

guide (n) a person who shows the way A guide took us to the caves in the desert.

h

hot spring (n) hot water that rises up out of the ground

Some hot springs are deep enough to swim in.

Iceland (n) an island in the north Atlantic Ocean



kinat

kingfisher (n) a bright blue bird that lives near rivers and catches fish

We saw a flash of blue as the kingfisher dived into the river.

lav

lava (n) the hot, liquid rock that comes out of a volcano

When lava cools it goes hard.

lynx (n) an animal in the cat family

A Lynx has brown and grey fur and pointed ears.



m

mud (n) wet earth

Please clean the mud off your shoes before you come in.

mud pot (n) a kind of hot spring where a little water mixes with volcanic ash and makes a hot, muddy pool

Mud pots sometimes bubble noisily.

P

peculiar (adj) strange, unusual

This plant is very peculiar because it eats insects.

personal (adj) belonging to a person

The children keep their personal possessions in their bags.

point (n) a particular place

We watched the sailing race from a point along the beach.

point of view the place from which one sees things

From John's point of view the film was boring but John doesn't like films, anyway.

r

rare (adj) unusual, not often seen

The giant panda is very rare and not many people have seen one.

rough (adj) not smooth

The bark of a tree feels rough.

S

shoot up (v) to go upwards very fast

Dad lit the firework and it shot up into the sky.

spectacular (adj) amazing to look at

The gold and silver palace was really spectacular.

steam (v) to send up a cloud of tiny water drops into the air

The pot of soup was steaming over the fire.

student (n) a person who is learning

My cousin is a student at the university.

t

tap (n) a metal object for turning on water

Mum turned on the tap and filled the jug.

thrilling (adj) very exciting

Our journey across Australia was a thrilling adventure

tomato (n) a small, round, red fruit that grows on a plant

We had tomato and cheese pizza for lunch.

V

volcano (n) a place on the surface of the earth where hot rock rises up from below

Some volcanoes look like mountains.

W

weird (adj) very strange

I was scared when I heard weird noises in the dark.

whoosh (n) the sound made by something that is moving fast

The rocket took off with a loud whoosh.

wildlife (n) all things that live, including birds, plants and animals

Even a small garden has interesting wildlife in it.

Unit 2

a

amount (n) the number, size or weight of something

There was a small amount of sugar in the jar.

b

barrier (n) a fence or wall that stops someone or something from going from one area to another

After the tree fell down, the police put a barrier across the road.

battery (n) an object that holds electricity and is used to make things work

Dad put a new battery in my torch.

blade (n) a thin flat piece of metal
This knife has a very sharp blade.

C

calculator (n) an object used to work out

You can use a calculator in this maths test.

coast (n) the edge of the land next to the sea

Some coasts are rocky and some are sandy.

d

decision (n) something you decide to do

My cousin made the decision to study engineering.

discuss (v) to talk about something and give your ideas about it

The children discussed their project and agreed to make a poster.

0

energy (n) (1) power, strength

You need a lot of energy to run 10 km.

(2) the power that makes things work

This new car runs on electrical energy.

explanation (n) (1) a reason why something happens or has happened

Dad did not believe Sam's explanation for the broken window.



(2) how something works or has happened

The teacher gave an explanation of a volcano.

f

face (v) to put the front part towards something

The palace faces the river.

g

generator (n) a machine that makes electricity

When the electricity is cut off, this hospital uses its own generator.

look (n) how a person appears because of his clothes or actions

That man with the orange and green hat has a very strange look.

m.

material (n) (1) cloth

Grandma's new dress is made of green and blue material.

(2) things that are used to make objects Wood, glass and metal are good materials for buildings.

n

natural (adj) coming from nature

This waterfall is natural but Dad made the pool.

p

power (n, v)

(1) (n) strength

An elephant can lift trees because of the power of its trunk.

(2) (n) energy

Nowadays, solar power can be used to heat buildings.

(3) (v) to make something work
Electricity powers the lights in this building.

puzzled (adj) not understanding something

When Ben opened the heavy box he was puzzled because it was empty.

r

reflect (v) to send light back from a shiny surface

The jewels in the queen's crown reflected the candlelight.

renewable (adj) can be made again as new

In a renewable forest big trees are cut down and new ones are planted.

run out (v) to have no more of something

Mum ran out of sugar so I went to the shop to
buy some more.

S

secret (adj) information that only one person or a few people know

When you keep a secret you mustn't tell anyone what you know.

solar cell (n) an object which changes energy from the sun into electricity Some road signs are powered by solar cells.

Spare (adj) extra, not being used

Ben gave Nina his spare pencil so that she could do her work.

spare time free time when you don't have to do something else Lily reads adventure stories in her spare time,

steam (n) the cloud of tiny water drops that rises from hot liquid

Steam came out of the factory chimney.

t

tide (n) the rise and fall of the sea every day

When the tide goes out you can find shells on the sand.



trust (v) to be sure of someone

Dad doesn't trust our gardener because he's lazy and tells lies.

turbine (n) a machine that is turned by air or water to make electricity

On a wind farm the turbines are turned by the wind.

W

waterwheel (n) a wheel that is turned by the flow of a river

When the river is full the waterwheel turns quickly.

windmill (n) a building with four blades that are turned by the wind to make energy

A long time ago, windmills were used to power machines.

Unit 3

b

bank (n) the edge of the land next to a river

Plants and trees often grow on the banks of a river.

barbed wire (n) long thin metal with short, sharp points on it used for fences The barbed wire fence stopped the cows from

getting out.

belong (v) to be owned by

This house belongs to my uncle.

binoculars (n) special glasses that make things a long way away look bigger I looked at the eagle through Dad's binoculars.



board up (v) to cover something with boards

The windows of the empty shop were boarded up.

borrow (v) to use something that belongs to another person for a short time

If you want to borrow something, you must always ask first.

briefcase (n) a case for keeping letters and papers in

The professor put his briefcase on the floor beside his desk.

bump into (v) (1) to meet by chance

We bumped into my aunt when we were at the mall.

(2) to hit or knock against something. The car bumped into the wall and it fell down.

d

dull (adj) not bright

The sky was grey and dull so we didn't go to the beach.

dye (n) a liquid that is used to colour cloth In a factory, many metres of cloth are put into a huge bowl of dye at one time.

e

event (n) something that happens

The queen's visit to our school was an exciting event.

expect (v) to think something is going to happen

I expect the bus will come early so we must run to the bus stop.

f

fact (n) something that is known to be true

It is a fact that Earth goes round the sun.

in fact really, truly

Ben is very tall. In fact, he is the tallest boy in the class.

flow (v) to move along smoothly

The water flowed under the bridge.

fuss (n) a lot of trouble

Our new TV didn't work so Dad went to the shop and made a big fuss about it.

g

gap (n) an empty space

There is a gap between the museum and the theatre.

gasp (n) the sound made when someone breathes in quickly through the mouth

We all gave a loud gasp when we saw Grandma's new car.



grid (n) a barrier made of spaced metal rods going from top to bottom and side to side

The grid over the window stopped thieves from climbing into the house.

h

hand-dyed (adj) coloured by a person using dye on the cloth

Hand-dyed cloth is often expensive because every piece is different.

imagine (v) to think of something in your mind

Ben imagined a scary monster and wrote a story about it.

iron (n) a hard, strong metal

Bridges are often made of iron.

lock (v) to turn the key in a door or box to stop it being opened

Mum locked the door when we left home.

m

mysterious (adj) having a quality of mystery

The mysterious man wore a tall black hat and a long black cloak.

mystery (n) something strange that cannot be easily explained or understood

The disappearance of the treasure from the locked room was a mystery.

n

nail (v) to fix with a nail

The carpenter nailed two pieces of wood together.

p

padlock (n) a metal object with a hook that can be locked with a key and which can be used to hold things together

There was a heavy padlock on the door of the museum so we knew that it was closed.

peer (v) to look closely and carefully Sam peered over the wall and saw something amazing.

promise (v) to agree to do something

Anna promised that she would finish her

r

homework.

relief (n) the happy feeling when a worry is ended

It was a relief when I finished my project.

rod (n) a long, thin, round piece of wood or metal

Dad's fishing rod is very strong and he catches big fish.

rusty (adj) (metal) turned to a red-orange colour and damaged because of rain water and bad weather

The lock was rusty and the key would not turn.

S

season (n) a time of the year

Spring is the season when flowers begin to grow.

set up (v) to put up

The fisherman set up a table in the market and began to sell his fish.

shudder (v) to shake because of fear or dislike

Grandma always shudders when she sees a snake.

sigh (n) the sound a person makes by breathing out of the mouth quietly

My sister sighed happily when she saw our new baby brother.

single (adj) one alone

There wasn't a single person in the street — it was completely empty.

t.

temper (n) usual way of behaving

Grandma is always in a good temper in the morning.

tile (n) a flat square shape that makes part of a roof

In Italy the tiles on the roofs are usually red.

trapped (adj) caught

The bird was trapped in the building when someone closed the window.

u

underneath (prep) below

The cars went into the tunnel and drove underneath the river.

upstream (adv) further up the river

The water is calm here but upstream it flows over rocks.

W

weed (n) a wild plant that is not wanted where it is

We took all the weeds out of Grandma's garden and she was very pleased.

Unit 4

α

about (adv) close to, nearly

We moved to Africa when I was about six.

advice (n) sensible ideas

When my aunt got married, Grandma gave her lots of helpful advice.

b

bamboo (n) a tall forest plant that grows in parts of China

Pandas live in bamboo forests.

bear (n) a large, fierce animal that lives in woods and has thick fur

Bears can swim well and they climb trees.



C

cattle (n) cows and bulls

People have kept cattle for thousands of years.

chorus (n) the verse of a song or poem that is repeated several times

The chorus was easy to learn but the verses were harder.

cry (v) to call out in a loud voice

The clown asked, "Where is my hat?" "It's on your head!" the children cried.

d

dead (adi) not alive

Mum thought the mouse was dead but suddenly it moved and she screamed.

destroy (v) to damage something so badly that it cannot be used

The house was destroyed by fire.

9

endangered (adj) in danger

The endangered village was close to the volcano.

f

fable (n) a story that teaches something

The fable of The Lion and the Mouse teaches you that little friends can be big friends.

fearful (adj) afraid

Mum was fearful that we would miss our train because our taxi was late.

fearless (adj) without fear

Heroes are usually brave and fearless.

fellow (n) a man

Our neighbour is a strange fellow.

file (n) a folder that pieces of paper can be put into and taken out of

I am keeping my bears project in a file.

fact file (n) a file of information about a subject with facts that are easy to find and understand

There is a fact file about animals in the library.

fortunately (adv) luckily

Crandpa fell down the steps but fortunately he wasn't hurt.

h

habitat (n) the place where animals live
A panda's natural habitat is a bamboo forest.

k

kangaroo (n) a large animal from Australia with strong back legs and a thick tail

Kangaroos don't run, they jump!

koala bear (n) a small Australian bear that lives in trees and eats leaves

Koala bears look nice but they are fierce.

m

moral (n) a sentence that tells you what a story means and which teaches you something

The moral of *The Hare and the Tortoise* shows you that people who begin by doing things quickly do not always finish first.

p

panda (n) a kind of bear that lives in

Pandas have black and white fur.

pitch (n) an area for playing a sport like football

The players ran onto the pitch and everyone cheered.

pretend (v) to act

Harry pretended to be the teacher and he made everyone laugh.

r

repeat (v) to say again

The teacher said the word and the children repeated it.

rhyme (v) when two words end with the same sounds

Bright' rhymes with 'white'.

rhythm (n) the pattern of sounds in music or poetry

Dancers move to the rhythm of the music.

risk (n) a chance of danger

Running across the road is a risk.

at risk in danger

When their boat sank the sailors were at risk of drowning.

S

safety (n) freedom from danger

During the Great Fire of London the people found safety in boats on the river.

sniff (v) to smell something by taking air in through the nose

The dog sniffed the ground and began to follow the smell.

snout (n) the nose of a bear

A bear can dig up roots with its shout.

sweet (adj) cute, pretty

This is my baby sister, isn't she sweet?

t

timid (adj) easily scared

Koala bears are timid creatures and they hide in the trees.

Unit 6

a

altogether (adv) in the whole group

Grandma has eleven grandchildren altogether.

ancient (adj) very old

These ancient ruins were discovered 300 years ago.

apart (adv) away

Anna was cross with her friends so she sat apart from them.

come apart (v) to break into two pieces

Both of the boys pulled the toy plane and it suddenly came apart.

apron (n) a piece of clothing that protects a woman's dress from dirt

Nowadays nurses often wear a plastic apron.

Aran (n) an island off the coast of Ireland

h

blackberry (n) a small dark fruit about the size of a grape

You can pick blackberries in the woods and hedges in England.

blouse (n) a piece of clothing like a shirt for a girl or a woman

My favourite blouse has blue and red buttons.

brain (n) the part of your body that is inside your head and you use to think with

People have bigger brains than monkeys.

C

century (n) a period of a hundred years

My father's family has lived here for two
centuries,

complete (adj) whole, finished

When Ben's project was complete, he gave it to his teacher.

complicated (adj) with a lot of detail and not easy to follow

This pattern is too complicated to copy.

condor (n) a large American bird

The condor lives in the mountains of South America.

countryside (n) the land away from the towns and cities

Many people like to go to the countryside at the weekend.

croak (v) to make a rough sound like a frog

When Dad had a sore throat he couldn't speak - he croaked!

crop (n) the plants and fruits that farmers grow

The crops need rain in the spring.

cruel (n) very, very unkind

It is cruel to hurt animals.

9

exactly (adv) (1) correctly

Ben measured the line exactly.

(2) quite right, I agree

"This film is boring," said Ben.
"Exactly!" replied Sam. "I wanted to watch the other one."

f

freedom (n) being free

Wild birds have freedom but caged birds do not.

h

heading (n) the word or a few words above a paragraph that tell you what the paragraph will be about

This paragraph is about elephants in Africa and the heading is 'African elephants'.

headscarf (n) a scarf worn over the head

Grandma bought a pretty headscarf at the gift shop.

hollow (adj) with nothing inside

This old log is hollow and you can crawl through it.

information (n) a lot of facts about something

You can find information in books and on the internet.

Ireland (n) the large island to the west of England



leave alone (v) (1) to not touch or change something

Your picture is good so you should leave it alone now.

(2) to keep away from someone or something

Sam was in a bad temper so we decided to leave him alone.

love (n) strong feelings of liking someone or something very much

Grandma loves all her grandchildren.

m

meaning (n) the sense of a word or sentence

If you don't know the meaning of a word, find it in your dictionary.

motherhood (n) the time of being a mother

Auntie Sue has eight children and she enjoys her motherhood.

0

opposite (adj) completely different

Big' and 'small' have opposite meanings.

p

paragraph (n) a group of sentences about one subject

For homework we have to write a paragraph about bears.

plain (adj) simple, not patterned

My cousin chose a plain white dress for her wedding.

pullover (n) a piece of clothing made of wool that is put on by pulling it over the head

Jim put on his pullover because it was cold by the sea.



q,

Quechua (n) a language spoken in South America

Many people in Peru speak Quechua.

r

react (v) to do an action because of something you have seen or heard

When my cousin got his exam marks he reacted by jumping up and down.

represent (v) to stand in place of something

In our play we used a big piece of blue material to represent the sea.

rubbish (n) (1) things that are not wanted and are thrown away

Sometimes there is rubbish in the street and it looks terrible.

(2) a silly or untrue idea

Ben said, "There are little green men on Mars" but Harry said, "That's rubbish!"

S

bridge.

skill (n) the ability to do something well You need a lot of skill to drive fast and safely.

strength (n) how strong something is The strength of the cables holds up the

sub-heading (n) a heading in a text that comes after the main heading

You can read the sub-headings to find out what parts of the text are about.

t

title (n) the name of a book, a text, a film or poem

If the title of a book sounds interesting, I'll read it.

toad (n) a creature like a large frog loads eat insects and like wet places.

traditional (adj) usual and done for many years

At New Year in China, letting off fireworks is traditional.

tray (n) a flat piece of wood, metal or plastic for carrying things on
Crandma carried the cake and plates on a round tray.

V

village (n) a small group of houses in the countryside

Most of the people who live in this village work on farms.

W

waste (n) to use something badly

Harry wasted his paper when he wrote one word then threw it away.

waste of time time used to do something that is not useful or important

Some TV programmes are a waste of time but some are brilliant.

Z

200 (n) the place where wild animals are kept and people go to look at them
We saw a tiger at the zoo.

Unit 6

a

airport (n) a place where planes land and take off

When you fly to another country, you arrive at the airport.

b

breathlessly (adv) in a way that is without much breath

After he won the race, Sam spoke breathlessly.

business (n) a factory or shop

My uncle's business is in the city centre.

business trip a visit made for the work of the business

On his business trip. Mr Brown met the town mayor.

C

comic (n) a magazine with pictures and stories written for children

Anna bought a comic at the station and she read it on the train.

confidently (adv) in a sure and certain way

Sam knew the right answer so he replied to his teacher confidently.

cotton (n, adj) a material made from the cotton plant

Sheets and curtains are often made of cotton and I have a pair of cotton trousers.

d

designer (n) a person who designs things

The designer of the Sydney Opera House won a prize.

designer sunglasses sunglasses which have been designed by a well-known fashion designer

Designer sunglasses are more expensive than sunglasses from the supermarket.

f

fancy dress (n) a costume you wear to look like someone or something

The children wore fancy dress to the party: Nina was a butterfly and Harry was a robot.

fashion (n) modern clothes

My cousin likes fashion and she often buys new clothes.

fashion show a display of new fashions

There is a big fashion show in Paris every year.

fluffy (adj) soft and light, like wool or feathers

Nina picked up the kitten which felt fluffy and warm.

9

gorgeous (adj) really lovely, beautiful

My aunt bought the most expensive dress because it was so gorgeous.

k

kilt (n) a traditional piece of clothing like a skirt sometimes worn by men in Scotland

Dad wore his kilt when he and Mum were married.

kimono (n) a traditional piece of Japanese clothing like a long coat

Kimonos are worn by men and women in Japan.

leather (n, adj) animal skin that has been made into a material for making fashion items

Mum's favourite bag is made of leather and Dad has a leather briefcase.

m

Malaysia (n) a country in south east Asia

match (v) (1) to go well
with something else
that is the same or similar

These blue shoes match my blue dress exactly!

(2) to put together two things that are the same or go well together

For homework we had to match words with their meanings.

n

nephew (n) a boy child of your brother or sister

My sister's baby boy is my nephew.

niece (n) a girl child of your brother or sister

My brother's little girl is my only niece.

P

patterned (adj) having a pattern on This jug is patterned with red spots.

plot (n) the events of a story in order

We didn't like the film because the plot was hard to understand.

project (n) a piece of work usually about one subject

Our next project will be about space.

S

sari (n) a traditional piece of clothing like a dress worn by women in India Saris are usually beautiful bright colours.

sarong (n) a traditional piece of clothing like a skirt worn by men and women in south east Asia

A sarong is made of one piece of cloth.

Scottish (adj) from Scotland My uncle is Scottish.

shy (adj) nervous of strangers

Millie didn't speak to anyone on her first day of school because she felt shy.

silky (adj) looking or feeling like silk Some cats have smooth silky fur.

Sort out (v) to work out a problem

Our new TV didn't work so Dad took it to the shop and asked them to sort it out.

stage directions (n) the instructions to actors in a play

At the end of the scene the stage directions said: Odysseus jumps into the sea.

Unit 🕖

a

activity (n) an action, something you do Sam's favourite activity is playing computer games.

arrange (v) to put in the right place and in order

Nina arranged her dolls on the shelf.

attractive (adj) looking nice and liked by people

This attractive village has lots of tourists.

C

calm (adj) (1) (of water) flat, without waves

After the storm, the sea was calm.

(2) (a person) quiet, not upset

After the accident the police told everyone to stay calm.

canoe (n) a long thin boat that can be moved on water by one person

You can go fast in a canoe.

clear (adj) can be seen through Windows usually have clear glass in them.

cute (adj) pretty, attractive
Baby animals always look cute.

9

effect (n) a change

One effect of the storm was many fallen trees.

to have an effect to make a change The teacher's wise words had an effect on the class and they worked harder.

encourage (v) to give hope and confidence

The players were encouraged by the shouts of their friends.

explore (v) to travel through and look at a place for the first time

The children explored the woods in the valley.



h

hidden (adj) not seen by anyone

The way into the cave was hidden by plants

horseback (n) by horse

In the past, most people travelled on horseback.

jet-ski (n) a vehicle for travelling quickly over water

Jet-skis are fast and noisy.

l

lagoon (n) a bay of water that has land almost all round it

The water in a lagoon is usually calm.

lend (v) to let someone use something of yours for a short time

Ben lent a CD to Sam.

m

magic (adj) making something unusual happen without explanation

My uncle's best magic trick is when he pulls a huge bunch of flowers from his hat.

meet (v) to be in the same place and talk to someone

We met Aunt Julie at the mall and had lunch together.

p

pathway (n) the route of a path

We followed the pathway into the castle.

persuade (v) to make someone do, think or agree to do something

Sam persuaded his dad to take him to the football game.

r

reef (n) a long line of rocks just under the surface of the sea

Reefs are dangerous to ships because they are hard to see.

S

South Pacific (n) the southern part of the Pacific Ocean

There are thousands of small islands in the South Pacific,

sparkling (adj) shining and glittering

The queen wore a crown that was sparkling with jewels.

surf (n) the tops of waves that are breaking onto the beach

The surf looks white against the blue sea.

t

Tahiti (n) an island in the Pacific Ocean



Tahitian (adj) of or from Tahiti

Tahitian people are good fishermen and sailors.

turquoise (adj) a blue-green colour

Turquoise is my mum's favourite colour.

V

volcanic (adj) to do with volcanoes

You can find volcanic rocks all over the world

W

windsurf (v) to travel over waves on a board with a sail

You have to be strong to windsurf well.

wise (adj) sensible, knowing a lot

Grandma did not study at a university but she is a very wise person.

Unit (3)

a.

arrival (n) the time when someone or something arrives

We waited excitedly for the plane's arrival.

arrow (n) a stick with one sharp end and feathers at the other end

In some places people still use arrows to kill animals.

b

bow (n) a long, curved piece of wood with string that is used for shooting an arrow

Sometimes a bow is as tall as a man.

bury (v) to put into the ground and cover The pirates buried their gold on the island.

C

cause (n) reason

The cause of the children's argument was a broken toy.

chief (n) the most important person in a group

When the chief spoke, everyone listened.

f

fear (n) the feeling of being afraid

Nina's fear of spiders stopped her from sitting in the garden.

g

gentle (adj) calm and quiet, touching lightly

You must be gentle when you pick up the kitten.

h

harm (v) hurt

Luckily, no one was harmed during the storm.

hate (v) the very strong feeling of not liking someone or something

The evil man felt only hate for other people.

heart (n) part of the body that sends blood around it

If you do sport every day, your heart will work better.

hideous (adj) horrible and ugly

My aunt has a hideous vase on her table.

horror (n) fear and dislike

Mum can't forget her horror of snakes.

k

kindly (adv) in a kind way

The teacher spoke kindly to the little boy.

law (n) a rule that everyone must obey It is against the law to drive fast in the city.

legend (n) a story that comes from a true event from the past

There are many legends about kings and princes.

m

meanwhile (adv) at the same time

Sam was playing football. Meanwhile, Anna was doing her homework.

meeting (n) an event when a number of people come together to talk and discuss

At break there was a meeting of the football team.

mind (v) to not like something or disagree about it

"Do you mind if I borrow your pen?" Jack asked Milly.

don't mind to be ready to do something or to let someone do something

I don't mind doing the washing up. I don't mind if you borrow my book.

n

nation (n) all the people who live in a country or a part of the world

The Welsh nation are great singers.

native (adj) belonging to a place

The native people of Peru are called Indians.

neighbour (n) a person who lives next to you or near you

Mum does the shopping for our neighbour because she is ill.

p

paddle (v) to move a canoe through the water using a piece of wood

Once you learn to paddle, canoeing is fun!

part (n) a character in a play

I want to be Odysseus. Which part do you want to play?

peace (n) a time when there is no war or fighting

Most people want to live in peace.

S

sadness (n) the feeling of being sad

There was sadness in the castle when the old king died.

spread (v) to tell a lot of people

The mayor spread his ideas about the new city museum.

stranger (n) someone you do not know

The stranger who spoke to my uncle asked where the station was.

t

tribe (n) a large group of people who live near together and have the same language and traditions

Some tribes in South America live in the rainforest.

truth (n) what is true

You must always tell the truth.

to tell the truth in fact, really I don't like cheese - to tell the truth, I hate it!

U

ugliness (n) being ugly

The ugliness of the giant made all the children run away.

W

warrior (n) fighter

The chief went to war with a hundred of his best warriors.

weapons (n) things to fight or do harm with

In the past, a soldier's weapons were a sword and a spear.

wisely (adv) in a wise way

Ben acted wisely when he stayed at home to finish his project.

Unit 9

a

ambulance (n) a vehicle for taking sick or injured people to hospital

This man has broken his leg so we must phone for an ambulance.

C

cleanliness (n) being clean

Cleanliness is very important when somebody is ill or hurt.

d

disgrace (n) something bad, not pleasing

This untidy classroom is a disgracel

in disgrace thought by other people to be very bad

Ben was in disgrace because he stole some money.

disposable (adj) can be thrown away

Disposable plastic gloves are not expensive so doctors use them once only.

divide (v) to separate into two or more parts

Mum divided the cake into eight pieces.

drain (n) the pipes that take dirty water away from buildings and into the around

Drains sometimes smell terrible so they must be cleaned often.

9

European (adj) of or from Europe

French and English are European languages.

f

factual (adj) true

This is a factual report of the battle.

fresh (adj) newly cleaned, made or picked
When Auntie Sue was ill Mum put fresh
sheets on her bed and bought some fresh
fruit and fresh orange juice.

h

health (n) being well or not

Our neighbour has bad health and the doctor often visits him.

healthy (adj) in good health

Sam is a healthy boy because he eats good food and sleeps well.

į

illness (n) being ill

Because of Grandma's illness, we didn't go on holiday.

instructions (n) things you must do to make or do something

Anna read the instructions for making the doll before she started.

instruments (n) small tools used by doctors

The nurse put the tray of clean instruments on the table.

m

medicine (n) the study of illness and treatment

My cousin is a student of medicine at the university.

microscope (n) an instrument that makes objects look larger so they can be studied closely

Doctors can see germs when they look at them through a microscope.

Middle East land between the Mediterranean Sea and Asia



0

obvious (adj) clear, certain

Anna had spots on her face so her illness was obvious.

operation (n) the act of opening a patient's body to treat disease or damage

Nina broke her arm and the doctor did an operation to repair the bones.

p

pain (n) the feeling of being hurt

Nina had a lot of pain when she broke her arm.

Persian (adj) from Persia, a country in the Middle East, now Iran

Persian carpets are very valuable.

pharaoh (n) an ancient king of Egypt

The pharaoh travelled in a special boat.

properly (adv) well, in a good way

Don't hurry your homework and please do it
properly.

S

sheet (n) (1) a large piece of cloth that is put on a bed

Mum washes all the sheets every week.

(2) a large piece of paper for writing or drawing on

Use a clean sheet when you copy out your story.

surgeon (n) a doctor who does operations

Nowadays, surgeons have tiny cameras to help them look inside a body.

t

touch (v) the act of touching

The baby woke when he felt his mother's touch.

treat (v) to try to make better

The doctor treated 20 patients today.

treatment (n) caring for, making better

The best treatment for a cut is to keep it clean.

W

ward (n) the room in a hospital where patients are looked after

There are usually several beds in a ward.

wrong (adj) not right

When Harry heard the explosion, he knew something was wrong.

go wrong (v) happen in a bad way Nobody knew their words for the play and everything else went wrong, too.

Unit 1

a.

anxious (adj) worried

Try not to be anxious about the exam.

b

bark (n) the outside of a tree

Some trees have smooth bark and some have rough bark.

blood (n) the red liquid inside your body

Sam realised he had cut himself when he saw blood on his knee.

bone (n) the hard parts inside the body of a person or animal

You can feel your bones under your skin.

bud (n) a tightly closed flower before it opens

When the sun shines, the buds begin to open.

C

calm (v) to make someone or something still and quiet

The nurse calmed the old lady by talking to her kindly.

clearing (n) a small open space between trees in a forest

Crass grew in the clearing where the sunlight fell.

crack (v) to have a tiny gap

The plate cracked when Sam dropped it but it didn't break.

crack open (v) to crack and then open up

The egg cracked open and the chick appeared.

cure (v) to make better

The tablet Mum gave me cured my headache.

d

daylight (n) the natural light we have during the day

It is more fun to travel in daylight because you can see everything on the way.

f

fed up (adj) bored and a bit cross

The children were fed up because it rained for two days.

fever (n) an illness when the body becomes too hot

When someone has a fever, you must cool the body.

forever (adv) for all time

Sam told his grandma he would love her forever.

h

hate (v) to dislike someone or something very much

Sam hates eggs and he never eats them.

life (n) the time when someone or something is alive

Doctors spend their lives helping people.

life cycle (n) the way in which a plant or animal grows and makes a new plant or animal before it dies

We learned about the life cycle of a frog in science.

light (v) to make alight

We must light the candles because there is no electricity.

m

Madagascar (n) a large island near the coast of Africa



n

normally (adv) usually

We normally start school at 8 a.m.

p

painkiller (n) a medicine that takes pain away

Nina was given a painkiller after her operation.

passage (n) a long narrow room in a building that joins one part to another

In Grandma's house there is a short passage from the sitting room to the kitchen.

petals (n) the coloured parts of a flower The petals of this rose are pink.

process (n) how something begins, changes and ends

The children studied the process of a tadpole becoming a frog.

r

raft (n) a flat boat sometimes made from wood fixed together

The sailors made a raft from pieces of the sinking ship.

recently (adv) not long ago

We moved to this town recently so we don't know anyone.

root (n) the part of a plant or tree that grows under the ground

The roots of a plant keep it fixed into the ground.

S

secret passage (n) a passage that most people do not know about

There are often secret passages in old buildings.

serious (adj) very bad

There was a serious accident yesterday when two cars hit each other.

shoot (n) the first green part of a new plant that shows above the ground When you see the first shoot, you know the

plant will grow.

Sore (adj) a little painful

Dad's finger was sore after he hit it with a hammer.

stem (n) the long, straight part of a plant Leaves sometimes grow on the stem.

t

tablet (n) a small, round white block that contains medicine

Sam had to take lots of tablets when he had a fever.

throat (n) the inside part of your neck that takes air and food

If you have a cold, sometimes your throat feels sore.

torch (n) a light that works with a battery and can be easily carried

Sam turned on the torch and the light shone into the cave.

trunk (n) the main stem of a tree

Ben climbed the trunk of the old tree and sat on the branches.

u

unfold (v) to open up from being folded

The petals of the flower unfolded in the sunshine.

Unit 🛈

b

BMX biker (n) a biker who rides a BMX bike

BMX bikers ride along rough, muddy paths.

BMX biking (n) the sport of riding a BMX bike

BMX biking often happens on hills.

C.

canoeing (n) the sport or hobby of paddling a canoe

We went canoeing on the river last summer.

chart (n) information shown in a table with lines and squares

This chart shows how tall and how old the children are.

compete (v) to try to win against another person or people

Sam competed in the running race.

competition (n) an event when individuals or teams compete to find the winner

Sports competitions are usually very exciting.

competitor (n) a person who competes

All the competitors were numbers on their backs.

control (v) to work or use something so that you have power over it

The storm was so strong that the captain could not control the ship and it hit the rocks.

A

downhill (adv) in a direction going down the hill

It's easier to cycle downhill than uphill.

0

elbow (n) the part of your arm that bends

Please don't sit with your elbows on the table.

elbow pad (n) a piece of thick material that is worn on the elbow to protect it

Ben put on his elbow pads before he went skateboarding.

equipment (n) things you need to do an activity

Some sports equipment is expensive.

extreme (adj) much more than usual

The competition has been cancelled because of the extreme weather.

f

fool (n) a very silly person

A person who drives too fast is a fool.

freestyle (adj) when any way of doing things is allowed

The competition was freestyle and the skier jumped backwards off the rock.

g

goggles (n) thick glasses which fit over the face and eyes to protect them



Divers sometimes wear goggles underwater.

h

height (n) how high something is

The height of the tree is 10 metres.

î.

in-line skates (n) skates with wheels in a line

You can use in-line skates on the ground and on steps.

in-line skating (v) the sport of skating on in-line skates

You can do in-line skating in the street or in a special skate park.

K

kite (n) an object made of wood and cloth or paper, that can fly in the sky on the end of a string

A windy day is good for flying a kite.

kite surfer (n) a person who travels across the sea on a board that is tied to a very large kite

Kite sur fers jump high when they cross the waves.

kite surfing (v) the sport of kite surfing

It's fun watching kite surfing on a windy day.

knee (n) the part of your leg that bends

Anna hurt her knee when she was playing basketball.

knee pad (n) a thick piece of material that can be worn over the knee to protect it

Sam fell off his skateboard but he didn't hurt his knees because he was wearing knee pads.

life jacket (n) a jacket with air inside it that is worn round the body to help a person to float in water

Always wear a life jacket when you do water sports.

m

marathon (n) a running race that is 42 km long

You must have a lot of energy to run a marathon.

mountain biker (n) a person who rides a mountain bike up and down hills

Mountain bikers use special, heavy bikes.

mountain biking (v) the sport of riding a mountain bike

Mountain biking is hard because the hills are sometimes steep.

0

Olympic (adj) of or from the Olympic Games

Olympic competitors are proud to represent their countries.

p

pole (n) a long, thin, round, straight piece of wood

At the zoo we saw a monkey climb a pole.

protective (adj) able to keep safe

Firemen wear protective clothing because of the heat of a fire.

puzzle (n) a game or activity that makes you think hard

Can you do this crossword puzzle?

r

ramp (n) a slope that has been constructed

Dad drove the car up the ramp and onto the ship.

rough (adj) not smooth or flat

The sea was rough and there were lots of big waves.

S

skateboard (n) a board with wheels for standing and moving on

A skateboard can go up and down ramps easily.

skateboarder (n) a person who skateboards

Skateboarders go fast up the ramp and jump high in the air.

skateboarding (v) the sport of skateboarding

Lots of young people enjoy skateboarding.

skis (n) the long, flat pieces of wood that are worn on the feet for skiing

Skis are fixed onto short, strong boots.

slalom (n) a race where competitors follow a course that goes around poles in the ground

Sometimes the competitors in a slalom race go the wrong way round a pole and they lose points.

snowboarder (n) a person who competes on a snowboard

It's amazing to watch snowboarders when they turn upside-down!

snowboarding (v) the sport of using a snowboard

When Ben went snowboarding, he fell off into the snow a lot.

spectator (n) a person who watches an outdoor sport or display

The spectators applauded the winner of the race.

speed (n, v) (1) (n) how fast something goes

The speed of the car made everyone gasp.

(2) (v) to go very fast

The boat was speeding through the waves.

steep (adj) sloping upwards sharply

The hill was steep and it took us ages to get to the top.

steeply (adv) in a steep way

The mountains rose steeply above the valley.

take place (v) to happen

The competition took place in the mountains.

tie (v) to use string or rope to keep two things together

The farmer tied his horse to the gate.

twist (v) to turn suddenly

Sam heard a noise behind him and he twisted round but no one was there.

W

wake (n) the waves made by a boat or ship travelling through water

> The sea birds swam up and down on the ship's wake.

wakeboarder (n) a person who uses a wakeboard to travel through waves

Wakeboarders get very wet!

wakeboarding (n) the sport of using a wakeboard

Wakeboarding is fun when the water is rough.

whizz (v) to go very fast

The cars whizzed along the road.

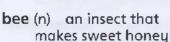
Unit 😢

astonished (adj) very surprised

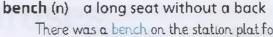
Sam was astonished when he won the class prize.

beam (n) a long line of light

> The beam of the torch showed the old mill clearly.



Bees fly from one flower to another.



There was a bench on the station platform.

burst (v) to open or explode suddenly

It was so warm that the buds on the trees began to burst.

champion (n) the winner of many important races or competitions

> My uncle was the champion chess player in our town.

chat (v) to talk in a friendly way with

Grandad chatted to the man who was selling melons.

cheer (v) to shout to encourage someone or because they have done well

> Everyone cheered when Sam ran across the finishing line first.

cheerio (n) a friendly way of saying goodbye

> After the match Dad said cheerio to Uncle Fred and we came home.

chequered (adj) with a black and white square pattern on

> The chequered flag tells drivers when they have finished the race.

commentator (n) a person who describes to other people what is happening in an event, usually on radio or television

The commentator talked excitedly when the goal was scored.

d

desperate (adj) needing something very

These people are desperate for food.

dim (adj) not bright

When the sun goes down the light gets dim.

expect (v) to think something is going to happen in a particular way

> Sam expected the exam to be easy but it wasn't.

f

fascination (n) a lot of interest

Anna has a fascination for insects but animals bore her.

g

gasp (v) to take air in through the mouth quickly with a small sound because of surprise, fear or amazement

Nina gasped when she won the school prize.

glare (v) to look crossly at

The teacher glared at the boy who laughed.

grandstand (n) a structure with seats in rows for watching sports events

We watched the football match from the back of the grandstand.

groan (v) to make a sound as if in pain

Sam groaned when the teacher told him his
marks.

h

hesitate (v) to stop and think for a moment before doing something

Anna hesitated before she spoke but she got the answer right.

hug (v) to hold someone in your arms
We all hugged Crandma on her birthday.

m

miss (v) to fail to take part in something or to be at an event

Sam missed the football game because he had to do his homework.

0

over (adv) at the end

When the play was over, everyone clapped and cheered.

r

run (v) to work

The car engine was running so I didn't hear what Dad said.

S

shade (n) the area where light from the sun is blocked by an object

We had our drinks in the shade under the tree.

shuffle (v) to move around a little

Please sit still and stop shuffling your feet.

suppose (v) to think or believe something

Anna supposed that she would fail the test
but she didn't.

surge (v) to go forwards powerfully and quickly

The children surged through the school gate when lessons ended.

t

turn away (v) to turn your back towards someone or something

Sam asked Anna what the matter was but she just turned away.

turn back (v) to turn round and face the opposite direction

Dad walked along the road then he turned back and waved goodbye to us.



ш

upstairs (adv) up the stairs to the next level

Please go upstairs and fetch Grandma's bag.

V

viewing box (n) a place where you can go to watch an event

Usually there are comfortable seats in a viewing box.

Conversational phrases

- All right "Can I have one of your sweets?"
 "All right. Here you are."
- Anyway "I'm too busy to go to the mall.

 Anyway, | haven't got any money."
- Congratulations! "I've passed my exam."
 "That's wonderful! Congratulations!"
- **Definitely!** "Is your team going to win?" "Definitely!"
- **Definitely not!** "You're not going to miss the party, are you?" "Definitely not!"
- **Don't be silly!** "My hair is horrible." "Don't be silly! You've got lovely hair."
- **Exactly!** "This film's boring." "Exactly! I agree with you."
- **Excuse me** "Excuse me! Can I speak to you for a moment?"
- Go away! "Go away! I'm trying to work."
- **Go on** "I've got a secret. I can't tell you."
 "Oh, go on. Please tell me."
- Good idea! "Let's play basketball." "Yes! Good idea!"
- **Guess what!** "Guess what! I've won first prize in a competition!"
- Hey! "Hey! Look at this!"
- How about ...? "I like sports. How about you?"
- Hurry up! "Hurry up! We're going to be late."
- I bet "Look at that fantastic car! I bet it goes really fast."
- I get it! "Grapes, oranges, bananas ... I get it! You're making a fruit salad."
- I'm afraid "Would you like some chicken?" "I don't like chicken, I'm afraid."
- **In my opinion** "In my opinion science is fascinating."
- **Leave** ... **alone** "I don't want to speak to you. Leave me alone."
- like the look of "I don't like the look of those black clouds. It's going to rain."
- Lucky ...! "Wendy's on holiday." "Lucky Wendy!""I'm going to the beach." "Lucky you!"
- **Never mind!** "I've broken your ruler." "Never mind! I've got another one."
- Nonsense! "Stamp collecting is boring."

- "Nonsense! It's fascinating!"
- Not at all "Thanks for your help." "Not at all."
- of course "Do you like holidays?" "Yes, of course."
- Oh dear "I feel ill." "Oh dear ... Shall I phone the doctor?"
- Okay/OK "Do you want a sandwich?" "Okay. Thanks."
- Poor ... "John's broken his leg." "Poor John!" "I've got an exam tomorrow." "Poor you!"
- **Really?** "I'm going to Australia." "Really? That's wonderful!"
- **Right** "I'm busy tomorrow." "Right. I'll see you on Saturday then."
- 50 "So, John, you were born in Australia."
- **Sorry?** "Sorry? What did you say? I don't understand."
- That's rubbish! "My team's the best."
 "That's rubbish! Your team's the
 worst."
- **To my mind** "To my mind football is the best sport of all."
- To tell the truth "To tell the truth I don't really like ice cream."
- Well "What are your hobbies?" "Well, | like sports."
- What about ...? "I passed my English exam." "What about science?"
- What else ...? "I bought some CDs."
 "What else did you buy?"
- What nonsense! "I'm too ill to go to school." "What nonsense! You're not ill."
- What now? "You've complained about the weather and the food. What now?"
- What's the matter? "You look worried.
 What's the matter? Tell me."
- Would you mind ...? "It's noisy in here.
 Would you mind closing the door?"
- **Wow!** "Look at this photo!" "Wow! It's fantastic!"
- You're joking! "There's a tiger on the roof." "You're joking! I don't believe you."

Irregular verbs

be	was	been
become	became	become
begin	began	begun
bet	bet	bet
blow	blew	blown
break	broke	broken
bring	brought	brought
build	built	built
burn	burnt *	burnt*
burst	burst	burst
buy	bought	bought
catch	caught	caught
choose	chose	chosen
come	came	come
cost	cost	cost
cut	cut	cut
dig	dug	dug
do	did	done
draw	drew	drawn
dream	dreamt*	dreamt*
drink	drank	drunk
drive	drove	driven
eat	ate	eaten
fall	fell	fallen
feed	fed	fed
feel	felt	felt
fight	fought	fought
find	found	found
fly	flew	flown
forget	forgot	forgotten
freeze	froze	frozen
give	gave	given
get	got	got
go	went	gone
grow	grew	grown

hang	hung	hung
have	had	had
hear	heard	heard
hide	hid	hidden
hold	held	held
hurt	hurt	hurt
keep	kept	kept
kneel	knelt*	knelt*
know	knew	known
lay	laid	laid
lead	led	led
lean	leant*	leant*
leap	leapt*	leapt*
learn	learnt*	learnt*
leave	left	left
lend	lent	lent
let	let	let
lie	lay	lain
light	lit	lit
lose	lost	lost
make	made	made
mean	meant	meant
meet	met	met
pay	paid	paid
put	put	put
read	read	read
ride	rode	ridden
ring	rang	rung
rise	rose	risen
run	ran	run
say	said	said
see	saw	seen
sell	sold	sold
send	sent	sent
set	set	set
500		100000

Verbs marked * also have regular forms:

burn, burned, burned; dream, dreamed, dreamed; learn, learn, learned, etc.

shake	shook	shaken
shine	shone	shone
shoot	shot	shot
show	showed	shown*
shut	shut	shut
sing	sang	sung
sink	sank	sunk
sit	sat	sat
sleep	slept	slept
slide	slid	slid
smell	smelt*	smelt*
speak	spoke	spoken
speed	sped	sped
spend	spent	spent
spin	spun	spun
spread	spread	spread
stand	stood	stood
steal	stole	stolen
stick	stuck	stuck
swim	swam	swum
swing	swung	swung
take	took	taken
teach	taught	taught
tear	tore	torn
tell	told	told
think	thought	thought
throw	threw	thrown
understand	understood	understood
wake	woke	woken
wear	wore	worn
weave	wove	woven
win	won	won
write	wrote	written

Present simple

I go to school by bus.

Grandma makes lovely cakes.

Present continuous

The lion is sleeping.

The children are learning French.

Present perfect

A tree has fallen across the road. The children have eaten all the cakes.

Present perfect continuous

It has been raining for hours.

The boys have been playing football since ten o'clock.

Present simple passive

Fruit and vegetables are sold at the market. English is taught by Mrs Thomas.

Present perfect passive

The window has been broken.
The diamonds have been stolen.

Past simple

My uncle went to America last year. Yesterday Joe forgot to do his homework.

Past continuous

Sue was <mark>speaking</mark> to her friend. The sun was shining.

Past perfect

After the children had eaten their dinner, they watched TV.

Lucy lost the necklace which her grandmother had given her.

Past simple passive

I was woken by a loud noise.

The photos were taken by Lucy's father.

Future

I will write the letter tomorrow.

The train will leave at six a'clock.

First conditional

If he runs to the station, he will catch the train.

You will meet my cousins if you come to my party.

Second conditional

If I went to France, I would learn French.
You would feel better if you ate something.

Unit (

active (adj) (1) always ready and able to do things

Tom is an active boy and he swims every day.

(2) ready and working

This active volcano often has smoke coming from the top.



bet (v) to believe that something will happen

> "I bet I can run faster than you, said Harry.

"I bet you can't," replied Peter.



bet you can't.

bubble (v) to make bubbles

The hot soup bubbled in the pan.

crater (n) (1) the opening at the top of a volcano

The sides of a crater are often steep.

(2) the bowl-shaped hole in the ground made by an explosion

The firework went off and left a small crater in the ground.

dangerous (adj) likely to harm or hurt Lions are dangerous wild animals.

diary (n) a book in which a person writes what they have done each day We can learn a lot of history from old diaries.

dragon (n) an imaginary creature that can flu and breathes fire

People used to believe that dragons were real animals.



erupt (v) to throw hot rocks and dust high into the air

> Sometimes a volcano erupts with a massive explosion.

eruption (n) the event when a volcano erupts

> The eruption of the volcano killed thousands of people.

expert (n) a person who knows a lot about something

My uncle is an expert in engineering.

feed (v) (1) to give food

Mothers feed tiny babies with milk.

(2) to put more into something to keep it full

You must feed more paper into the printer because it is nearly empty.

(3) to eat

Elephants feed on grass and branches.

fountain (n) a structure that shoots water into the air

> The fountain in the park is in the middle of a pool.



furious (adj) very, very angry

My brother broke a window and Dad was

geologist (n) a person who studies the earth and its rocks

> Geologists study rocks to find out how old they are.

geuser (n) a hot spring that sometimes throws up water

Some geysers throw water five metres in the

glacier (n) a river of ice that is found in some mountains

> You can walk across a glacier but you must be careful.

