

5

## Adventure sports

أهم المعانى فى هذه الوحدة

Word	Meaning	Word	Meaning
Extreme sports	الرياضة الحادة	north	شمال
rock climbing	تسلق الصخور	south	جنوب
horse-riding	ركوب الخيل	east	شرق
ice hockey	هوكي الجليد	west	غرب
motor-racing	سباق السيارات	sunrise	شروق الشمس
golf	جولف	sunset	غروب الشمس
go-karting	الذهاب للسباق (عربات صغيرة)	wood	غابة
surfboarding	ركوب الامواج	field	حقل
water skiing	التزلج على الماء	valley	وادي
Kite surfing	ركوب الامواج بالطائرة	scenery	مشهد
diving squash	سكواش الغوص	tide	المد والجزر
jogging	الهرولة	bay	خليج
geography	الجغرافيا	*****	*****

### English - English meanings:

Word	Definition
golf (noun)	the sport of hitting a small ball into holes with a stick
north (noun)	that goes up one of the four directions
south (noun)	that goes down one of the four directions
east (noun)	goes right one of the four directions that
west (noun)	one of the four directions that goes left
sunrise (noun)	when the sun comes up
sunset (noun)	when the sun goes down
wood (noun)	an area with trees
field (noun)	a flat, empty area of land with grass





## English - English meanings:

Word	Definition
valley (noun)	an area of low land between mountains
scenery (noun)	the natural surroundings
tide (noun)	the rise and fall of the sea
bay (noun)	a part of the coast that creates a curve
rock climbing (noun)	the sport of climbing rocks
horse-riding (noun)	the sport of riding a horse
Ice hockey (noun)	a game played on ice with sticks
motor-racing (noun)	the sport of driving fast cars
go-karting (noun)	the sport of driving small, low cars
surfboarding (noun)	the sport of riding a wave on a board
water skiing (noun)	the sport of standing and moving on skis on water
kite surfing (noun)	the sport of riding a board on water while holding a special kite
diving (noun)	the sport of swimming underwater with special breathing equipment
squash (noun)	the sport of hitting a ball against a wall
jogging (noun)	to run slowly



## Spend or save?

أهم المعانى فى هذه الوحدة

Word	Meaning	Word	Meaning
shopping	تسوق	Imaginary situations	مواقف خيالية
on sale	للبيع	go into space	اذهب إلى الفضاء
queue	طابور	meet a famous person	تقابل شخص مشهور
till	درج النقود	travel the world	سافر حول العالم
designer labels	ملصقات التصميم	donate to a charity	تبرع لجمعية خيرية
get a refund	استرداد الباقي	have a lot of money	لديك الكثير من المال
exchange	استبدل	have three wishes	لديك ثلاثة أمنيات
shop assistant	عامل متجر	travel back in time	السفر عبر الزمن





customer	عميل	become an Olympic athlete	تصبح رياضي أولمبي
second-hand	مستعمل	become a book or film character	تصبح شخصية في كتاب أو فيلم
receipt	إيصال	be invisible	تكون غير مرئي
online shopping	التسوق عبر الإنترنت	win a cup	تفوز بكأس

## English - English meanings:

Word	Definition
on sale (phr)	available to buy
queue (noun)	a line of people standing, waiting for something
till (noun)	a machine where you can pay
designer labels (noun)	made by a famous clothes brand
get a refund (verb phrase)	to get your money back after returning something you bought
exchange (verb)	to give something and get something in return
shop (noun)	a place that sells things
assistant (noun)	a person that helps people shop
credit card (noun)	you can pay with a small plastic card
customer (noun)	things a person who buys
second-hand (adjective)	something you can buy that belonged to someone else
receipt (noun)	a piece of paper that shows what you bought and how much it cost
online shopping (noun)	to shop on the internet

Word	Definition
go into space (verb phrase)	the sport of climbing rocks
meet a famous person	near a famous person and talk to them to be
travel the world	to go from country to country for fun
donate to a charity	the sport of driving fast cars
have a lot of money	to be rich
have three wishes	to be able to make three dreams come true
travel back in time	to go back in the past



لا تنسى متابعة صفحة المعلمة نداء حميد لتحصل على الملخصات أول بأول

English Quotes with T. Neda Hmaid

المعلمة نداء حميد

pass exams	to succeed in a test
become an Olympic athlete	to take part in the Olympic Games, a big international sports event
become a book character	to play the part of a character from a book or film
be invisible	to be impossible to see
win a cup	to win the first place at a competition



## Let's talk!

+ أهم المعاني في هذه الوحدة

Word	Meaning	Word	Meaning
receive a text message	يتلقى رسالة نصية	disappointed	خائب الأمل
chat to friends	يدردش مع الأصدقاء	jealous	غير
use social media	يستخدم وسائل التواصل الاجتماعي	upset	مستاء
insert an emoji	يدخل رمزاً تعبيرياً	confused	مرتبك
listen to a podcast	يسمع إلى بودكاست	curious	فضولي
watch a vlog	يشاهد مدونة فيديو	delighted	مسرور
tell the truth	يخبر الحقيقة	nervous	متوتر
tell a lie	يكتذب	calm	هادئ
keep a secret	يحفظ سر	serious	جاد
keep a promise	يفي بوعده	proud	فخور
get on well	يكون على وفاق	miserable	بايس
have an argument	يتنازع	embarrassed	محرج

لا تنسى متابعة صفحة المعلمة نداء حميد لتحصل على الملخصات  
أول بأول

English Quotes with T. Neda Hmaid

المعلمة نداء حميد



## English - English meanings:

Word	Definition
receive a text message(verb. ph)	to get a message on your phone or computer
chat to friends (verb phrase)	to send and receive text messages with friends
use social media (verb phrase)	to have profiles on social media sites
insert an emoji (verb phrase)	to use small faces that show feelings in text messages
listen to a podcast (verb phrase)	to listen to a digital radio show
watch a vlog (verb phrase)	to watch videos that somebody posts on the internet regularly
tell the truth (verb phrase)	to be honest
tell a lie (verb phrase)	to be dishonest
keep a secret (verb phrase)	to not tell something that someone told you privately
keep a promise (verb phrase)	to do something that you said you would
get on well (verb phrase)	to have a good relationship with someone
have an argument (verb phrase)	to disagree with someone in a bad way
disappointed (adjective)	unhappy about something that didn't go well
Jealous (adjective)	to want something that someone else has
upset (adjective)	sad
confused (adjective)	not sure about something
curious (adjective)	interested in something
delighted (adjective)	very pleased
nervous (adjective)	worried
calm (adjective)	peaceful
serious (adjective)	interested in something
proud (adjective)	feeling good about yourself
miserable (adjective)	unhappy
embarrassed (adjective)	to feel shy





## Inventions

أهم المعاني في هذه الوحدة

Word	Meaning	Word	Meaning
electricity	كهرباء	feel ill	يشعر بالمرض
light bulb	مصباح كهربائي	feel better	يشعر بتحسن
spacecraft	مركبة فضائية	get a prescription	يحصل على وصفة طبية
battery	بطارية	take some pills	يتناول بعض الحبوب
photography	تصوير فوتوغرافي	have an injection	يأخذ حقنة
radio	مذياع	have a fever	يعاني من الحمى
wheel	عجل	have an X-ray	يجري أشعة سينية
steam engine	محرك بخاري	have an operation	يجري عملية جراحية
aeroplane	طائرة	do some research	يجري بعض الأبحاث
X-ray	أشعة سينية	win a prize	يربح جائزة
vaccination	تطعيم	make a discovery	يكشف
antibiotics	مضادات حيوية	carry out an experiment	يجري تجربة

### English - English meanings:

Word	Definition
electricity (noun)	a form of energy that can create light
light bulb (noun)	a small round glass ball that shines with electricity
spacecraft (noun)	a vehicle that can travel in space
battery (noun)	electricity a device that produces
photography (noun)	the art of taking photographs
radio (noun)	a device that you can use to listen to radio shows and programs
wheel (noun)	a round object that many vehicles use to move



Word	Definition
steam engine (noun)	a train that moves by steam
aeroplane (noun)	a vehicle that can fly
X-ray (noun)	a photograph that shows the inside of a body
vaccination (noun)	the substance doctors put in a body to protect it from a disease
antibiotics (noun)	a medicine that kills bacteria in a body
feel ill (verb phrase)	to be sick
feel better (verb phrase)	to recover from an illness
a prescription (verb phrase)	to get a note from a doctor that describes which medicine to take
take some pills (verb phrase)	to take medicine in the form of small objects
have an injection (verb phrase)	to put medicine in a body with a needle
have a fever (verb phrase)	to have a high body temperature
have an X-ray (verb phrase)	to use a machine that takes pictures of the inside of the body
have an operation (verb phrase)	to have your body cut open by a doctor for medical reasons
do some research (verb phrase)	to study something
win a prize (verb phrase)	to come first in a competition and get a special object
make a discovery (verb phrase)	to find something that no one knew before
carry out an experiment (v. ph)	to test something in order to see if it's true or if it works

لا تنسى متابعة صفحة المعلمة نداء حميد لتحصل على الملخصات  
أول بأول

English Quotes with T. Neda Hmaid

المعلمة نداء حميد

