win a gold medal in the Olympics
 c. participate in the Arab Championship
3. What does Hussam have to do to be able to participate in the Olympics?
 a. learn other sports
 b. wait until he's older
 c. train well

- 9 Now listen again to check guesses.

Over to you . . .

- 10 In pairs, ask and answer questions about what you *have to*/*don't have to*, *can*/*can't* do at home. Tell your partner.

Example


- A: Do you have to make your bed?
B: Yes, I do. Can you stay up late watching TV?



"Faster, Higher, Stronger"

Before you start
Look at the photos.
What are the five
rings? What do they
represent? Read the
title. What do you
think it refers to?

Find the words

- 1  Listen to the words below in context. Try to guess their meanings.

Olympic Games, athletics, fencing,
gymnastics, medal, chariot racing

- ▶ A modern sports event traditionally held every four years in different places **Olympic Games**
- ▶ A round, flat piece of metal given to someone who won a competition **medal**
- ▶ The type of sport that includes running a race, jumping, throwing, etc. **athletics**



In the ancient games, winners received a crown of olive leaves, and in the modern games, winners receive medals.

The ancient games lasted five days, and the modern games last for about 16 days.

Some sports from the ancient games aren't included in the modern games – like chariot racing.

READING

1 Read about the Olympic Games. Find two differences between the ancient games and the modern games.



The Olympic Games

The Olympic Games are a tradition from Ancient Greece. They took place in Athens over 2,700 years ago. The modern Olympic Games began in 1896. Many of the sports we see today were at the original games.

10 The modern Olympic Games happen every four years just as they did in Ancient Greece.

15 In Ancient Greece, winners received a crown

of olive leaves to put on their heads. The modern Olympic Games started to give medals – gold, silver and bronze – in 1908. In Ancient Greece, the games lasted five days. Now they last for about 16 days.

25 Four sports were at the first modern Olympic Games and are still there now. They are athletics, swimming, fencing and gymnastics.

Some sports that were played in the ancient games, like chariot racing, are barely even known nowadays. Some sports, like volleyball and basketball, were not in the Olympic Games until the 1900s. In 2016, two new sports were added – golf and rugby. Some sports, such as chess and surfing, are not Olympic sports.

What do you think?

Champions aren't made in the gyms. Champions are made from something they have deep inside them – a desire, a dream, a vision.

Mohammad Ali

2 Read the text about the Olympic Games again and answer the following questions.

1. If you were participating in the Olympic Games and you came second, which medal would you receive – a silver, bronze or gold medal?

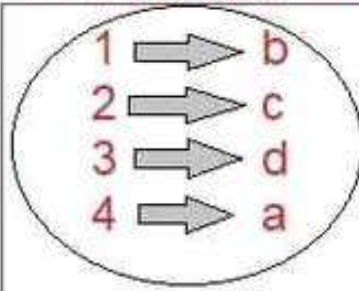
A silver medal

2. What are the similarities between the modern Olympic Games and the ancient Greek games?

The Olympic Games and the ancient Greek games had many of the same sports and they both happened every four years.

3. Do you think chess and surfing should be Olympic sports? Why/Why not?

4. What sports would you like to see included in the Olympic Games? Explain your choices.

VOCABULARY**3** Match the beginning and end of each sentence.

- | | |
|--|-----------------------|
| 1. You have to be flexible and train hard | a. in fencing. |
| 2. You have to hit a ball over a high net | b. in gymnastics. |
| 3. Your horse has to be faster than other competitors' | c. in volleyball. |
| 4. You have to fight with a long, thin sword | d. in chariot racing. |

LISTENING**4** Listen to the following letter about the Dead Sea Ultra Marathon and fill in the blanks.

Dead Sea Ultra Marathon

2nd April, 2011

Dear colleagues,

I'm collecting money for (1) _____ this month by taking part in the Dead Sea Ultra (2) _____ (DSUM). The DSUM started in 1993 to collect money for the Neurological Society, which helps (3) _____ who have problems in the nervous system. The Marathon ends at the Dead Sea, the lowest point on Earth. (4) _____ come from different countries and in big numbers to participate in the event. There are many people in Jordan who work hard to make this (5) _____ beneficial for charity.

The Marathon takes place every April and I had five courses to choose from – 50km, 42km, 21km, 10km and 4.2km. I want to collect money by running 21km. If you'd like to support me, please make a (6) _____ to the Neurological Society.

Thanks for taking the time to read this!


Samer Moussa

**Answers**

1. charity; 2. Marathon; 3. people; 4. Runners;
5. event; 6. donation

5 Now, listen again and check your answers.**6** In a group, read the letter about the Dead Sea Ultra Marathon again. Think of other events you could do to raise money for charity. What kind of event would you choose? Which charities would you like to help? Why?

Language Development

- 1  Complete this passage with *have to*/*don't have to*, *can*/*can't*. Then, listen and check your answers.



Rules aren't only for games; you (1) _____ follow rules to drive too! First of all, you have to have a driving licence. In some countries you must also take a test on the Highway Code. Once you get your licence, you (2) _____ make sure you drive safely. For example, you (3) _____ stop at an amber light, but you (4) _____ go through a red light. If you see a green light, you (5) _____ drive through, but be careful, there might still be people crossing the road. You (6) _____ go over the speed limit and you have to wear your seatbelt at all times.

Answers

1. have to; 2. have to; 3. don't have to; 4. can't;
5. can; 6. can't

- 2 Look at the photographs of these sports. What are the rules? Work in pairs.

Example

A: In volleyball, you have to hit the ball over a high net using your hands.

B: In table tennis, the ball has to bounce on your side of the table before you hit it.

A. In football, you have to gain points by kicking the ball past a goalkeeper into the goal. You can't touch the ball with your hands unless you are the goalkeeper.

B. In basketball, you have to work as a team to throw the ball through a hoop. You can run if you are bouncing the ball.



3 Read Alia's report. Then, complete the table.

The students in our group are 13 years old. There are six people in our group. We don't spend much time watching television. We all watch about two hours of television a day, so we all watch about seven hours of television a week. We all play lots of sports. We play tennis, basketball, volleyball and table tennis. Two of us enter competitions. We all like sports very much. We also have other hobbies. We collect stamps, coins and badges and we also do lots of activities for charity. One of us has a penfriend from England. We like reading, playing computer games, singing and playing musical instruments.

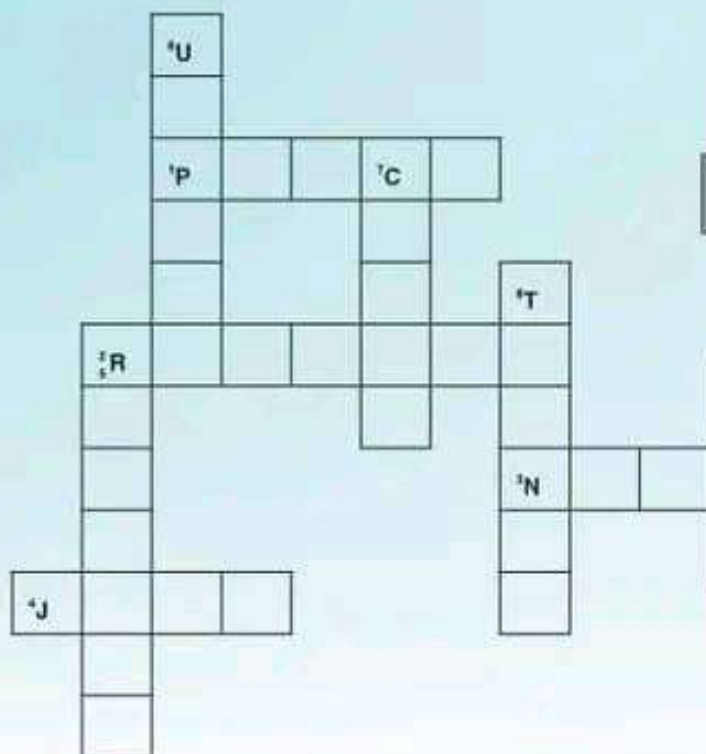
Alia

Number of hours watching TV a week	Sports	Hobbies

4 Now work in pairs. First, copy the table and complete it with information about you. Then, fill in the table with information about your partner.

Crossword Puzzle

Read the clues and write the words in the puzzle.



Across

1. A marked-out area of ground on which a sport is played **pitch**
2. Someone who makes sure that the rules of a sport are followed **referee**
3. The object that players must hit the ball over in games like volleyball **net**
4. A Japanese sport in which you must throw your opponent to the ground **judo**

Down

5. A specially-shaped piece of wood or metal that you use for hitting the ball in games **racquet**
6. The person who makes sure that the players obey the rules in tennis **umpire**
7. An area made for playing games such as tennis **court**
8. A game for two people or two pairs of people who use a racquet to hit a ball over a net **tennis**



It's 2032. Is this an Olympic year?

