

أول ثانوي

فصل أول

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Student's Book

A healthy and active brain

A : Do you know what happen in our brain when we sleep?

B :

A : What do you think are the health benefits of sleep ?

B :

A : Do you think enough sleep makes you active during the day?

B :

1 : Which words refer to body? Which words associated with sleep ?

Brainwave , eyelids , heartbeat ,

Immune system , muscle , REM

Soundly .

Body	Sleep

Arabic meaning : -

1 : essential part of life rest completely

2 : busy period scientists information

3 : stored reducing stress keeping

4 : heart memory identify

(1)

Match Same meaning (6) : معانی صفحه

- | | |
|--|---------------|
| 1 : immune to disease cannot catch it | soundly |
| 2 : skin cover eye when it close..... | brainwave |
| 3 : part of body to move | heartbeat |
| 4 : rapid eyes movement | REM |
| 5 : Sound of heart | muscle |
| 6 : electrical force produced by brain | eyelids |
| 7 : deeply of sleeping | immune system |



The importance of sleep

Sleep is an essential part of life . Although we think of sleep as a time when we rest completely it's actually a very busy period for the brain. Scientists claim that sleep is the time when information is stored and stored by the brain Sleep is important for reducing stress and keeping the heart , the immune system and the memory healthy .Scientists have already identified five sleep stages by studying brainwaves , Stage 1 is when we begin to fall asleep. The brain tells the muscles to relax and the heart to beat slowly . (2)

This stage makes up about 5% of a young adults sleeping time . Stage 2 is a period of deeper sleep ,The heartbeat and breathing become slower , This stage makes up about 44% to 55% of a young adult's sleeping time .

Stage 3 and 4 are when we sleep most soundly , Now the brainwaves and heartbeat are at their slowest and our muscles become very relaxed . We might have some dreams in this stage , which makes up about 15% to 23% of a young adult's sleeping time .Stage 5 is called the REM (Rapid Eye Movements)stage .Although our body is resting , our eyes are moving very quickly beneath our eyelids during this stage , Our heartbeat and breathing become faster and this is when dreams are most frequent ,This stage makes up about 20% to 25% of a young adult's sleeping time .

1 :According to the text " write down the benefits of sleeping :-

.....

2. How do the scientists know about the five sleep stages ?

.....

3. When do the heartbeat and breathing become faster ?

.....

4. What does this word mean " REM " ?

5. What does the brain do when we sleep?

6. Quote the sentence, which shows that our brains when we sleep aren't free .

.....

7. "The time when we sleep is actually a very busy period for the brain ". do you agree with this statement ? Justifying your answer with example from the passage

.....(3)

8. Find from the text :

- 1 :Adjective:
 - 2 :adverb:.....
 - 3 :Gerund:
 - 4 : present perfect with already:.....
 - 5 : Superlative
- 1: Comparative:
- 2 : Present continuous:.....
- 3 :passive:.....
- 4 : a non - defining relative clause:.....
- 5 : Present simple passive
- 6 : A dynamic verb.....
- 7 : A state verb
- 8 : a defining relative clause.....
- 9:- Critical thinking

"Early to bed, early to rise, make you healthy, wealthy and wise "

Think about this statement and write down your point of view.

.....

Arabic meaning :-

- 1:healthy.....active.....brain.....benefits.....
 - 2 :what happens.....enough sleep.....during.....body.....
 - 3 :brainwave.....eyelids.....heartbeat.....REM.....
 - 4 :immune system.....muscle.....soundly.....deep.....
- 1 : essential.....part of liferest.....completely.....
- 2 : busy period.....scientists.....information.....
- 3 : stored.....reducing.....stress.....keeping
- 4 : heart.....memory.....identified.....stage.....(4)

5 : fall sleep tell muscles relax beat slowly

6 : quickly breathing faster dreams frequent

Match

تمرين صفحه : (7)

1 : We sleep most soundly in Stage 1

2 : lasts for the shortest time Stage 2

3 : lasts for the longest time Stage 3 and 4

4 : when we usually have most of our dreams Stage 5

Speaking ((7) صفحه

A : What are the advantages of waking up early ?

B :

A : How many hours a day do you sleep ?

B :

A : Do you think it is healthy for you to sleep over this period ?

B :

A : How could you improve your sleeping habits ?

B :

(Writing) : -

Describe a dream , imagine you are arriving at a beautiful destination , what you see : -

A : Do you ever get stressed ?

تمرين صفحه : (8)

B :

A : What kind of things make you feel stressed ?

B :

Zainab : Every time I have exam preparation , I get very stressed and worried . I always wonder whether I will have time to study for all the subjects . I know that I will pass all my exams , as usual , but I always aim at getting high grades . Sometimes the stress that I experience stops me from concentrating on my studies , (5)

Mum is very patient ,with me and she know very well the kind of stress that I go through , before every exam , So she helps me to prepare a well-organised revision timetable , and that makes me feel more confident , I also make sure that I get enough sleep . and I go for a walk every afternoon ,which helps me to relax .

Andy : I work in a bank in the city of London , I earn a lot of money and I feel really stressed . I travel to work by train . but it takes three hours every day ,which is very exhausting . to forget all the stress of the day , I go running after work ,jogging is a great form of exercise . I immediately stop feeling so tense and begin to relax .

Waleed : I love my job as a doctor ! It makes me really happy to see how patients improve. And most of them are very grateful to the hospital staff . Sometimes ,though, we have to make difficult decisions about people , which can be very stressful . Stress is something all doctors have to live with .We usually have to work long hours, and sometimes I get upset if a person is very ill . When that happens , I think about all the positive things that have already happened to me that day . and it makes the situation seem a lot better .

1. What is the problem with zainab?.....
2. How did she solve her problem ?.....
3. What does her mother do for her ?.....
- 4 : Where does Andy work ?.....
- 5 : What is the problem with Andy ?.....
- 6 : How did he solve his problem?.....
- 7 : what does the problem with Waleed ?.....(6)

8 : How did he solve his problem?.....

9. what does Waleed work ?.....

10. Quote the sentence which indicates the patients be thank to the doctors who work in the hospital :-

.....
11. Jogging is a great form of exercise"do you agree with statement ? Justifying your answer.....

12. find from the text :

1: Adjective :Future.....relative clause.....

2 : present :gerundinfinitive form.....

3 : opposite : easy : shysadactive.....

13. critical thinking:

"Anyone have a way to move the stress over them ". write down your point of view

	Zainab	Andy	Waleed
Who is this person ?			
What makes this person stressed ?			
How deal this person with stress ?			(7)

A : Which way of dealing with stress ?

B :

A : How do you relax ?

B :

happy / grateful / worried /
stressed / tense /

great / confident / upset

positive	Negative

Speaking :-

1 : I fell tense when

2 : I fell worried when

3 : I feel happy when I

4 : I feel stressed when I

Writing :-

Write two activities you and your family do together to relax :-

.....

.....

.....

.....

.....

The lung and sleep center

Listening :-

(10) اعفاء

A : What is sleep apnea ?

B :

A : How did the center help this patient sleep better at night ?

B :

A : Do you know anyone who suffers from a sleeping disorder ?

B :

A : How do you think The center help them ?

B :

Arabic meaning : -

1 : lack snores insomnia disorders

2 : inability monitored apnea

1 : I can't sleep because my brother very loudly .

2 : The doctor the patient's oxygen levels all night .

3 : A of oxygen in the lungs can affect your sleep .

4 : Sleep happens when there isn't enough oxygen going into your lungs .

5 : Sara went to the Centre because of her to sleep

6 : I can't sleep at night and I feel tired all day because of (9)

Comprehension :

(10) : صفحه

1 : He would involuntary stop breathing during his sleep ,

which

2 : Insomnia is the

3 : The lung and sleep Center helped him deal

4 : Taking enough oxygen in while you sleep is important

because

Complete :-

" Early to bed , early to rise"

Speaking :

(11) : صفحه

Write advice to these people have these problems :-

1 : " I spend all evening doing my homework, and I can't relax before going to sleep .".....

2 : My small children often wake up at night , so I'm always tired

.....

3 : I am old and my wife is ill . I find it hard to talk to people about my problem

How to relax

قطعة صفحه (11)

Husam spends a lot of time on his homework .His parents are worried because they think that he is studying too hard and that he's not getting enough sleep.

(10)

The problem is that Husam finds it hard to relax .Husam needs to stop work at nine o'clock each evening and read in bed so that he can relax.

Salma has two small children ,They are usually awake at night, so she often feels exhausted, She needs to nap at the same time as her children, after lunch ,This is how she can make her life much less tiring .

Laith is old and only , His wife has recently become ill , and he's very sad ,When people try to help him , he doesn't communicate well with them , He needs to talk to someone and share his feelings so that he becomes less stressed .

1: what was the problem of Hassam?.....

2: According to the second paragraph. What was the solution of the problem ?.....

3: What was the solution of Husam's problem?

4:In the third paragraph. what was the solution of the problem ?

5: What was the problem of salma ?.....

6: Quote a sentence which indicates that taking a short time of sleep after a meal is good thing to relax.

7: " I have a big problem with my friends , they always get a way from me , How do you think can I solve my problem?

8. Find from the text :

1 : Adjective : Name Modal : proposition

2 : present continuous linking word number

3 : present simple relative pronoun.....

4 : gerund :superlative.....infinitive(11)

5 : The second Conditional

6 : opposite : easy young energetic
short time of sleep happy different

9. Critical thinking:

" The nature can make you less stress ". write your point of view in two lines : -

A : If Husam got enough sleep ,

Unit One / Activity Book

A healthy and active brain

1 : This makes feel worried relaxed

2 : These help you move your body heartbeat

3 You like it when we sleep Stress

4 : These cover your eyes muscles

5 : beat of your heart eyelids

Q2: (will have / might want / must be / hasn't woken up / is always working / why don't we meet / has already gone).

Hi Hanan ,

Mum a bit stressed because she under pressure at work . Your dad to Germany , right ?

Mum but she to use laptop when she awake.

My email to be short, soon ?

Best wishes ,

Eman

(12)

Q3:(worried /confident /great / grateful /upset / stressed/ happy)

- 1: she was when her best friend went to different school
- 2 : I'm so for my sister /she won the competition .
- 3 : I'm really about my dad , he's very ill .
- 4 : I felt on exam because I had studied very hard
- 5 : Jogging is way to stop feeling
- 6 : patients are always to hospital staff

Q4 : - Complete the sentences with your own ideas: (7) : تمارين صفحه

- 1 : I feel stressed when
- 2 : helps me to relax .
- 3 : My friend gets upset when
- 4 : I'm always grateful when people
- 5 : make me confident .

Arabic meaning :-

- 1 : won competition patients hospital staff
 - 2 : ill jogging feeling different way
-

(13)



Nadia relax

(7) اخْرَجَتْ قَطْنَةً

I am studying Civil Engineering at university . I love the course and I've studying hard , but my final exam being tomorrow , and I'm very nervous , When I revise for the exams , I work long hours in the evening , but I think it would be better if I studied more in the morning rather than late at night , Staying awake at night makes me very tired . To give myself a break from studying , I go for a run in the evening , Doing sport makes me feel much better and less stressed , I also play the piano , which is a great way to relax , it makes me more able to concentrate when I'm studying .

- 1 : How does Nadia feel at the moment ?.....
- 2 : What does she do in the evening when she's revising ?.....
- 3 : What does she do to take a break from studying ?.....
- 4 : What makes her feel better ?.....
- 5 : How else does she relax ?.....

Find in the text :-

- 1 : non-defining relative clause
- 2 : The pronoun under line refer to (me.....which.....)
- 3:Write sentences about Nadia's studying use second conditional
1 : (14)

2 :

3 :

4 :

5 :



Insomnia

(8) : قطعه صحفی

Many people around the world suffer from incoming . For many , the problem is getting to sleep , others have no difficulty falling asleep , but they then wake up in the early hours cannot get back to sleep . The most common cause of insomnia is stress . other common causes include illness , caffeine intake and noise . insomnia is more common in older people , it is important to treat the causes It is important to treat the causes of insomnia instead of using medicine . If you suffer from insomnia , you need to deal with the issues and anxieties that are making you stressed . You need to establish a set routine , so that you regularly go to bed and get up at the same time ,

(أم قصي)

(15)

Recent research has shown that taking a bath can help you go to sleep. Also ,doing more exercise during the day and having warm milky drunk before bed can help you relax , too .

- 1 : What is insomnia ?.....
- 2 : What are the causes of insomnia ?.....
- 3 : How can insomnia be treated ?.....
- 4 : What effects does insomnia have ?.....
- 5 : What does thing help you to sleep ?.....
- 6 : Where does insomnia is more common ?.....

Complete the sentences with a defining or non-defining relative:

- 1 : People whosuffer from insomnia .
- 2 : Besides stress , insomnia can be caused by many factors which

Write sentences suggesting ways to treat insomnia :-

- 1 : How about
- 2 : What about
- 3 : Why don't you

Write about the setting of your dream :-

.....
.....
.....

(مراجعة)

snores inability disorder monitored lack Apnea

1. A of oxygen in the lungs can affect your sleep.
2. I cannot sleep well because my brother loudly.
3. My mum the movement of my brother , he is turbulent.
4. Sleep Happen when there isn't enough oxygen.
5. She is tired because she suffer from..... in sleep
6. He is thinking about her problem so she live in a situation ofto sleep.

(upset / happy / worried / stressed / great / tens
confident / grateful)

1. Amer was..... Because his cat died
2. My brother is..... , he won in competition
3. I'm very , I have exam , its so hard
4. she is About her mum , she is in hospital
5. I'm so to my dad , he helps me .
6. I'm always feel Because I know myself well

(confident , relaxed , nervous , terrified , stressed)

- 1 : We had exam ,so I felt.....in the morning .
- 2 : I was! None of my friends .
- 3 : I wasbecause they said I looked
- 4 : I fell quiteabout my results

Writing :-

Write a diary about what happened yesterday :-

.....
.....
.....

6 : complete the sentence with your own ideas :

1. I feel happy when
2. I feel upset when
3. makes me confident .

(17)

4. makes me feel stress.

A : How do you relax?

B :

* What advice would you give to the person's problem?

Give advice:

If I were you , I would (verb 1)

I can't study well for my exam. I find it really hard to study because I'm working in the same time to earn money"

How about +ing ?

Why don't you + verb 1 ?

what is your suggestion about this person's problem? " I can't sleep at night I think I am suffering from insomnia "

1. Critical thinking

"Early to bed, early to rise, make you healthy, wealthy and wise "

Think about this statement and write down your point of view.

1 : Would you mind if I the window? (open)

2 : If I it, nobody would do it. (not , do)

3 : If I were you, I their invitation. (accept)

4 : If I had more time, I another language. (learn)

5 : If Ali had his own pen, he to use his dad's pen
(not, need)

(18)

- 1 : If I had time, I(go) shopping with you.
 - 2 : If I(be) rich, I would travel around the world.
 - 3 : If I(not/ do) it, nobody would do it.
 - 4 : Lisa would find the milk if she.....(look) in the fridge.
-

- 1 :(decide) to give program since March.
 - 2 : she(give) her last choice for them last week.
 - 3 : The Indians Spices before the Europeans came.(use)
 - 4 : while they(clean) the class, teacher came.
 - 5 : she always(attend) new courses to improve.
 - 6 : Listen! The secretary your name.(type)
-

Use first conditional :-

1) My uncle (visit) to Canada / He (see) my aunt

.....

2) you (study) hard / You (pass) the exam

.....

Use second conditional :-

3) He (pray) / He (be) good person

.....

4) Amer (feel) ill / He (go) to doctor

.....

5) I (fix) my computer / It (work) perfectly

.....

Unit 1 (Arabic meaning)

- | | |
|-------------------------|----------------------|
| 1 : brainwave | 12 : worried |
| 2 : eyelids | 13 : stressed |
| 3 : heartbeat | 14 : tense |
| 4 : immune system | 15 : confident |
| 5 : muscle | 16 : upset |
| 6 : REM | 17 : lack |
| 7 : soundly | 18 : snores |
| 8 : active brain | 19 : insomnia |
| 9 : healthy | 20 : inability |
| 10 : grateful | 21 : disorders |
| 11 : monitored | 22 : apnea |

Q2 :- (eyelids / muscles / stress / heartbeat / relaxed)

- 1 : fell worried
- 2 : help to move your body
- 3 : feel when you sleep
- 4 : cover eyes
- 5 : beat of heart

Q3 :- stressed / grateful / confident / worried / happy)

- 1 : patients hospital staff .
- 2 : jogging stop
- 3 : I study hard of exam , so I am
- 4 : my dad ill , I am
- 5 : I won in completion , I fell

(20)

Unit 1

Celebrations around the world

Student Book

(14) اخْرَجْنَا

A : have you been to either of Jerash Festival ?

B :

What do you remember ?

B :

Arabic meaning :- (adjective / nouns / verbs)

1 : charm cherish dazzling embellishes

2 : floodlit herald honour host one-of-a-kind

3 : scorched stage stroll wares world-renowned

Same meaning

(14) : اخْرَجْنَا

1 : nothing similar floodlit

2 : known and admire stroll

3 : person receives gust troupe

4 : high respect honour

5 : group of singers or actors host

6 : walk slowly for enjoyment world-renewed

7 : bright or light at night one-of-a-kind

1 : products for sale cherish

2 : platform or area in theatre charm

3 : very bright embellished

4 : something going to happen scorched

5 : hot herald

6 : decorated dazzling

7 : power of delighting stage

8 : tend lovingly wares

(21)



Jerash Festival (14) : قرطبة في العيد

At the end of July every years , Jerash hosts the world- renowned Jerash International Festival . The majestic Stones of the ancient city provide a dramatic setting for performances by some of the greatest stars of the Arab and Western worlds . The festival honours the 2,000-year-old history of Jerash by staging a huge variety of entertainment . You'll see singers , dance troupes , orchestras, theatre and art shows , and of course . plenty of attractions especially for children . As you stroll around the floodlit plazas , you will absorb the atmosphere of the awe-inspiring architecture or simple enjoy a quiet meal and watch skilled craftsmen creating their wares .

- 1 : When does Jerash Festival happen ?
- 2 : Describe dramatic setting of Jerash ?
- 3 : Who do come to Jerash to stand on stage ?
- 4 : What are the actives on stage ?
- 5 : What do the skilled craftsmen do?
- 6 : what can you do at Jerash Festival ?(22).



Hala Festival

If you are into festivals that celebrate the seasons , then this one is for you ! the Hala February , Festival is a dazzling celebration that heralds the arrival of spring in Kuwait . You'll see the surrounding desert transformed from scorched sands to a green canopy of vibrant flora . The arrival of migratory birds and animals adds extra colour to the charm of Hala February festival . The main attraction is an elaborate procession .

Marching bands play , floats drive past , dancers enchant in embellished costumes , and the crowd-that means you! - cheers with the utmost enthusiasm as they witness this spectacle . You're going to experience the joy and delight of springtime . Book a holiday to Kuwait for Hala February Festival now !

-
- 1 : What does the occasion of Hala Festival ?.....
 - 2 : What effect February moth about Kuwait ?.....
 - 3 : What is the most important event at Festival ?What does it consist of ?.....
 - 4 :The Festival attract different types of people ?What type of person would you recommend each festival to ?.....
 - 5 : What kind of words does the author use to ' advertise ' two festival ?.....
 - 6 : Why do you think festivals are described as one-of-a-kind ?
.....(23)

Q5:-Pronunciation :-

تمرين صفحه (15) :-

How do you pronounce these word :-

1 : hosts :

honours :

2 : ancient :

city :

3 : orchestra :

charm :

Imagine you and your family are attending one of the festival ,
What are you going to do ?

(think / believe /I know / L don't know / if) :- (will) دلائل

1 : You are not going to be disappointed !

2 : You are cherishing your memories of truly remarkable event

3 : Book a family holiday you're never forgetting in Jerash .

4 : You are seeing the surrounding desert transformed

5 : You'll experience the joy and delight of springtime .

7 : Join the thousands of people who will spend their holiday at
festival this years .

Use present continuous ,the Present Simple ,going to /will :-

1 : A : What time /you go / to the sport center tomorrow ?

B : I'm not sure , I think I(go) at about ten o'clock.
The center(open) at nine o'clock .

2 : A : You / do / anything special this evening ?

B : Yes, it's my brother's birthday and we(go out)for meal

3 : A : Have you decided what you / buy / your mother for mother's
day? (24)

B : Yes , I have . I(buy) her some flowers .

4 : A : Look at those black clouds . Do you think / be / a storm ?

B : Yes, I think so . I (close) the doors and windows.

Talk about your future :-use (tomorrow /this weekend/next month / in the summer /in five years time) :-

.....

.....



Winter Carnival

Gaithersburg Book Festival

Camel Fair

Q2 :-Arabic meaning :

معنى صفة : (16)

- 1 : bands competition costumes
- 2 : donations..... fireworks..... floats
- 3 :ice sculptures..... :procession.....authors

Camel Fair Winter Carnival Gaithersburg Book

1:

2:

3:

Q3 :-(Camel fair / Winter Carnival / Gaithersburg Book Festival):-

1 : has processions ?

2 : includes special costumes ?

3 : Has ice sculptures ?

4 : takes place in January ?

5 : involves authors ?

6 : has participants from all over the world ?

7 : ends with a fireworks display ?

(25)

Q5:-(fact / Opinion) :- (16) : تمارين صفحه

- 1 : It takes place in January every years .(.....)
- 2 : One of the most interesting .(.....)
- 3 : lasts for seventeen days . (.....)
- 4 : an amazing ice place . (.....)
- 5 : some go to share and sell their books .(.....)
- 6 : This special book festival .(.....)

A : Which festival would you like to visit and why ?

B :

Q6:- Quebec City (Winter carnival) Tour

Today you(arrive) in the historic Quebec City , We(meet) you at the airport and take you to your hotel . We(provide) you with full board , so there will be no need for you to bring own food . (89)

Our day at the carnival(start) first thing in the morning .

You(be) able to enjoy winter sports ,

Today , it(be) clear and sunny . We(take) you on a city tour , If you decide to visit Hotel , You(enter) fantastic of ice and snow .

Q7:- Complete with the correct future of the verbs :-

Khaled :your brother(come) for weekend?

Jabber : yes , he is , He(come) tomorrow !

Khaled : You haven't see him for a long time , right ?

Jabber : That's right ! we(have) so much to talk about , and the best thing is that we(go) to festival .

Khaled : what time(do) main procession(star)

Jabber : It(star) early .

Khaled : I cant . I'm studying for my exams tomorrow morning .

Jabber : The next day we(participate) in festivalyou(be able) to come ?

Khaled : yes , definitely !

(26)

Q 9:-Writing :-

تمرين صفحه : (17)

Write about festival :-

.....
.....
.....
.....

Arabic meaning : (18) : تمرين صفحه

- 1 : abundantlycommemoration.....fair.....
2 : festivalimported.....legend.....
3 : magnificentspectacletake apart.....take place.....

Word meaning :-

- 1 : remember important person in the pastmagnificent
2 : old storyimported
3 : large quantitiesfestivals
4 : period marketSpectacle
5 : public showFair
6 : celebrationsabundantly
7 : brought into countrylegend
8 : excellentCommemoration
9 : take apartParticipate
10 : take placehappen

Flowers Festival

(18): قطعه صفحه

People have celebrate festival from the earliest times in history , and many countries love to celebrate nature . Many countries around the world hold flower festival . Most of these celebrate the flower that represents either the whole country , there are parties entertainments , family get - together and a commemoration of traditions and culture .

- 1 : When did people celebrate festival ?.....
2 : Why do countries hold flowers festival ?.....
3 : What do the flowers represent ?.....(27)



The peony (18) : اَنْوَنْ اَنْطَوْن

In Henan Province in China , people celebrate the Luoyang Peony Festival from 15th to 25 the April every year . The peony symbolizes wealth and nobility in China , but the coloured flower also has a legend attached ! It is said that Empress Wu of the Tang Dynasty banished the peony from her city to the city of Luoyang , where it has bloomed abundantly every year since . Certainly . if you go to Luoyang at this time of year , you will see millions of peony plants in Luoyang Peony Garden . you can also take part in celebrations such as dance competition and cultural fairs , as well as watch music and drama spectacles .

- 1 : Where does the Luoyang Peony Festival take place ?
- 2 : When does the Luoyang Peony Festival take place ?
- 3 : What does the Luoyang Peony symbolises ?
- 4 : Who did bring the Luoyang Peony to Luoyang ?
- 5 : When does the Peony grow ?
- 6 : What does the festival include ?
- 7 : What does the underline pronoun refer ?

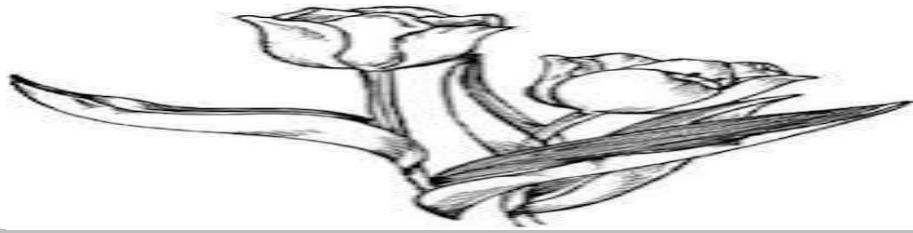


Black iris

(18) : قطعة صحفية

Jordan's national flower is the beautiful black iris , a rare flowering plant that is remarkable because it grows among rocks , It is admired for its unique beauty and strength . it is found mainly in the district of Ajloun , north of Jordan , during February and March . Every years , Jordanians honour their national flower by putting on a day of festivities . There are classic car displays , local craft stalls , dance displays , comedians and entertainment designed for children too . all the money that is raised during the Black Iris Festival is donated too local charities .

- 1 : What does the national flowers of Jordan ?
 - 2 : Where does the black iris grow ?
 - 3 : Why does the black iris is admired ?
 - 4 : In which district you can see the black iris ?
 - 5 : In which season you can see the black iris ?
 - 6 : What does the black iris festival include ?
- : the pronoun underline is refer to (29)



Tulips (18) قطعه صفحه :

In the 17th century , tulips were imported from the Middle East to the Netherlands . They are one of the most popular ways to 'say it with flowers ' or to send messages of congratulations to loved ones . The Tulip Festival takes place every spring in the North East of Holland, an area that is famous for its colourful tulip fields . People come from all over the world to go on tulip tours , travelling by bike or by bus . A popular activity is watching people dance in traditional wooden shoes that are called clogs . They can also see photographic exhibitions, eat traditional food and, above all visit magnificent tulip gardens .

- 1 : Where did the Netherlands import tulips ?
- 2 : Where did the Tulip Festival take place and when ?
- 3 : where can you see tulip fields ?
- 4 : How did you get on tulip garden ?
- 5 : What does the Tulip festival include ?
- 6 : What does people wear when they dance ?

(30)

Q5 :-(settled /look around /met up /take place /getting/woke up)

تمرين صفحه : (19)

1 : We early .
2 : The Black Iris Festival was just
3 : The events were beginning to
4 : My father and my brother with us later .
5 : My family went to the traditional craft stall.
6 : My family for our picnic lunch .

Q6 :- Fill in the gaps with phrases verb :-

1 : A : What time did you this morning ?

B :

2 : A : Do you like to with a book to relax ?

B :

3 : A :What events and celebrationsin summer in Jordan ?

B :

4 : A : Do you often museums ? What have you see ?

B:

5 : A : Where do you like to with your friends at weekend?

B :

5 : A : What time do you normallyon your homework ?

B:

Q7 :-Writing :-

Write about the festival or celebration you have been ?

Unit One / Activity Book

Celebrations around the world

Arabic meaning :-

تمرين صفحه : (11)

- 1 :World-renowned host dazzling
- 2 :one-of-a-kind embellished troupes
- 3 :strolls floodlit cherish stroll
- 4 : charm stage embellish wares

Q1 :- Choose the best alternative :-

- 1 : Set off on cruise of your lifetime with ferry company
- 2 : Choose your own special route to make journey.
- 3 : Come to Jerash circus , performance .
- 4 : The performance including
- 5 : There are an atmospheric stage .
- 6 : In holiday , you will your memories .
- 7 : You can along seafront and relax .
- 8 : Enjoy the of this city .
- 9 : We'll a concert with talented singer
- 10 : Art student will sell their skillfully created

Q2:-Correct the future simple

تمرين صفحه : (11)

Amina : What do you do tomorrow ? Are you busy ?

Khawla : I am not going to do much tomorrow .

Amina : Gates are opening at 6 pm, the display is going to start at 6.30 pm .

Khawla : Great ! will we all meet at your house ?

Amina : The fireworks are finishing at 9 pm .

Q3 :- (will / won't / be going to / be not going to)

Hi Natasha ,

تمرين صفحه : (11)

Are you going to come to " school leavers " part ? itnext week . I hop so ! Ibe glad to see you . Wehave to wear the school uniform !

(32)

Iwear my new Eid clothes because I think they're too formal . Whatyou wear ?
Wehave to pay for our food .
Love ,
Sara

Q4 :-(firework / completions / donation / band / procession)

تمرين صفحه : (12)

- 1 : The festival will include aof elephant and camel.
 - 2 : At the procession , ais going to play music .
 - 3 : The festival will open its doors tofor the poor .
 - 4 : There will be plenty of fun
 - 5 : The festival will end with a display of.....

Q5 :- Circle the correct alternative :- (12 تمرین صفحہ)

Ahmad : What this Monday ?

Is your brother doing / will your brother do

Jamal : He goes swimming on Monday ,but hethis Monday .

Isn't going / doesn't go

Muna : play tennis with Rana now , Mum

I'm going to / I will

Mum : When your homework ?

Do you finish / are you going to finish

Muna :it when get back .

I'll do / I do

Sami :with us to the theatre today ?

Is Ashraf coming / Does Ashraf come

Salah : I don't know him now .

I'll call / I call

Sami : Quick ! The play in two hours .

Start / is going to start

Q6 :- Use the future form :-

تمرين صفحه (12)

- 1 : What / do if it rains tomorrow .(will)

..? (33)

2 : What . not do / in the holiday (going to)

3 : What time / get up / on Saturday .(going to)

4 : What job / have / in ten years' time .(will)

5 : What / do / on Friday (present continuous)

7 : When / the summer term / start / at your school (present simple)

تمرين صفحه (12) : Q7:- Complete with future forms :

Use future forms :present simple/present continuous/going to/will)

1 : Tomorrow is a holiday . My dayat 7.30 in the morning

2 : Ito the park with my friend .

3 : We volleyball .

4 : We lunch at the restaurant .

5 : Wenotthere all day .

6 : because weschool the following day .

7 : We so much fun !

My favourite time of year !

قطعة صفحه: (13)

Eid al - Adha is a celebration that begins on the 10th of Thu al-Hijjah , according to the Islamic calendar . Muslims celebrate this event for four days . They wear their best clothes for Eid prayer and then greet one another after prayer is over .Fatima visit each other , and children receive gifts . (34)

Family members usually gather together for a celebration of delicious Jordanian foods , such as the special dish called mansaf . This years , I am spending Eid al - Adha with the whole family at Aqaba . We are going to visit Aqaba Museum and Aqaba Castle. All the family members of all ages will join in . What's most important about Eid al-Adha is its spiritual significance . Muslims slaughter lambs and give them to the poor and to relatives as an act of kindness . Eid al-Adha is a time when people remember the importance of sacrifice , prayer and obedience to Allah.

Ahmad

-
- 1 :When does Eid al- Adha begin according to the Islamic calendar ?.....
 - 2 : How many days last Eid al-Adha ?.....
 - 3 : What do Muslims wear in this occasion ? Why ?.....
 - 4 : What do Muslims do after pray ?.....
 - 5 : What does the national meal in Jordan ?.....
 - 6 : What does the most important about this occasion ?.....
 - 7 : What does Muslims slaughter ?.....
 - 8 Whose do Muslims give meat ?.....

Q9 :- Answer the question :-

- 9 : Suggest a reason for wearing your best clothes for Eid?.....
- 10 : What does Ahmad think is most important In Eid al-Adha ? do you agree ? Why ? Why not ?.....

- 11 : What other acts of kindness might you do during Eid al-Adha ?.....
- 12 : What do you think is the best way to remember the important of sacrifice ?.....
- 13 : When will Eid al-Adha be celebrated this year ?.....
- 14 : How are you going to spend Eid this year ?.....(35)

Find in the text :-

- 1 : relative pronoun proposition number
- 2 : countable linking word superlative
- 3 : adjective personal noun frequency
- 4 : present continuous name of city simple future
- 5 : The pronoun under line refer to

Q 10 :- Answer the question about you :- (13) تمارين صفحه

A : Where are you and your family going this summer ?

B :

A : What will you do there ?

B :

A : Where are you going to stay ?

B :

A : How long will you stay there ?

B :

Q 11 : -Writing (14) تمارين صفحه

Write about festival or celebration :-

A : Where is festival held ? indoor or outdoors ? How long last ?

B :

A : What happen during the festival ?

B :

A : What will tourist see if they come to festival ?

B :

A : Do people dress formally or special costumes ?

B :

Write tourist brochure :-

.....

.....

.....

.....

.....

.....

.....

.....

Unit 1 (Arabic meaning)

- | | |
|-------------------------|-------------------------|
| 1 : charm | 12 : stroll |
| 2 : abundantly | 13 : troupe |
| 3 : commemoration | 14 : imported |
| 4 : embellished | 15 : legend |
| 5 : floodlit | 16 : spectacle |
| 6 : herald | 17 : competitions |
| 7 : honour | 18 : costumes |
| 8 : host | 19 : insomnia |
| 9 : fair | 20 : magnificent |
| 10 : scorched | 21 : celebrations |
| 11 : stage | 22 : floats |

Q2 :- (dazzling / troupes / one of a kind / world-renowned / cherish)

- 1 : set off with Ferry company .
- 2 : make journey .
- 3 : in Jerash circus performance .
- 4 : incredible dancers and performers .
- 5 : you will Your memories .

Q3 :- (fireworks / procession / donations / band / wars)

- 1 : In festival elephant .
- 2 : is going to play music .
- 3 : festival collect For poor .
- 4 : festival end with display of
- 5 : The student sell

Student's Book / Unit 2

Customs and traditions

A : What is the polite way to greet people in your country ?

B :

Arabic meaning

معاني صفحه : (20)

1 : bowlchopsticksdoorbellhost

2 : hostessimpolite invitationnoodles

3 : shaketap

Same meaning :-

1 : upset someone by doing is rude hostess

2 : Bell rung by visitor Host

3 : move quickly up and down noodles

4 : hit something lightly impolite

5 : round container invitation

6 : two thin stick to eat chopsticks

7 v: written offer bowl

8 : rude tap

9 : mix flour , water and eggs cooked in boiling water Shake

10 : man entertaining guests doorbell

11 : woman entertaining guests offend

Customs and tradition across

The world

صفحه (20) : قطعه

In India , If someone gives you a present , you mustn't open it in front of the person who has given it to you . you must open it in private .

In many countries around the world , you have to take off your shoes before entering someone's home .

In Jordan If you are drinking black coffee with your host ,

(38)

You should show that you have had enough coffee by shaking your cup from side to side , If you would like more coffee , you simply hold your cup .

In Brazil many homes haven't got doorbells , so when you visit someone , you must stand outside and clap your hands , If nobody comes to open the door , you can knock , but you can't go inside until it is opened .

In England , If you are waiting to shake the hand of the Queen , you have to wait until she puts out her hand first .

-
- 1 : If someone gives you a present in India , you must
 - 2 : In Jordan , you should
 - 3 : In Brazil , you can't
 - 4 : To shake the hand of the Queen of England , you have to

In Turkey , If you are invited to dinner party , you should arrive exactly on time.

In Argentina , you should arrive up to an hour late as arriving on time is considered impolite !

In Asia it's considered rude to tap your chopsticks against your bowl , you shouldn't point to someone while holding chopsticks , either .

In China , if you 're very hungry and you're eating a meal , you mustn't finish your food , it's considered rude because it suggests that you are very hungry and that you haven't had enough to eat .

In Japan , you are allowed to eat noodles noisily , it shows your host or hostess that you are enjoying your meal !

-
- 1 : In Turkey you should
 - 2 : In Argentina , you should
 - 3 : In Asia , you shouldn't
 - 4 : In China , you mustn't

5 : In Japan , you are allowed

6 : Find in the text :-

Obligation

prohibition

Q6 :- Choose the correct words :

(21) : تمارين صفحه

1 : photography isn't allowed in gallery youuse
your camera . (mustn't / don't have to)

2 : Ibe late to school . (mustn't / don't have to)

3 : If you want to enter completion, youwrite your
name. (can / should)

4 : Youobey your parents ! (don't have to . must)

5 : When you visit country as tourist , youneed visa.
(can't / have to)

6 : You aren't allowed to eat in library ,youbring food inside .
(don't have to / shouldn't)

Q 7:- What are the rules at home :-

1 : In my home , we must

2 : In my school , my brother and I must

3 : At school , we must

4 : At school , we can't

5 : At the library , we can't

Q 8:-Write obligation :-

In Britain , peoplestart work about nine o'clock, They
..... go home for lunch ,Theysmart clothes to work ,
theywork from Monday to Friday .

Writing :-

Write about the customs and traditional in Jordan :-

.....

A : What do your relative do when there is new baby in family ?

B :

(40)

Welcoming new babies Around the world

(22) : أَخْرَجَ أَبْرَاهِيمَ

In Germany , newborn baby girls are likely to be welcomed into the world with a tree-planting party , the baby's relatives typically plant two trees , which are then chopped down and sold when she gets engaged , The proceeds from this tree-planting venture are then used to buy her wedding dress .

In Germany , German government has come up with list of accepted names , which parents are expected to choose from when they name their child .

In Turkey , new mothers might well ask you not to give them gifts until the baby has been born , when a mother has given birth , she is supposed to stay inside with her baby for 28 to 40 days , this is to protect the baby's immune system and develop the bond between mother and baby , After this period , mother and baby will be capable of going out to visit neighbors and family , this is when you should give them gifts .

In Bali , You won't see a newborn baby lying on a blanket in any homes , tradition there means that relatives are willing to carry the baby around for about 100 days at the beginning of his or her life , This period of healthy and holding might well last longer than this , as well .

In Saudi Arabia , new parents are likely to shave the head of their week-old baby , and then weight the hair , the parents are expected to give gold and silver to charity after the birth , to thank God for blessing them with a child , The weight of the hair should be equal to the amount of gold and silver that is given , This custom might well from a part of an aqiqah or welcoming ceremony , where the baby is given his or her name . (41)

- 1 : What do relative in Germany do for a new baby ?
- 2 : When do relative cut the tree ? Why ?
- 3 : Who put the list of accepted names for baby in Germany?
- 4 : When we can effort the present in Turkey ?
- 5 : Why does mother stay inside with her baby in Turkey ?
- 6 : How many days mother and her baby stay in the home ?
- 7 : Where you can't see a newborn baby lying on a blanket ?
- 8 : How many days people hold ate baby in Bali ?
- 9 : How old the baby when his parents shave the head in Muslim countries ?
- 10 : What does the parents do with cut hair ?

Q 3:- Match with its synonym

تمرين صفحه : (23)

- | | |
|---|--------------|
| 1 : can | would rather |
| 2 : probably | might well |
| 3 : will possibly | likely |
| 4 : would prefer to | can able of |
| 5 : it would be better | expected |
| 6 : what is (socially) expected | willing to |
| 7 : wants to | supposed to |
| 8 : should | had better |

(Turkey / Saudia / Bali / Germany)

- 1 : In Don't give gifts to mother until baby born .
- 2 : In you can't choose interesting name for baby .
- 3 : In newborn feet aren't touch the floor .
- 4 : In families likely to shave the baby's head .
- 5 : In relative plant tree for the baby .

Q6 :-Write about tradition a new baby in Jordan :- (23) : صفحه

.....

.....

.....

.....

.....

.....

(42)

تمرين صفحه (24) :- Match the celebration with their definition :-

2

- | | |
|---|---------------|
| 1 : party celebrating finishing school or university..... | festival |
| 2 : Party to say goodbye to someone | Graduation |
| 3 : celebration of day which someone born | Birthday |
| 4 : public event with music ,food..... | ceremony |
| 5 : informal gathering | get-together |
| 6 : formal event to celebrate an occasion | leaving party |

Q 4 :-Replacing the underlined with phrasal verbs :- (25) صفحه:

- 1 : The party is going to happen in our garden .(.....)

2 :Would you like to participate ?(.....)

3 : I love to exchange news and information with you.(.....)

4 : You can't avoid this special party .(.....)

5 : I'm very excited about seeing you again .(.....)

6 : I'll make contact with you in a few days.(.....)

A : What makes occasion special to you ?

B :

Write invitation your friend to party :-

Activity Book / Unit 2

Customs and traditions

Arabic meaning :

تمرين صفحه : (15)

1 : impolite Bowl shake doorbell

2 : offend host

Q 1 :- Complete the following :-

1 : Do you hands when you greet each other ?

2 : Do you enter a 's house with your shoes on ?

3 : Is it To arrive on time to a dinner party ?

4 : Do you people if you eat noisily ?

5 : If someone doesn't have a do you enter their house without knocking .

Q2 :- Match the sign to the sentences :-



.....

.....

.....

.....

.....

.....

1 : You can park here .

2 : You mustn't walk on the grass .

3 : You mustn't park here .

4 : You have to ring the bell

5 : You must be quiet

6 : You mustn't play ball games .

Q 3 :- Complete the advice about driving (15) : تمرين صفحه :

1 : You follow rules of road. (have to / mustn't)

2 : You hold driving license. (must / don't have to)

3 : You drive on the right side of road. (have to / mustn't)

4 : You overtake on the right . (mustn't / don't have to)

5 : Driver and passengers wear seatbelt . (must / mustn't)

6 : Teenagers and adults sit in the back (have to / don't have to)

(44)

Q 4 :-Complete the sentences :

تمرين صفحه (15)

:

1 : When I'm at school I have to

2 : at home I don't have to

3 : Our teacher says that we mustn't

4 : At weekends I don't have to

Q 5 :- Arabic meaning :-

تمرين صفحه (16)

1 : invitation costume career unique

2 : luck successful sign tradition

Amer's graduation

قطعة صفحه (16)

1 : The party will be unique because we are going to experience special

2: Amer has to wear his graduation all the time .

3 : Amer shouldn't take his hat off because it is bring good

4 : Amer's hat bring good luck in his future

5 :Whoever takes hat should answer a question about country .

6 : Amer can leave his hat with this person .

9 : This is a that he wishes this person to become as as he is .

1 : find in the text : Obligation prohibition

2 : Does Amer have to wear his graduation costume all the time?

3 : Why Amer shouldn't take his hat off ?

4 : What should person do if they take the hat from Amer ?

5 : Can Amer choose to leave the hat with this person ?

(have to / can)

تمرين صفحه (16)

1 : In graduation celebration ,they wear special and hats

2 : In graduation ,they celebrate in school .

3 : In graduation ,they hold party with friends and family

4 : In graduation, they prepare special food for this occasion

(45)

1 : look up tidy up come in take apart

2 : join in catch up with look forward

1 : dress up Take place

Q 8 :Complete with same meaning :-

1 : happen /

2 : put on formal clothes /

3 : be excited about/

4 : see someone you haven't seen for a long time/

5 : participate / /

6 : enter the house /

7: put things away

8 : make contact with someone /

Q 9 : Complete the invitation :- (17) : صفحه قطعه

1 : our party going to at our house .

2 : I'm to the party a lot .

3 : The party going to be formal occasion so I'll have to

4 : I will have to help my mum to the house .

5 : I can invite a friend , you can

6 : You can come ! It will be chance to other .

Q 10 :-Order the invitation :

We are having

I hop that I can catch with you again .

Thanks so much for inviting me to your grandparents party

Please pass on my congratulations to your grandparents .

I'm really sorry but I can't come as my sister is coming .

Q 11 :-Write an invitation to a birthday party :-

.....

.....

.....

.....

Unit 2 (Arabic meaning)

1 : bowl.....	12 : leaving party
2 : chopsticks.....	13 :ceremony
3 : dress up	14 : graduation
4 : look forward.....	15 : formal event
5 : hostess.....	16 : public event
6 :catch up with	17 : come in /enter.....
7 : invitation.....	18 : costumes
8 :noodles.....	19 : get out of/avoid.....
9 :join in/take apart.....	20 : look up /contact.....
10 :happen / take place	21 : celebrations
11 : tap.....	22 : invitation.....

Q2 :- (host / impolite / shake / offend / doorbell)

- 1 :hands when you greet other .
- 2 : Don't enter a 's house with your shoes .
- 3 : It's To arrive on time to a dinner .
- 4 : Do youpeople who eat noisily.
- 5 : If you don't haveI will enter the house without knocking .

Q3 :- (have to / don't have to /must / mustn't)

- 1 : You follow basic rules .
- 2 : You hold driving licence , and youdrive on right side
- 3 :You wear a seatbelt .
- 4 : You pay attention to road signs .
- 5 : You Give way to traffic that coming from the left .

Q 12 :-Write a description of celebration that takes place in Jordan :

.....
.....
.....
.....
.....
.....

Student's Book / Unit 3

The Olympic Game

A : What do you know about the Paralympics Game ?

B :

A : Which sports are played using a ball ?

B :

Arabic meaning :

تمرين صفحه : (28)

1 : athletics basketball cycling rowing

2 : rugby sailing tennis

1 : team played with oval ball rowing

2 : game with two or four players by racquet basketball

3 : physical exercises Sailing

4 : sport in cycle Cycling

5 : sport of driving a vessel by sailing athletics

6 : game by putting the ball in net Tennis

7 : propelling small boat by oars Rugby

(47)

Paralympics Games

(28) : اخْرَى أَكْبَر

The largest sporting events in the world today are the Summer and Winter Olympic Games which are held regularly and watched on television by millions of people around the world , The next largest sporting events are the Summer and Winter Paralympics Games . The first athletic that was organized specifically for disabled athletes took place in 1948 CE . A sport competition was organized for British ex - soldiers , who had disabling injuries . It was believed that they could be helped to get well again , and be given more confidence by taking an active part in sport ,The event took place on the day that the 1948 Summer Olympics in London , England , opened .

At that time , the Games were called the 1948 International Wheelchair Games . Four years later , in 1952 CE 130 athletes were invited to take part . the first Summer Paralympics Games's were held in Rome , Italy ,in 1960 CE .

- 1 : Many sports are part of the Paralympic Games , write down two of them
- 2 : Why was the sport competition event organized for the British ex-soldiers in 1984.....
- 3 : Quote the sentence which shows the name given to the Paralympic Games which were held in 1984.
.....
- 4 What does the underlined word "who " refer to ?.....
- 5 There are two types of Paralympics Games , write them down.
.....
- 6 Find out a word that means "a sport in which the athletes make a boat move across water using oars . "
- 7 Where were the first Summer Paralympic Games held ?
.....

(48)



The Summer and Winter Olympic Game are events in which the world's best athletes compete with one another .The Summer Olympics are the biggest and are held every four years .At the Summer Olympics , there are competition in more than twenty different sports .

Today's Olympic Games are based on a competition that was invented in Ancient Greece 2,500 years ago . These games were first held at Olympic in Greece .They lasted five day and were only attended by men . They included sports such as wrestling and chariot-racing . Jordan's appearance in the 2012 Summer Olympic Games was its ninth Olympic participation , with its first appearance in 1980CE Since then , a growing number of talented Jordanian athletes have been encouraged to aim for international success . **Dana Haider** is one Of Jordan's top-performing tae-Kwondo athletes , Using her high profile , she has launched a campaign for children's sport in school . It encourages girl to take up sports and increase awareness of the importance of being healthy .

Jordan is proud of its athletes and its growing athletic tradition . Today , more resources are devoted to increasing the size of the team , and Jordan's athletes are inspired by the prospect of winning an Olympic medal to continue doing their best .

1 : Where did the idea of the Olympic Game first come from ?

.....

2 : What kind of sports did the ancient Olympics include ?

..... (49)

3 : How long has Jordan been a participant in the Olympic Game

4 : What the Jordanian Olympic team 's goals are ?

5 : Who is Dana Haider ?

Q 5 :- Arabic meaning :

1 : archery diving fencing

2 : snowboarding.....rowing.....weightlifting.....

Q 6 :- In Which of the sports

1 : wear clothes to protect your face and body.....

2 : jump off a board

3 : sit in a boat

4 : lift heavy objects

5 : slide on snow using a board

6 : use a bow and arrows

Q 7 :- (Absolutely / really / such / so)

1: I'm **tired**.

2 : We had a nice

3 : It was a cold night.

4 : the view from the top of the mountain was

Q.8: Answer the question:

Q 9 :- Answer the question :-

A : Have you ever tried any of the sports ?

B :
.....

A : Which sports do you do regularly ?

B :

A : Which sports are completely new to you ?

B :

A : which sports are team sports or individual events ?

B :

A : Which sports would you like to watch during the next Olympics?

B :



Special Olympics

In the early 1960 Eunice Kennedy-Shriver / a university athlete from the USA , decided to give children with intellectual disabilities the chance to take part in sports. She felt that they were unfairly excluded from sporting events. So she held a one-day events for these children in her own garden. Eight years later, in 1968 CE ,the first International Special Summer Olympic Games were held in the USA.A thousand people with intellectual disabilities from the USA and Canada competed in different sports.

Today, Special Olympics is the world's largest sports organization for children and adults with intellectual disabilities. The Special Olympics World Games are held every two years, with more than 32 Olympic-style sports, including gymnastics, football and swimming.

El-Araby Houfeya is a Special Olympics athlete from Morocco. When he was very young, he was told that he had an intellectual disability. He accepted that he would never achieve the same success as his six siblings. He learn how to read and write, and spent a lot of time playing football with other boys in the neighborhood. Then, on day in 1992 CE, he took apart in a football competition. Although he hadn't had any formal training, he impressed spectators with his skill . After the game , Princess Lalla Amina of Morocco , who supported Special Olympics in her country , asked to meet this talented boy .

She told him about Special Olympics Morocco . El-Araby Houfeya joined the organization and began to take part in their events . It was a moment that changed his life .

El-Araby Houfeya did horse riding and played football in Special Olympics competitions, and, through the organization, began to travel to different countries. His confidence in himself grew, and he realized that perhaps his sporting talent wasn't the only talent he had. He began to look for employment, and eventually took a job with a security company. This helped him to become more financially independent.

Today El_Araby Houfeya is a successful married man and a proud father . He has been promoted in his job , but he says he will always support Special Olympics .

Q3 :- Answer the questions :-

1 : Where did the idea of special Olympics first come from ?

2 : Why did El-Araby Houfeya have low expectations for his future ?

3 : What event changed El-Araby Houfeya's attitude and his life ?

4 : What benefits are for people with intellectual disabilities in joining Special Olympics ?.....

Arabic meaning

معانی صفحه (33) :

1 : track.....court.....pool.....river.....sea.....

2 : lake pitch Rink

Q : 4 Match the sports with the venues (33) : صفحه ۳۳

1 :Football

2 : tennis / badminton / squash

3 : ice skating / ice hockey

4 : water polo /diving

5 : sailing / rowing

5 : sailing / rowing
6 : running

6. Running

(52)

Activity Book / Unit 3

The Olympic Games

Q 1 :-Write name of sport :-

- | | |
|--|-------------|
| 1 : sport is practiced on bicycle | basket ball |
| 2 : sport take place on water | Tennis |
| 3 : sport uses a ball but no net | rugby |
| 4 : sport uses racquets | Sailing |
| 5 : sport with around ball and net | cycling |

Q2 :Complete and use the passive : (20) تمارين صفحه :

My class and I(tell) about athletes .I looked up Jordanian athletes , I found athletes from Jordan(involve), Many medals(give)it.

I think that the next Game will be greater ,medals(win) by Jordanian athletes .

Q3 :-Find a mistake (20) تمارين صفحه :

- 1 : The first athletic for disabled is organized in 1948 CE .(.....)
- 2 : The Winter Paralympics game were host by Sweden.(.....)
- 3 :People will now be included of the Paralympics .(.....)
- 4 : The next Paralympics Game are held four years .(.....)

Q 4 :-Write in the passive for the situations :- (20) تمارين صفحه :

1 : You are telling your friend that your teacher gave you home work for the weekend .
.....

2 : You are asking your classmates if he finished the article .
.....

3 : You are announcing to your friends that team will celebrate their victory .
.....

4 :You are stating to your classmates that our bodies need water
.....

(53)

5 : You are telling your parents that you and your classmates donated money

Q 5 :-Arabic meaning : تمرین صفحه : (21)

1:increaseaerobic.....achieved.....relaxed.....

2: take apartcycling.....exercise.....warm-up.....

Q 5 :- Complete with the word :-

1 :is recommended for teenagers for twenty minutes

2 : Young people need totheir heart rates .

3 : Exercise includes running , And swimming .

4 : When we in aerobic exercise ,we feel afterwards. If we start withexercise ,end with warming-down exercise like walking .

Q 6 :-Choose correct answer تمرین صفحه : (21)

1 : Teenagers need to exercise for

- a) 20 minutes at least twice a week
- b) 20 minutes at least three time week .

2 : The best from of exercise is

- a) aerobic
- b) warm-up
- c) warming-down

3: Example of aerobic exercise are :-

- a) Stretching and cycling
- b) running and swimming

4: Aerobic exercise improves :-

- a) muscle and bone strength
- b) bone and limbs

5 : To avoid the risk of injury , you should :-

- a) start and end with special exercise :-
- b) stretch
- c) go for a walk

Q7 :- Write the following sport and event :-

(swimming / stretching /
walking / running /
cycling)

Aerobic	Warm-up/down
1:	1:
2:	2:
3:	

Q 8 :-Write about the sport you do

تمرين صفحه : (21)

تمرين صفحه (22) :- Arabic meaning Q 9

1 : court lake stadium track pool

2 : pitch.....badminton.....canoe sprint.....athletics.....

Q10 :- Match venue with sport :-

1 : badminton stadium

2 : running lake

3 : athletics..... pitch

4 : football..... track

5 : canoe sprint..... court

تمرين صفحه : (22)

A : Are you for or against technology into sport ?

B :

A : Do you think we will ever reach out natural limits in sport ?

B :

Q 15 :- Use the following phrases :-

(is held/take place / every year / take apart / every four years)

Write about a sport event :-

.....

Student Book / Unit Four

Recreation

Arabic meaning (34) : تمارين صفحه

- 1 : coach dressage equestrian
2 : groom training trot

- | | |
|---|------------|
| 1 : competition on horse | Training |
| 2 : horseriding in competitions | Coach |
| 3 : someone who takes care of horse | trot |
| 4 : move legs quickly | groom |
| 5 : trainer | equestrian |
| 6 : teaching or learning skills | dressage |



Charlotte dujardin
شارلوت دجاردن

The scene is the London International Horse Show , on the 17th of December 2013 ,and the opening event is dressage ,wich is a show of skill and communication between rider and horse . Into the stadium trots a beautiful brown horse , with his rider on his back ,

(56)

They stand perfectly still , waiting for the music to begin . As the first chords are played , they start a routine which will break the only record they haven't broken until now .

This unstoppable team is **Valegro** and his rider **Charlotte Dujardin** . They are now world champions in dressage , and they haven't been beaten for three years . She rose to fame at the Olympics , where she won Great Britain's first - ever gold medal for dressage . This showed everyone that she was a skilled horsewoman , and she has only got better since then . However , Charlotte , who is Valegro's trainer as well as his rider , comes from a humble background .

She was born in a town north of London that is called Enfield , and her love for horse and riding began at the early age of two years old ! Charlotte's mother fond of horses and so she understood Charlotte's love for the animals and hobby . Both Charlotte's parents worked extremely hard to make enough money to fund Charlotte's passion Charlotte grew up with horses , taking lessons at the local riding school and spending as much of her free time as she could helping out to care for the horses she rode .

Since she was 16 years old , Charlotte has been working at the stable a famous horseman , **Carl Hester** , Carl asked her to work for him , as a groom , after she won a competition . Hester asked Charlotte to train Valegro , and they made an excellent team from the beginning , their partnership has been developing ever since .

Charlotte's passion has not been lessened by her success , She train hard , of course , but she says that she still finds time to relax with Valegro . going for rides in the countryside near her parents home . Ever since her first global success , she has been trying as hard as she can to keep her home life as simple and stress-free as possible , by spending time at home .

She says that her family and friends (and horse) are the reason she has been able to stay relaxed and confident enough to keep up her score of unbroken records , However , her mother says she has always known Charlotte would be start

Q4 :- Answer the question :-

1 : What is special about the horse and rider's performance in the event described in the first paragraph ?.....

2 : what is meant by the words ' humble background " ?

3 : how did Charlotte meet her horse Valegro ?

4: name two things that Charlotte does to relax ?

3 : Why do you think Charlotte and her horse are such a successful team ?.....

4 : Does this story inspire you to take up a hobby or try harder At something ?.....

Present perfect continuous

Have + been + ing

Has + been + ing

How long

Lately

all day / all night / all ...

Since

For

Q5 :Use the present perfect continuous (35) : تمارين صفحه

:Charlotte (train) **since** she was young .

2 : She (win) 0 competitions , and she has broken many records **so far** .

3 : **Since** she was employed by Carl Hester , she (brok) as a team with her horse .

4 : Ever **since** she started riding , her mother (stay) that she would be a star .

A : What have you been doing for the past hour ?

B :

Q6 :- What have the people been doing ?

Use the verb : (pack / paint / study / cook)

1:

2 :

3 :

4 :

Q7 :-Ask and answer question using the present perfect continuous

1 : You / learn / in your English lessons this week ?

..... ?

2 : sport ? you / play in P.E . this term ?

..... ?

3 : Your classmates / do / for the past half hour .

..... ?

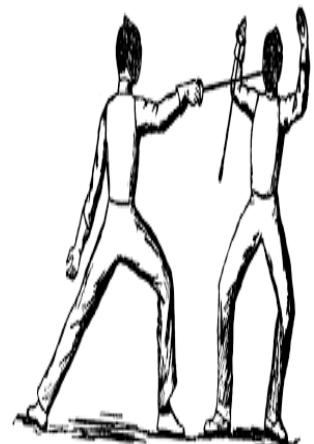
Golf :-

During the 15th century , a similar game to golf was played in Scotland . Back then , instead of using strong and durable club and used to hit peoples using wooden sticks , Later on ,after getting tired of hitting pebbles ,players started trying other things until the golf ball as we know it today , was invented . golf court are now found in many Middle Eastern countries , such as Jordan , Bahrain and the United Arab Emirates .



Fencing :-

Fencing began as a way of practicing for duels in the Middle Ages , when men used to prepare themselves by fighting , In pairs , with swords that were not very sharp , It was made into a spectator sport in Spain and Italy , and fencing tournaments have been extremely popular events since then . until the 1930 scoring was extremely difficult , with a whole group of judges watching to see if one fencer had 'hit' the other . However , the judges were replaced by an electrical scoring with an audible tone and a red or green light indicating when a touch landed ,



Badminton :-

People have been playing sports with a shuttlecock and for thousands of years . They were mentioned in written documents about Ancient Greece around 2,000 years ago . children played by guests at a house party , The name of the house was..... House . The sport has been growing in popularity and has become the fastest racquet sport : a Can travel up to 320 kilometers per hour .



1 : How did the game of golf use to be played in the past ?

2 : How was fencing scored before the 1930 s ?

3 : How did the game of badminton begin in English ?

4 : Which of the three sports do you think is most interesting to Watch or play ?



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Cycling : past , part and future

37 دروس قطع

Q9 :- Answer the question :-

1 : What do the underlined refer to ?.....

2 : What is the main difference , according to the article , between a street in 2014 CE ?.....

3 : why do you think the writer of the article calls cycling a useful mode od transport ?.....

4 : What are the two main problems that remain for road cyclists in Jordan ?what is being done to resolve them ?

5 : Do you think that share the Road is doing enough to increase awareness of the sports / Why

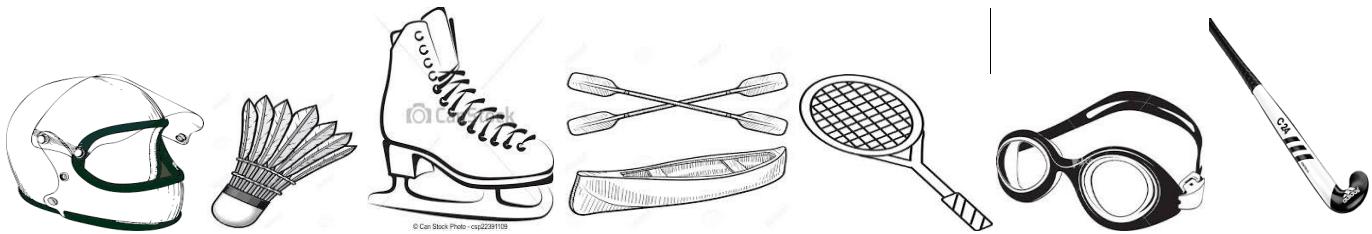
6 : discuss the advantages and disadvantage of a city where private transport , such as cars and private taxis , is banned . would you cycle or take public transport ? why ?

(61)

Q 1 :- Arabic meaning

(38) : معاني صفحه

- 1 : oars racquet ice skates
- 2 : helmet Shuttlecock goggles
- 3 : Stick bat



Q2 :- Say a rule or name of the sport :

A : You use this in table tennis ,you hit the ball with it

B :

A : You have to hit the ball over the net , you can't throw the ball
kick it or catch it in your hands .

B :

Q 4 : -Listening

(39) : تمارين صفحه

A : What the benefits of playing sports ?

B :

A : Why some sports can be dangerous ?

B :

A : What are the origins of different types of sport ?

B :

Q6 : Swimming /tennis / gymnastic / running / football/ aerobic

1 :builds up strength and improves stamina.

2 : You can use up a lot of energy when you play

3 : increases strength and flexibility .

4 : excellent for your legs ,heart and lungs .

5 : The good thing about That it helps improve
agility .

6: Exercise uses all of the body , all of the
time .

(62)

Q8 :- Write about the sport :-

A : How long have you been doing this sport ?

B :

A : How often do you do this sports, and where ?

B :

A : Why do you enjoy it ?

B :

Write benefits are there in taking part in sports :

.....
.....
.....
.....

Activity Book / Unit four

Recreation

Arabic meaning

معاني صفحه : (24)

1 : equestrians coach dressage

2 : dressage trot groom

3 : horsewoman

Q1 :-Coach / equestrians / trot / dressage / groom / horsewoman

1 : You need good relationship with your trainer , or

2 : Professional riders are called

3 : Horse move at four speeds ; walk,..... Canter and gallop

4 : In ,which is type of riding competition ,horse and rider are judged for their skill and communication .

5 :If you want to work with horses , you can become a
At a stable .

6 : Many years of training are needed to become a professional

.....

تمرين صفحه : (24)

Q2 :-Use present perfect continuous

1 : What you (do)

2 : I (train) hard .

(63)

3 : I (follow) .

4 : I (go)

5 : What you (do)

6 : I (study)

Q3 : Write question in the present perfect continuous :

1 : A :

B : I have been learning English for five years .

2 : A :

B : I've been waiting for the bus for an hour .

3 : A :

B : I've been watching TV and relaxing .

4 : A :

B : I've been reading an interesting story .

5 : A :

B : I've been studying Ancient Greece .

Q5 : Arabic meaning :

تمرين (24)

: صفحه

1 : net backboard basketball

2 : metal hoop wicker basket

Q7 : Answer the question :- (25) :- قطعة صفحه :-

1 : What was the reason for the invention of the first version of basketball ?

2 : What happened after basketball in Jordan are being made at the moment ?

3 : What improvements in basketball in Jordan are being made at the moment ?

4 : Do you play basketball ? Do you enjoy playing or watching ?

.....

Q8 :- Match the words to make sports

(26) : تمرين صفحه

1 : hockey

racquet

2 : tennis

Skates

3 : cycling

goggles

(64)

4 : swimming

helmet

5 : stick

stick

Q9 : Arabic meaning

تمرين (26)

: صفحه

1 : trip current trainer

2 : dive compass athlete Tips rocks

1 : I've been a scuba diving at Aqaba for six years

2 : I'd like to provide you with some quick about
Safe scuba diving .

3 : You will enjoy your diving

4 : Are there any unique

5 : Before you start your dive , notice the

6 : A would be a good idea to have .

Q 10 :-Make questions (26) : تمرين صفحه

1 : How long / Ameen / trainer ?

..... ?

2 : Why / scuba diving / enjoyable experience ?

..... ?

1 : Who / provide / tips / safe scuba diving ?

..... ?

2 : What / dive compass / used for ?

..... ?

Q 11 : -Write :- Write about famous sportsman :

.....
.....
.....

Q1:Read the text then answer the following questions :-

Sleep is an essential part of life . Although we think of sleep as a time when we rest completely it's actually a very busy period for the brain. Scientists claim that sleep is the time when information is stored and stored by the brain Sleep is important for reducing stress and keeping the heart , the immune system and the memory healthy .Scientists have already identified five sleep stages by studding brainwaves , Stage 1 is when we begin to fall asleep. The brain tells the muscles to relax and the heart to beat slowly .

This stage makes up about 5% of a young adults sleeping time . Stage 2 is a period of deeper sleep ,The heartbeat and breathing become slower , This stage makes up about 44% to 55% of a young adult's sleeping time .

Stage 3 and 4_are when we sleep most soundly , Now the brainwaves and heartbeat are at their slowest and our muscles become very relaxed . We might have some dreams in this stage , which makes up about 15% to 23% of a young adult's sleeping time .Stage 5 is called the REM (Rapid Eye Movements)stage .Although our body is resting , our eyes are moving very quickly beneath our eyelids during this stage , Our heartbeat and breathing become faster and this is when dreams are most frequent

1 : In which sleep stage do most of people see dreams ?

.....

2 : According to the text , sleeping has two advantages ,write down them:

.....,.....

3 : Write down the sentence which indicated that brainwaves give scientist The knowledge about sleep stages :

.....

4 : Find a word in paragraph one which means " very worried"

5 : What does the underlined word (their) refer to

6 : According to the text , scientists claim that sleep is actually a very busy period for the brain ,Explain this statement , justifying your answer :.....(66)

Q1:- Complete each of the following sentences :

Grateful / procession / confident / insomnia / cherish

- 1: Many people around the world suffer from
- 2 : I felt very on the day of the exam because I had studied very hard
- 3 : If you go to Aqaba you'll your memories with its clear sky
- 4 : The festival will include a Of camels and elephant .

Q2 :-

- 1: If you to pole , you would see snow and ice .(go)
 - 2: If I You , I'd inform the police . (be)
 - 3: Nobody everthat to me before .(said)
 - 4: I Already three coffees this morning .(drink)
- 1 : Someone takes this seat
This seat

- 2 : I lost my wallet in the bus .

My wallet

Q3 :- Guided writing :-

Advantages of e-learning

- *organize class work
 - *Get information
 - *Save time and effort
 - *Make our lives more comfortable
-
.....
.....

Q4 :- Editing : Edit the mistakes there are two spelling , one grammar :

Salma has two children .They were usually awake at night ,so often feels tired .she needs to nap at the same time ,This is how she can make her life much less tiring

Good Luck

(67)

Q1:Read the text then answer the following questions :-

Sleep is an essential part of life . Although we think of sleep as a time when we rest completely it's actually a very busy period for the brain. Scientists claim that sleep is the time when information is stored and stored by the brain Sleep is important for reducing stress and keeping the heart , the immune system and the memory healthy .Scientists have already identified five sleep stages by studying brainwaves , Stage 1 is when we begin to fall asleep. The brain tells the muscles to relax and the heart to beat slowly .

This stage makes up about 5% of a young adults sleeping time . Stage 2 is a period of deeper sleep ,The heartbeat and breathing become slower , This stage makes up about 44% to 55% of a young adult's sleeping time .

Stage 3 and 4 are when we sleep most soundly , Now the brainwaves and heartbeat are at their slowest and our muscles become very relaxed . We might have some dreams in this stage , which makes up about 15% to 23% of a young adult's sleeping time .Stage 5 is called the REM (Rapid Eye Movements)stage .Although our body is resting , our eyes are moving very quickly beneath our eyelids during this stage , Our heartbeat and breathing become faster and this is when dreams are most frequent

1: What does happen to our brain when we sleep ?

..... ,

2 : According to the text , in the stages 3 and 4 many changes happen to our bodies , write down two of them :

..... ,

3 : What does the underlined pronoun (their) refer to

4 : Find a word from the text which means " The action of your heart as it pumps blood around your body "

5 : What does the abbreviation " REM " stand for ?.....

6 : Sleep has many benefits in our life , think of this statement and in two sentences , write your point of view :

..... , (68)

Q1:Read the text then answer the following questions :-

People have celebrated festival from the earliest times in history , and many countries love to celebrate nature . Many countries around the world hold flower festival . Most of these celebrate the flower that represents either the whole country , there are parties entertainments , family get - together and a commemoration of traditions and culture .

In Henan Province in China , people celebrate the Luoyang Peony Festival from 15th to 25 April every year . The peony symbolizes wealth and nobility in China , but the coloured flower also has a legend attached ! It is said that Empress Wu of the)

Tang Dynasty banished the peony from her city to the city of Luoyang , where it has bloomed abundantly every year since . Certainly . if you go to Luoyang at this time of year ,

you will see millions of peony plants in Luoyang Peony Garden . you can also take part in celebrations such as dance competition and cultural fairs , as well as watch music and drama spectacles .

Jordan's national flower is the beautiful black iris , a rare flowering plant that is remarkable because it grows among rocks , It is admired for its unique beauty and strength . it is found mainly in the district of Ajloun , north of Jordan , during

February and March . Every year , Jordanians honour their national flower by putting on a day of festivities . There are classic car displays , local craft stalls , dance displays ,

comedians and entertainment designed for children too . all the money that is raised during the Black Iris Festival is donated to local charities .

1 :Why do people celebrate flower festival ?

.....

2 : Complete the following table by correct words :

festival	Reason	Place , time	Activities in it
Luoyang peony			
Black iris			

3 : Find out a phrasal verb in the text that means :

" participate "..... , happen

(69)

4: What does the underlined pronoun (it)(there).....

5: Give a word which means " in large quantities "

Q2 : Complete the following sentences by choosing the suitable item :

Confident / world-renowned / fair / insomnia / muscles

1: I fell When I face any problem .

2 : Jerash hosts the Jarash international festival .

3 : First stage is when we begin to fall asleep, The brain tells the

4 : I cant sleep at night and I feel tired all the day because of

Q3 : Correct the words :-

1: I'm not sure I think I(go) , At about ten o'clock the Center(open) at nine o'clock .

2 : This Monday , we(celebrate) my brother birthday .

3 : There are a lot of black clouds , it is (rain) .

Q4 : complete the following question with the suitable phrasal verbs :

Wake up / meet up / take place

1 : Where do you like to with your friends at the week end .

2 : What time did you this morning .

3 : What events and celebrations In Jordan

Q5 : Correct the verb between brackets :

1 : If you press that button , the picture (move)

2 : If I were you , I Hard for the final exam (study)

3 : I wont go shopping if it (not / rain)

Q6 : Write short paragraph about any celebration festival in or outside Jordan .

Q1:Read the text then answer the following questions :-

People have celebrate festival from the earliest times in history , and many countries love to celebrate nature . Many countries around the world hold flower festival . Most of these celebrate the flower that represents either the whole country , there are parties entertainments , family get - together and a commemoration of traditions and culture .

Jordan's national flower is the beautiful black iris , a rare flowering plant that is remarkable because it grows among rocks , It is admired for its unique beauty and strength . it is found mainly in the district of Ajloun , north of Jordan , during February and March . Every years , Jordanians honour their national flower by putting on a day of festivities . There are classic car displays , local craft stalls , dance displays , comedians and entertainment designed for children too . all the money that is raised during the Black Iris Festival is donated too local charities .

1:Quote sentences which indicates that "Jordan show respect to black iris"

.....

2:Where does black iris grow in Jordan ?

.....

3 : What do they do by the money that is raised in the festival ?

.....

4 : There are several in black iris festival ,mention two of them ?

.....

5 : Find a word in the text which mean " remember an important event "

6 : What does the under lined word (their) refer to

Q2

Wares / completions / stroll / dazzling / procession

1 : You can a along the seafront and relax, enjoy the charm of this city.

2 : Arts students sell their skillfully created

3 : The festival will include a of elephants and camels .

Q3 : Choose the correct words in the sentences :-

- 1 : Eating isn't allowed during the classes , so students
bring food .(cant / shouldn't)
- 2 : You Be late to school .(mustn't / don't have to)
- 3 : If you want to join our team , you writes your name in
This list . (must / should)
- 7 : We obey your parents . (don't have to / must)
- 8 : The match early on Saturday morning .

Q4 : Correct the verb :

- 1 : Next Monday we my brother 's graduation .(celebrate)
- 2 : There are a lots of clouds , it (rain)
- 3 : I think I Pasta for lunch .(have)

Q5 : Editing

Please told her I'll lock her up next time I visit Jordan _ and wish her
every happiness for the future .

Q6 : Guide writing

Factor of healthy life *

- . Do exercise
- . Eat healthy food
- . Sleep enough hours
- . Be optimistic

Good Luck

(72)

Q1:Read the text then answer the following questions :-

Newborn baby girls are likely to be welcomed into the world with a tree-planting party , the baby's relatives typically plant two trees , which are then chopped down and sold when she gets engaged ,The proceeds from this tree-planting venture are then used to buy her wedding dress .

In Germany , German government has come up with list of accepted names , which parents are expected to choose from when they name their child . In Turkey , new mothers might well ask you not to give them gifts until the baby has been born , when a mother has given birth , she is supposed to stay inside with her baby for 28 to 40 days , this is to protect the baby's immune system and develop the bond between mother and baby , After this period , mother and baby will be capable of going out to visit neighbors and family ,this is when you should give them gifts .

In Bali , You won't see a newborn baby lying on a blanket in any homes ,tradition there means that relatives are willing to carry the baby around for about 100 days at the beginning of his or her life , This period of healthy and holding might well last longer than this , as well .

In Saudi Arabia , new parents are likely to shave the head of their week-old baby , and then weight the hair , the parents are expected to give gold and silver to charity after the birth , to thank God for blessing them with a child , The weight of the hair should be equal to the amount of gold and silver that is given ,

This custom might well from a part of an aqiqah or welcoming ceremony , where the baby is given his or her name .

1 : According to the article there are many traditions which they follow in the Islamic countries when a new baby born , Mention two of them .

2: How do they welcome the new baby born in Germany ?

7 : Find a word from the article means :"The system by which your body protects it self against disease

" (73)

8 : Find a phrase which means (can)

1-

9 : The writer said in Bali ,you cant find a new baby born in his bed for a long period of time .Explain.

.....
10: What does the phrase willing to means

11: Prophet Mohammad (PBUH) said , " I was set (by Allah) to perfect the sublime morals ." In two sentences explain your point of view :

.....
Q2 : Complete the sentences using these words . (10 points)

Catch up with - impolite - immune system - shake - offend

1: If you eat noisily, you will people .

2: Do you hands when you want to greet each other .

3: I can you again soon .

4: In Turkey , new mothers expected to stay inside to protect the baby's

.....
9 : In Asia , it's To points to someone with your chopstick.

Q3 : Choose the correct words in the sentences . (12 points)

1 : We obey our parents .(must/don't have to)

2 : Students to go to school on Friday .(don't have to/ should)

3 : You Point at people .its rude (shouldn't/have to)

4 : When you visit another country as a tourist , you check
Whether you need a visa . (cant / have to)

(74)

10: You aren't allowed to eat in the library ,so youbring food
Inside . (can / shouldn't)

Q 4 : Rewrite the following sentences so that new item has a similar meaning to one before it :

1-Scientisit invented many important things in the 20th century .

Many important things

2 - Engineers will completed the project before the dead time .

The project

3 : Our bodies need a big amount of water daily .

A big amount of water.....

Q 5 :-Read the information in the table below, and then write sentences .

How to protect children

1-immunise them to protect their immune system

2-sleep enough hours

3-eat healthy food

Good Luck

Um Qusai

(75)

Present continuous	Present perfect	Simple past	Simple present
is are + ing am	Have Has + V3	V2	S + مفرد مفرد + جم
isn't aren't / am not	Hasn't Haven't	didn't Did?	don't /doesn't Do / Does?
today now at the moment look ! listen ! Be quit ! tonight this day this week	since for yet already so far ever just recently	Yesterday Last ago 1923 In the past	always/ usually sometimes every /often once / twice yearly normally rarely /daily 6.30 am / pm

- 1 : He(not/visit) Petra four year ago .
- 2 : He (arrive) to the party this day .
- 3 : Amer (drink) the water so far ?
- 4 :you(shop) with me this week ?
- 5 : Seleen (go) to Petra yet .
- 6 : You your teeth twice ? (brush)
- 7 : Be quite ! my baby (sleep)
- 8 : you ever in sea . (swim)
- 9 : The train (arrive) at 4.15 am .
- 10 : I (visit) Egypt yearly .
- 11 : She looks ill , sheher medicine recently(not take)
- 12 : it is normally for mesteak.(eat)

Present perfect Continuous	Past continuous	First /second conditional	Past perfect
Have /Has + been +ing	الفعل الاول ماضي was/were + ing	If + V1 If + V2	Had + V3
How long lately all day all night since /for	When While as	Will + V1 Would + V2	after before as soon as until because

- 1 : They (arrive) to the station **lately** .
- 2 : the student about science **when** the bell rang.
- 3 : My purse is empty **because** I have(be / shop)
- 4 : She off the train **while** it was moving (not/ jump)
- 5 : Hethe door **as soon as** the police came .(open)
- 6 : the government **has**(be/work) hardly .
- 7 : **after** I had met all my friend , Ischool .(visit)
- 8 : she had told me **until** we(take)my camera .
- 9 : Ali **would** get a high mark if hehard . (study)
- 10 : Sami was really happy **before** he the gift. (win)
- 11 : **If** I You , I'd study hard .(be)
- 12 : **If** shehard ,she will fail the exam (not/ study)
- 13 : She **If** She wins in completion .(not/feel)
- (أم قصي) (77)

Future simple	Future continuous	Future perfect	Past perfect continuous
Will + V1	Will + be = ing	Will + have + V3	had+been + ing
tomorrow			
Next/later	In ten year	By the end of this	By the time
think / hope	The exact time	week	
perhaps			
believe		By seven o'clock	
possible			
plane		By then	

- 1 : **By the end of this week** ,we Our house (paint)
- 2 : You can borrow this book tomorrow. Iit **by then**(finish)
- 3 : **Next month**,my familyin this house for a year(have/live)
- 4 : will you your homework **by seven o'clock**? (do)
- 5 : I **hope** we for the final exams.(be/study)
- 6 : **In ten years** time,theyfor their final exam(be/prepare)
- 7 :**By the time** the bus arrived ,we had.....for an hour(be/wait)
- 8 : Sami looked tired . He **had**all night.(be/study)
- 9 : **The exact time** , I (cook) lunch .

If + V1 / V+s , will + V1

If + V2 , would + V1

If + (don't /doesn't) , won't

If + (didn't , wouldn't

1 : If you(go) to zoo , you would see me .

2 : If I(see) mum , I'd take photo .

3 : If you visited me , you(see) my room .

5 : I(travel) if I won't money .

6 : If I(not / visit) you , she will feel sad .

7 : If I(not / visit) you , he would feel sad .

8 : If we went , we(not /take) you .

9 : My father would go you(not / want) go with me .

10 : I(not /play)if you didn't play .

11 : Would you mind if Ithe window? (open)

12 : If Iit , nobody would do it. (not, do)

13 : If I were you , I their invitation. (accept)

14 : If I had time , I another language. (learn)

Passive (المبني للمجهول)

V2 didn't	V1 Don't/dosn't	is are	has have had	(model):will, can shall, must, have to, has to, had to, be going to...
Was + V3 Were + V3	is = V3 are + V3	is /are Being +V3	have has had+been+V3	Model + be =V3

1: She **eats** two apples weekly .

Two apples

2: The workers **build** the wall yearly .

The wall

3: the teachers **don't** write the answer .

the answer

4: She **is** eating apple weekly .

apple

5: The workers **are** building the wall yearly .

The wall

6: We **have** already made many mistakes in the exams .

Many mistakes

7: She **has** never written an essay .

An essay

8: Amer **hasn't** brought the letters

The letters

9: I **knew** this man very well .

This man

10: She **was** eating two apples weekly .

Two apples

11: The workers **were** building the wall yearly .

The wall

12: We **must** obey the teachers .

The teachers

1 : She **has to** write an essay .

An essay

2 : they **are going to** tell the truth

The truth.....

3: no one **can** hide the secret .

the secret.....

7 : They **will** open a new restaurant.

a new restaurant

3: Hatem **might** send the car to the garage.

The car

4 : The patient **could** take the medicine on time.

The medicine

7 : Children **mustn't** leave bicycles in the driveway.

Bicycles

8 : Jordan **imports** 96 % of its energy from the neighboring.

96 % of Jordan's energy

9 : Parents **may** not give their children everything they want.

Children

1 : I **asked** someone to repair my car .

I had my car(repair)

2 : I **am asking** someone to fix this machine .

I am having(fix) .

3 : I **didn't** do the shopping myself .

I had the shopping(do) .

4 : I **will ask** someone to build the wall .

I will have the wall (build) .

(أم قصي)

(81)

Guided writing

خطوات كتابه الكتابه المقيدة :-

- 1 : There are many
- 2 : such as + ing
- 3 : and + ing
- 4 : also + ing
- 5 : as well as + ing
- 6 : The X)
- 7 : How = ways
- 8 : Why = reasons
- 9 : What =things

Disadvantages of having too many cars on road

- Make accident.
- Cause a traffic jams.
- Consume much energy.

The impact of the art on learning

- Change the learning environment.
- Provide challenges to students
- Teach students to become self-directed learners
- Teach students ways and methods not normally used

How to sleep the night before the exam

Forget all about exam
Do light exercise
Have some milk
Go to bed early

*How to learn young people the basic of Glassblowing

show them demonstration
Launch workshops
participate them in galleries

*Why do people use internet website

Buy things
Book holidays
Access bank account

What one can do in a free time

Visiting culture locations
Exercising and playing sport
Going shopping
Spending time with friends

كيفية الكتابة المقيدة عن شخص :-

1: who was born in

2 : and died in

3 : , was his achievement was /were

Name : Mahmoud Darwish

Data (born and died):1942-2008

Professions : poet and author

Achievement : leaves of olives and wingless bird

العنوان بعد كلمة:- (about)

Read the information below, and write two sentences about the advantages and disadvantages of doing voluntary work while you are still a student. Use appropriate linking words.

- * practical experience.
 - * future career choices.
 - * interviews and your curriculum vitae

(84)

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Read the information below, and write two sentences about the advantages of learning another language.

- * improve memory
 - * present the brain with unique challenges
 - * improve decision-making skills
 - * make you a better speaker and writer in your own language
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-: الكتاب المقيده للمواقع :-

1 : , where was built in by , was

Location: Ajloun Governorate, Jordan

Date of building: 1184 CE

Built by: Ezz-Edin Osama

Purpose of building: To protect transportation roads and defend against crusaders campaigns

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write two sentences using all the given notes below about the Giralda tower. Use the appropriate linking words .

-Location : Seville ,Spain .

-Date of construction : 1198 CE.

The designer : Jabir ibn Aflah.

Description of the building : 104 metres tall

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Name Jabir Ibn Hayyan

Place / Date of birth Iraq, 722 CE

Place / Date of death Damascus, 815 CE

Profession chemist

Achievement - produced sulphuric acid

- built a set of scales to weigh items.

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Name: Ahmad Zewail.

Date (born and died): (1946 - 2016)

Professions: an Egyptian-American scientist

Achievements: the Nobel Prize in Chemistry in 1999.

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Dangers associated with spending much time on computers

- hurt your eyes.
- cause headaches.
- damage your hands and arms.
- affect real socializing.

(86)

Writing (الكتابه الحره)

The aim of this essay is to discuss about الموضع اسم from its all sides.

I think that الموضع اسم is a very important subject to talk about in detail because it has a strong relation and effect with our life.

However, no one can deny that الموضع اسم has a great influence on our society and needs interest. A consequence, we should be aware of using. الموضع اسم It can lead to good results if we work hard and cooperate with each other. Finally, I'd like to say that I hope I have given enough and useful information about الموضع اسم suggesting good ideas and views that help to take it into consideration to find the best effective solution for it .

(87)

Good Luck

Tahani

