

ENGLISH

School

Name

Class

التدريبات لا تغني عن الكتاب المدرسي

Word list

care about	مهتم ب	environment	البيئة
horrible	مرعب - فظيع	energy	الطاقة
recycle	يعيد تدوير	refuse	يرفض
throw	يرمي	plant	يزرع
rubbish	القمامة	pollution	التلوث
lifeguard	منقذ	Public transport	المواصلات العامة
cashier	كاشير - موظف حسابات	save	ينقذ - يوفر
factory worker	عامل بمصنع	take part in	يشترك
babysitter	جليسة اطفال	volunteer	متطوع
Local food	طعام محلي	adventure	مغامرة
Vet	طبيب بيطري	invitation	دعوة
office worker	موظف	street	شارع
lifeguard	منقذ	free	متفرغ
design	يصمم	once	مرة واحدة
Pick up	يلتقط	twice	مرتين
means of transport	وسائل المواصلات	fix	يصلح
Safari trip	رحلة سفاري	Safari trip	رحلة سفاري
plant	يزرع	great idea	فكرة عظيمة
escape	يهرب	available	متاح
empty	فارغ	normal	عادي

Language Function

Expressing Opinions:

1-Ahmed: What's your opinion of my new car?

Khalid :

- A. Yes, let's do that.
- B. I like doing karate.
- C. I think it's very expensive.
- D. You can get a haircut here.

2- Ahmed: Hi Osama! What do you think will happen if we use more cars?

Osama :.....

- A-It will rain.
- B- It will be sunny.
- C-I think we won't have clean air.
- D- I think we won't have water to drink.

3- Asem: What will happen if we cut more trees?

Anas:.....

- A-It will rain.
- B- It will be sunny.
- C-It will be windy.
- D- It will be no wood to use.

Future Plans

4- Ahmed : What are you going to do at the weekend?

Khalid :

A-I'm polite.

B-I'm a lifeguard.

C-I'm 12 years old.

D-I'm planning to visit a friend.

5- Amr : What are your plans for tomorrow?

Sultan :

A-I'm polite.

B-I'm a lifeguard.

C-I'm 12 years old.

D-I'm going to stay at home.

6-Amr: Do you have any plans for tonight, if you are free I can come over?

Bassam:, I'm waiting for you.

A-Great idea!

B—Sorry, I can't.

C-Sorry, I'm busy.

D-May be other time.

-Present Perfect & Present Simple:

7-Ahmed : How often do you play tennis?

Khalid :

A-Yesterday.

B-last week

C. For 2015.

D-Once a week.

8-Taha: Have you ever visited New York?

Mohamed:.....

A. I don't like water sports.

B. My favorite food is pasta.

C. I stayed at a holiday resort.

D- No, I have never been there.

9-Salem: How long have you lived in Doha, Sayed?

Sayed:.....

A- I have never been to Paris.

B-I have lived here for ten years.

C-I have travelled to London twice.

D- I have studied English for five years.

Reading (1)

Directions:

Read the following passage and answer the questions that follow.

Keeping Fit and Healthy

When you are fit, you are healthier, you can study better and do daily tasks better. It doesn't have to be difficult to keep fit. Eating healthy food, having enough sleep and doing daily exercise help you to keep fit. Walking is easy and doesn't need any special equipment. Even playing a friendly game of football helps you to keep fit. Try to take the stairs rather than the lift, too. Of course, it is easier to sit down in front of the TV or computer, but it isn't necessarily healthy! A study published in a medical journal found out that students who play a lot of computer games get pains in their hands, arms, back and neck. So, don't sit down and start doing some exercise.



There are three main types of exercise _____ aerobics, resistance and stretching. Aerobic exercise is when you make your heart and lungs work hard. Examples of this are swimming and roller skating. Resistance training, such as press-ups and weight-lifting, is for building up your muscles. Stretching activities, such as yoga, make you more flexible. It is very important and necessary for athletes to have an exercise which contains all three types of exercise. Try to keep a diary and aim to train two or three

times a week. Athletes think that a good exercise session has a warm up of 5-10 minutes to avoid injury. This could be walking or jogging. Exercises such as press-ups help to build up your muscles. Include aerobic exercises, such as cycling and basketball. Finally, stretching exercises, such as yoga are good for cooling down.

1. What is the second paragraph MAINLY about?

- A. healthy food
- B. computer games
- C. types of exercise
- D. building up muscles

2. Which of the following punctuation marks best fits the gap in paragraph two?

- A. .
- B. :
- C. !
- D. ?

3. What does the underlined word “difficult” mean?

- A. easy
- B. hard
- C. friendly
- D. necessary

4. What helps you keep fit and healthy?

5. Why is it important to warm up before exercising?

6. What should you do if you want to have strong muscles?

Directions:

Read the following passage and answer the questions that follow.

1 Recycling means to separate, collect, reproduce, or convert used or waste products into new materials. It goes through many steps. It also helps in extending the life of something that has been used once. The process of recycling is not only important for humans but also for our planet itself.

How does recycling happen?

2 Recycling takes place in three stages. First, materials are collected and sorted into different types such as paper, metal, glass, or plastic. Next, sorted materials are reproduced to make new things from the same type. Finally, the new produced materials are sent to the markets to be used again by consumers. When they finish using those materials, the process will start again.

3 There are many benefits for using recycling: First, it helps in saving our environment, for example, recycling paper reduces the process of cutting down trees. Second, it saves energy because it takes less energy to reproduce recycled materials than to produce new ones. As a result, the amount of pollution will be reduced. Finally, recycling helps in saving money that means recycled products are less expensive than those made from fresh materials.

4 As the population of the world increases recycling is becoming increasingly more important. More factories are being built and more products are **available**, therefore there should be clear governmental as well as individual plans to concentrate on reproducing things and reducing the amount of pollution everywhere.

1. According to the text, what is the first stage in recycling?

- A. saving materials
- B. producing new materials
- C. selling produced materials
- D. collecting and separating materials

2. What does the underlined word “available ”, in paragraph 4 mean?

- A. buy
- B. make
- C. throw
- D. easy to get

3. Which paragraph talks about the advantages of recycling?

- A. 1
- B. 2
- C. 3
- D. 4

4. What are the benefits of recycling?

- A. it helps in saving our cars
- B. it helps in saving our trucks
- C. it helps in saving our planes
- D. it helps in saving our environment

5. What is the importance of recycling to trees?

.....

6. According to the text, why should governments and individuals have clear plans?

.....

Vocabulary ✓

Choose the correct answer from a , b,c or d:

1. Someone took my sandwich from the lunch box ,it's

- a) device
- b) recycled
- c) empty
- d) save

2. All people mustold things to keep our environment clean.

- a) recycle
- b) pollution
- c) plant
- d) throw

3. We should more flowers to decorate the garden.

- a) plant
- b) throw
- c) remove
- d) cut

4. Students mustrubbish in bins to keep healthy.

- a) throw
- b) smash
- c) crash
- d) plant

5. The sky isit's going to rain.

- a) smoky
- b) icy
- c) cloudy
- d) sunny

6. In the future we will drivecars.

- a) sleeping
- b) flying
- c) eating
- d) normal

7. We shouldrubbish form the street to keep it clean.

- a) Pick in
- b) Pick on
- c) Pick up
- d) Pick down

8. A\Anlooks after my baby brother.

- a) mechanic
- b) reporter
- c) babysitter
- d) factory worker

9. My computer isn't working so, I want toit.

- a) fix
- b) contact
- c) realize
- d) throw

10.A lifeguard helps topeople.

- a) throw
- b) smash
- c) save
- c) kill

11.My father has been working as a factorysince April.

- a) reporter
- b) worker
- c) teacher
- d) receptionist

12.Last summer we went to a summerwith our school.

- a) zoo
- b) camp
- c) park
- d) museum

13- I don't have my own car, so I always use the public

- a) lights
- b) wood
- c) transport
- d) amusement park

14-If your car has broken down, you should go to the mechanic to..... it

- a) fix
- b) throw
- c) recycle
- d)damage

15-To keep our environment clean, we shouldn't throw rubbish in the.....

- a) bins
- b) trash
- c) rubbish
- d) streets

16-You should _____ the lights before you go.

- A. put off
- B. get off
- C. turn off
- D. cut off

17-Khaled wants to become a volunteer to help protecting the _____ .

- A. waste
- B. recycle
- C. pressure
- D. environment

18-You should _____ the lights before you go.

- A. put off
- B. get off
- C. turn off
- D. cut off

19-I prefer packing my _____ before heading to the airport.

- A. money
- B. suitcase
- C. wardrobe
- D. room

20-I phoned the _____ to change the room in the hotel.

- A. mechanic
- B. souvenir
- C. volunteer
- D. receptionist

A. Fill in the spaces with words from the list.

{ volunteer - available - empty - local - transport -save }

1. Somebody ate all the chocolates. The box is.....
2. My brother uses public..... to go to work.
3. The new computer game will be..... in shops next month.
4. If you are coming to Egypt, you must try..... food.
5. I want to become a(n)..... to help protecting the environment.

B. Fill in the spaces with words from the list.

(vet – worried – lights - resort – babysitter – safari)

The is someone who looks after sick animals.

1. I enjoyed seeing the wild animals during the trip in Africa.
2. We stayed at a nice holidaylast summer holiday.
3. Sara needs a\anto take care of her new baby.
4. To save energy we must turn off the if you are leaving your room.
5. Khalid isabout her next exams so she can't sleep well

Grammar

✓ Choose the correct answer:

Future (going to -will)

1. Dad, you drive me to Maggie's house?

A. do

B. did

C. will

C. are

2. Hamad going to visit uncle tomorrow.

A. am

B. is

C. are

D. was

3. Ali is very tired, he to sleep.

A. am

B. are

C. will

D. is going

4- I think my teamthe match tonight.

A. won

B. wins

C. will win

D. is going to win

5- Look at that kid! He hurt himself.

A. is going to

B. was going

C. are going t

(May- Might -Could)

6-Omar be at the park, but I'm not sure.

- A. may
- B. will
- C. would
- D. should

7- It rain tomorrow, but I'm not sure.

- A- may
- B-will
- C-would
- D-should

8- Hesham mayn't to school tomorrow.

- A- came
- B- come
- C- coming
- D-has come

(If : First Conditional)

9-If you don't sleep early, you tired.

- A. are
- B. was
- C. will be
- D. could be

10-If hehard, he will get the full marks.

A-study

B- studies

C- studied

D-studying

11-If Omar arrives late, he the bus.

A-catch

B- catches

C-has caught

D-won't catch

Present Perfect & Past Simple

12-I have lived in Doha2008.

A. ago

B. for

C-since

D-last

13-Have you evera snake?

A. see

B. saw

C. seed

D. seen

14-Ahmed travelled to London twice so far.

A. was

B. were

C-has

15-My elder brother Paris last month.

A-visit

B- visited

C-visiting

D-has visited

16-I haven't seen my cousintwo months.

A-for

B-yet

C-since

D-ever

17-I haven't finished my homework.....

A-for

B-yet

C-since

D-never

18-.....you ever visited ancient places?

A-Has

B-Have

C-Hasn't

D-Haven't

19-Dad has.....to work, and now he is sleeping in his room.

A-be

B-gone

C-went

D- bee

✓ Do as shown between the brackets.

Future (going to -will)

1. The sky is cloudy. It (will) rain. (correct the mistake)

.....

2. I promise I (am going to) study hard. (Correct the mistake)

.....

3-Don't worry ,(I am going) to lend you my mobile. (correct)

.....

4-Ahmed is going to travel tomorrow. (Use: will)

.....

(May- Might -Could)

5-Abdullah may (visited) his grandfather, but he's not sure.
(correct the mistake)

.....

6-I don't think Kate knows the answer. (Use : might not)

.....

7- I think dad will arrive tomorrow. (Use: may)

.....

8-Asem may arrives tomorrow. (Correct the mistake)

.....

(If : First Conditional)

9- If it is sunny tomorrow , I (Complete)

10-If we go to the amusement park, we (have) fun.

(Correct the mistake)

.....

11-Ahmed will take part in the race .In that case he will win.

(Join using : If)

.....

Present Perfect & Past Simple

12-My father has gone to Japan for 5 years. (Use: since)

.....

13-We have (play) tennis (since) 3 hours (Correct)

.....

14-They (have gone) to the park yesterday. (correct the verb)

.....

15-They play video games every week. (use : last week)

.....

17-I haven't played tennis since last month . (use: for)

.....

18-I have lived in Doha for five years. (use: since)

.....

writing (1)

- Imagine a friend has sent you a barbecue invitation. Write an email refusing the invitation, giving a reason and suggesting something else.

“Refusing a barbecue invitation”.

Helping phrases:

- Dear.....,
- It was really nice of you to.....
- I’m sure you will have.....
- Thanks again for your.....

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Writing 2

- Imagine a friend has sent you a barbecue invitation. Write an email accepting the invitation, describe feelings and activities

“accepting a barbecue invitation”.

Helping phrases:

- Dear.....,
- It was really nice of you to.....
- I’m sure you will have.....
- Thanks again for your.....

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Writing 3

Write an email of 6-8 sentences to your friend telling him about "your new school" using correct grammar, spelling and punctuation.

- 1- greeting .
- 2- why are you writing the email?
- 3- your favorite teacher.
- 4- your favorite subject.
- 5- yours,

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