

Reading (1)

Directions:

Read the following passage and answer the questions that follow.

1. Sleeping is very important for the brain. While we are asleep, the brain repairs itself. It also stores information that it learned during the day. If we do not get enough sleep, the brain cannot do these things. We become tired and we cannot remember things so well. Our body's 'immune system', which is its self-defense system, becomes weaker, so we are more likely to get ill.
2. Most people find sleep difficult because they are not relaxed. They do not exercise enough during the day, and in the evening they are still thinking about their work or studies. In addition, they make phone calls or look at email messages until late at night. They also have too many drinks which contain caffeine, such as cola drinks or coffee, and eat dinner before they go to bed.
3. There are other things we can do to help us get a good night's sleep. Firstly, the bed must be comfortable, with a good mattress and pillows. The bedroom should be dark and quiet. We should also have the same routine every evening before we go to bed. For example, we should read a book, have a hot bath, or listen to relaxing music.
4. Finally, we should try to go to bed at the same time every night. In this way, we will start to sleep better and feel more active during the day.

1. What is the text **MAINLY** about?

- A. sleeping and the brain
- B. sleeping and the food
- C. sleeping and dreams
- D. sleeping and disease

2. Read the following?

They also have too many drinks which contain caffeine, such as cola drinks or Coffee, and eat dinner before they go to bed.

What does the underlined word mean?

- A. get
- B. have
- C. come
- D. become

3. Why do most people find sleeping difficult?

.....

4- What can we do according to the text to get a good night's sleep?

.....

Reading (2)

Directions:

Read the following passage and answer the questions that follow.

1. Rashid is a Qatari boy. Last holiday Rashid and his family decided to visit London. They went there by plane. On the plane they had a hot, delicious meal and watched a nice film. Rashid was very excited. Rashid and his family arrived at London Airport at seven o'clock in the morning.
2. The weather was very cold and it was raining. The weather in London is often cold and rainy. Nasser and his family didn't know the way to the hotel. They asked a man in the road and he showed them that it is in the north and they should take a bus. Nasser and his family took the bus to the hotel which was not far from the airport. In the afternoon the weather changed. It became warm and sunny. Rashid asked his father to take them out to visit the lovely places in London.
3. Rashid and his family visited a lot of places in London. They went to the National Park and the zoo. They saw animals they have never seen in Qatar. They also went to the shopping malls and the National Museum.
4. Rashid and his family stayed in London for three weeks. Rashid met a lot of people who were very friendly and helpful. Rashid talked to them and took their e-mails. Rashid bought beautiful clothes and presents for his friends. Rashid's family enjoyed their holiday. They wished to come to London again. It was really fun.

1. What is the text **MAINLY** about?

- A. A visit to London
- B. London's airport
- C. London's hotel
- D. London's museum

2. How did Rashid and his family know the hotel's place?

- A. They took a taxi.
- B. They used a map.
- C. They telephoned the hotel.
- D. They asked a person in the road.

3. How was the weather in London?

- A. rainy
- B. snowy
- C. windy
- D. cloudy

4. What was Rashid and his family's wish?

.....

5. How long did Rashid and his family stay in London?

.....

Reading (3)

Directions:

Read the following passage and answer the questions that follow.

1. My name is Hamad. I am 13 years old. I am in grade 7. Last week, My school went to Aspire Park on a school trip. We went by the school bus. It was sunny and warm. The driver drove the bus carefully to Aspire Park. He wore his seatbelt and follow the traffic lights.
2. At the Aspire Park, we had fun. First, we played in the park. We played football. Then, some of my friends played with their kites. We ran and enjoyed doing spots.
3. After that, we visited the Torch Tower. It is very high and has a lot of lights. It is very **beautiful**. After that, we went to the restaurant because we were very hungry. We had lunch there. We had healthy food with orange and apple juice. Some boys had KFC.
4. Finally, the bus driver said “All back “. We got on the bus back to the school. The trip lasted for 5 hours. We sang songs in the bus. We were very happy because it was an exciting day. It is a remarkable day.

1. What is the MAIN PURPOSE of this text?

- A. to describe Hamad's house
- B. to tell a story about a school trip.
- C. to advise children to follow traffic lights.
- D. to give information about the Aspire Park work

2. What is the CLOSEST meaning to the underlined word in paragraph 3?

- A. bad
- B. ugly
- C. polite
- D. pretty

3. When did they go to the park?

4. How did they go to the park?

5. How long did the trip last?
