### SURAFALAQ

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### Surah Al-Falaq

Memorize the meanings of each word thoroughly.

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شَوّ		مِن	(1)	الْفُلَقِ (1)		بِرَبِّ		أعُوذُ	
(the) evil		From (of) the day		daybreak	in (the) Lord		"I seek refuge		Say,
إِذَا	غَاسِقٍ إِذَا		شَوّ		وَمِن	(2)	خَلَقَ	مَا	
when	hen (of) darkness		(the) evil		And from	He created;		(of) that which	
في الْعُقَدِ (4)			النَّفَّاثَاتِ		وَمِن شَرِّ		وَقُبَ (3)		
in the knots,		(of) t	(of) those who blow		And from (the) evil		l l	it becomes intense,	
خسك (5)			سد إذًا		حَاس	رِّ حَا		وَمِن شَ	
he en∨ies.			when	when (of) the envier		And from the evil			

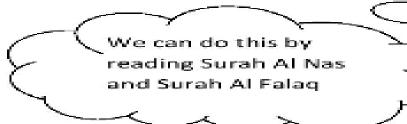
### The Blessings of Surah Al-Falaq and An-Naas

The Messenger of Allah said (Reported by Abu Dawud in his book of Sunnah. The Hadith is Sahih):

"While the Messenger of Allah and I were going from Al-Juhfah to Al-Abwa', we were overspread by winds and severe darkness. So the Messenger of Allah began to seek refuge with 'Say I seek refuge with the Rabb of the Dawn (i.e. Surah no. 113), and 'Say I seek refuge with the Rabb of Mankind (i.e. Surah no. 114) and said: 'O 'Ugbah, seek refuge with them, for no person seeking refuge has sought refuge with anything like them."

#### Why should I read Surah Nas and Surah Al Falag?

 We need to ask Allah to help us against Shaitan because he is our enemy.



#### Surah Al Nas

This surah is about asking Allah for help against the shaitan who is always telling you to do bad things.

### Surah Al Falaq

This surah is about asking Allah to protect you from things you are afraid of.



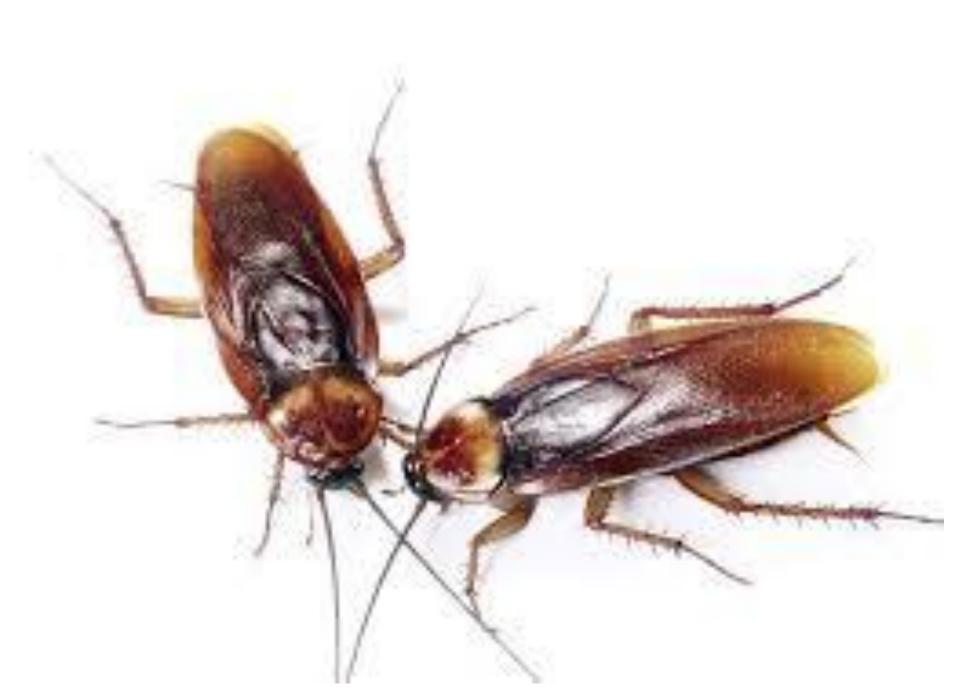
When do I read Surah Al Nas and Surah Al Falaq? **1....** 

# Things that can harm us

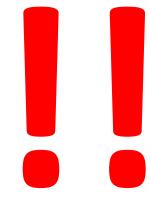








## Shaytan





2.....

# Darkness of the night



3....

## Jealousy



Color green in the feeling you think is right and red in the feeling you think is wrong.

I do not feel anything.

I wish his bike was broken, stolen, lost...

I saw Hashim with a new bike and...

I wish I had one like that.

I wish his bike was broken, stolen, lost... While I get a one like his.

## Destructive jealousy (hasad)

## Envy (Ghibtah)

### What to do if you are feeling hasad for someone?

- 1. Repent to Allah at once and make lots of Istighfaar.
- 2. Ask Allah to help you in getting rid of this bad feeling and in cleaning your heart from all evil.

- 3. Make duaa for the person you are feeling jealous of.
- 4. If possible give that person a gift, no matter how small, as Nabi (saw) has told us: Exchange gifts with each other, you will love each other.

## How to protect yourself from a jealous person (haasid)

- 1. Do not boast off about your possessions, knowledge etc. and do not show off.
- 2. Recite Sura Falaq everyday in the morning and after maghrib.

