

Topic : Enviroment

Part 1 : Opinion

Write your answer below. Use full sentences

What do you think of bad weathers, and why?

Write at least two sentences below

Part 2 : Plan

Write your answer below

Write a plan for your essay below. Please note – this question asks for a plan, not a full essay. You will write the full essay in the next question.

Nowadays, people are leading a stressful and anxious lifestyle.

Include information about:

- How weather conditions can affect people's emotions and activities.
- The potential dangers and disruptions caused by severe weather.
- Ways to stay safe and prepared for different weather conditions.

Plan

Handwriting practice area with 20 sets of horizontal dashed lines for tracing.

Part 3 : Essay

Write your answer below

Write in full sentences

Nowadays, people are leading a stressful and anxious lifestyle.

Include information about:

- How weather conditions can affect people's emotions and activities.
- The potential dangers and disruptions caused by severe weather.
- Ways to stay safe and prepared for different weather conditions.

Write at least 200 words in paragraphs

[illegible]

Topic : Feelings and emotions **Part 1 : Opinion**

Write your answer below. Use full sentences

What do you think of a stressful and anxious lifestyle of some people, and why?

Write at least two sentences below

Part 2 : Plan

Write your answer below

Write a plan for your essay below. Please note – this question asks for a plan, not a full essay. You will write the full essay in the next question.

Nowadays, people are leading a stressful and anxious lifestyle.

Include information about:

- Why people feel anxious and stressful.
- What are the bad health and social effects of anxiety and stress.
- How we can avoid stress and anxiety in our daily lives.

This image shows a full page of primary-ruled paper. It features multiple sets of horizontal dashed lines spaced evenly down the page, providing a guide for handwriting practice. The lines are thin and black, set against a plain white background. There are no margins, text, or other markings on the page.

Part 3 : Essay

Write your answer below

Write in full sentences

Nowadays, people are leading a stressful and anxious lifestyle.

Include information about:

- Why people feel anxious and stressful.
- What are the bad health and social effects of anxiety and stress.
- How we can avoid stress and anxiety in our daily lives.

Write at least 200 words in paragraphs

This image shows a full page of primary-ruled paper. It features multiple sets of horizontal dashed lines, each set consisting of three lines (top solid, middle dashed, bottom solid). The entire page is enclosed within a thin black rectangular border. There are no margins, text, or other markings on the page.

Name: _____

Topic : Health and fitness Part 1 : Opinion

Write your answer below. Use full sentences

What do you think of a healthy lifestyle, and why?

Write at least two sentences below

Part 2 : Plan

Write your answer below

Write a plan for your essay below. Please note – this question asks for a plan, not a full essay. You will write the full essay in the next question.

A healthy lifestyle

Include information about:

- What it means to stay healthy and fit
- The benefits of maintaining good health and fitness
- How adopting a healthy lifestyle positively impacts personal well-being and community health.

[illegible]

Part 3 : Essay

Write your answer below

Write in full sentences

A healthy lifestyle

Include information about:

- What it means to stay healthy and fit
- The benefits of maintaining good health and fitness
- How adopting a healthy lifestyle positively impacts personal well-being and community health.

Write at least 200 words in paragraphs

[illegible]

Handwriting practice area with 20 sets of three horizontal lines (top solid, middle dashed, bottom solid).

Task completion /5	Structure/5	Grammar/5	Vocabulary/5	Spelling and Punctuation/5	Total /25