



## Physical Health and Education

### Grade 8 – Sample Exam -Term 1 - Answer Key

Award marks **ONLY** when deserved for answers given.

Marks will be awarded as indicated on the examination paper

Do not award half marks.

Section 1 - Multiple Choice		Section 2 – Matching task		Section 3 – True or False	
Question	Answer	Question	Answer	Question	Answer
1	B	1	B	1	False
2	C	2	F	2	True
3	C	3	C	3	False
4	A	4	A		
		5	E		

#### Section 4: Guided response

Question	Answer - students can write in sentences or demonstrate understanding using a number of points.
1	<ul style="list-style-type: none"> <li>stand two metres away from a smooth wall.</li> <li>throw a tennis ball with your right hand against the wall and catch it with the left hand on its return.</li> <li>then throw the ball back towards the wall with your left hand and catch it with your right hand.</li> <li>count the number of catches, and stop the test after 30 seconds.</li> </ul>
2	<ul style="list-style-type: none"> <li>make sure somebody else is around you when you jump.</li> <li>the floor is not slippery.</li> <li>you are wearing the correct footwear.</li> <li>record the distance jumped</li> </ul>
3	<ul style="list-style-type: none"> <li>the Cooper Test last for 12 minutes</li> <li>participants run as far as they can in 12 minutes</li> </ul>