

To The **Max!**

Workbook 1



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Vocabulary

A Match each definition in A with its word in B.

A	B
1. stop or dissuade someone from doing something. ()	a. decisive
2. something someone decides to do. ()	b. determine
3. a person who has the legal right to express his opinion. ()	c. voter
4. to decide something. ()	d. discourage
5. very important in a event or decision. ()	e. resolution

B Read the passage *Surviving Seventh Grade* in the student's book. Give a word with the opposite meaning of each of the following words:

- clear = _____
- keep = _____
- avoid = _____
- cheerful = _____
- comfortable = _____

C Use the opposites in B to fill in the blanks:

- I couldn't finish all the questions from the homework. The last one was _____.
- If you _____ my advice, you'll never be sorry.
- Why do you look _____? Anything wrong?
- She really feels lonely. She _____ touch with most of her school friends.
- We didn't enjoy our stay in the summer camp. Accommodation there was _____.



D Fill in the missing parts in the columns with the right word. Some boxes may not have a word.

Noun	Verb	Adjective
	determine	
depression		
	discourage	
attendance		
		prepared

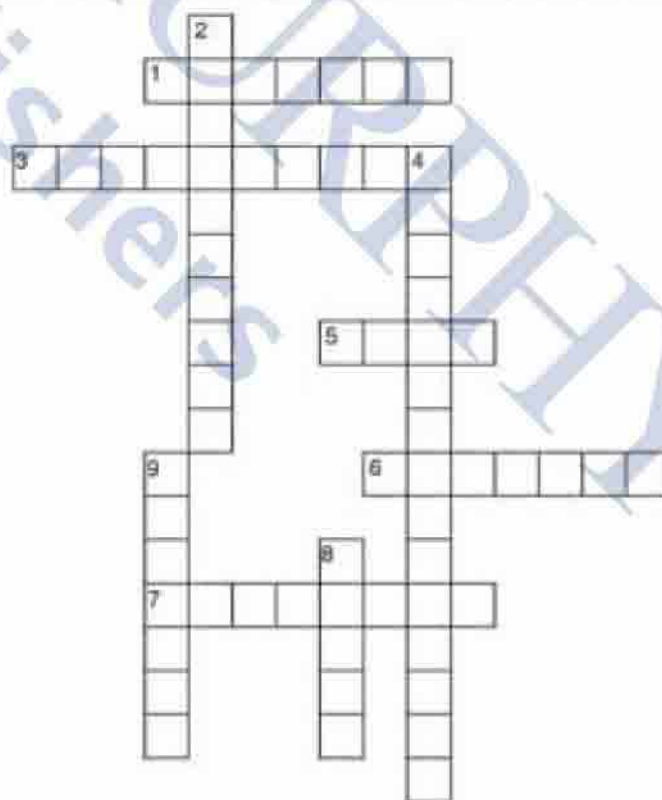
E Read the clues to fill in the crossword: *Surviving Seventh Grade*.

Across

- a title.
- stop or dissuade someone from doing something.
- to study very hard a short time before an examination.
- make yourself ready.
- to draw someone's attention away from something.

Down

- something one has resolved to do.
- not part of the normal course of study.
- to push firmly.
- the area in the passage where you study or leave your notes.



Reading

A Read the following passage, then answer the questions:

A goal is something you want to achieve. First, you have to set yourself a goal. For example, pass a test or become a doctor. Once you have decided what your goal is, write it down on a piece of paper and look at it every day. Then decide what you must do to achieve that goal: make a step-by-step list of tasks or skills to be acquired.

Some people never reach their goal because they are too pessimistic. They say, "It's too difficult, I can't do it." You have to be positive and believe in yourself and say to yourself, "Yeah, it's difficult but I'm going to work hard and I'll pass that exam or have that profession."

Most people succeed in things that they enjoy. So keep your goal in mind while you are studying or working and you will enjoy your work. Keep looking at the goal that you wrote down and think how happy you will be once you have achieved it. And most importantly, keep going till the end. Never give up.

A Give short answers to the following questions:

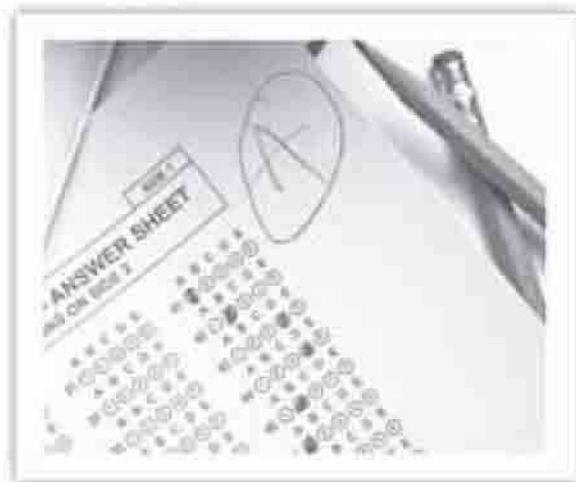
- 1 What is this passage about?

- 2 What should you do when you have written your goal on paper?

- 3 Why do some people not reach their goal?

B Choose the correct answer from a, b, c or d:

- 4 What is the opposite of pass?
a succeed b fail c lose d miss
- 5 What kind of things are most people successful at?
a Things that are easy.
b Things that are difficult.
c Things that they enjoy doing.
d Things they work hard at.



Speaking

A With your partner, work on a dialogue that talks about your school days. Start with the following:

Ben: What do you think of the first two weeks of school?

Mark: I think _____

Ben: _____

Mark: _____

Ben: _____

Mark: _____

Ben: _____



B Write down three goals you'd like to achieve this year. In a group work, discuss different ways to achieve them with your friends:

1 **Goal:** _____

Way: _____

2 _____

3 _____

C Make sentences using the words given:

1 you, self-confidence, friends

2 cannot, think, cramped

3 one, worried, pressure

4 distracted, work, waste

5 practise, activities, fun

A Choose the correct answer:

- John wrote **a/an/the** letter to his bank yesterday but he forgot to send it. This morning he found **a/an/the** letter on the kitchen table.
- A/An/The** first bus in the morning leaves at 5.30 am.
- Bern is **a/an/the** capital city of Switzerland. It's **a/an/the** small city with 133,000 inhabitants.
- My office is on **a/an/the** third floor in **a/an/the** old building.
- Julia arrived at **a/an/the** station at 7.00 and took **a/an/the** taxi to **a/an/the** city centre.
- Pat saw **a/an/the** science fiction film last night on television. **A/An/The** beginning of **a/an/the** film was fantastic but **a/an/the** end was terrible.



B Put in a, an or the where necessary:

- Would you like _____ apple?
- How often do you go to _____ dentist?
- Could you close _____ door, please?
- I'm sorry. I didn't mean to do that. It was _____ mistake.
- Excuse me, where is _____ bus station, please?
- I have _____ problem. Can you help me?
- I'm just going to _____ post office. I won't be long.
- There are no chairs, so we sat on _____ floor.

C Read the following story *The Fox with the Stunted Tail* and fill in the blanks with a suitable article.

The Fox with the Stunted Tail

_____ fox lost its tail in _____ trap and was ashamed of its loss. It seemed extremely unfair to it that it alone should lack _____ tail.

It seriously thought _____ world would be _____ much improved place if all _____ other foxes too were to have no tails. And so it tried to convince them all to cut off their tails.

_____ tail,' it said, 'is just _____ extra weight. And you could hardly call it elegant! Or pretty! 'If that is so,' replied its friends, 'then why are you so unhappy without one?'



D Rewrite the following story after correcting the mistakes. Add articles where necessary.

Last night a moon was shining brightly. Charlie's train arrived at the station and she got off. She went up to station manager and asked, "Do you know if there is Italian restaurant near here?" "Yes, it's very near. Just 200 metres on left, opposite information centre."

"Thank you," said Charlie and she walked away.



Language Essentials

A Write the words in the correct column:

wife, itch, alley, attorney, pen, rubber, gas, army, lady, person, wolf, arch, hoot, way, mouse, crash, monkey, scarf, child, tooth, jelly, cross, fish, history, mobile, sheep, book, half, elf, box, enemy

-s	-es	-ies	-ves	irregular

B Write the following sentences in the plural:

- I heard the echo of my voice in the valley.

- The little boy saw a buffalo on the hill.

- My horse "Wind" gave birth to a little pony yesterday.

- The blond girl found a beautiful deer in the forest.

- Mother made me a cake and put a candle onto it.

A Correct the spelling of these plurals:

- watchs _____
- knifes _____
- babys _____
- tomatos _____
- foots _____
- childs _____
- womans _____
- sheeps _____
- tooths _____
- monkies _____

Useful Expressions

B Fill in the missing parts:

- Would you like a _____ of cake?
- I heard a wonderful _____ of news this morning.
- When you go shopping, get a _____ of toothpaste, two _____ of milk and a _____ of matches.
- Would you prefer a _____ of lemonade or a fizzy drink?
- I received a _____ of flowers from my friends when I was sick.
- We have two _____ of sardines for sandwiches, don't worry.
- Could you give me a _____ of paper please?
- If you are on a diet, one _____ of chocolate is enough for a whole week and one _____ of sugar is enough for a day.



Writing

Write an e-mail to your friend Pat whom you haven't seen for a long time because of being busy with exams. Ask him when you can meet and discuss what you are going to do.

Lined area for writing the email on the left page.

Lined area for writing the email on the right page.



To the Max! Reporter

Explore Your Education

With your partner, go through the survey. Thinking about your school, how much does your partner agree or disagree with the following? For each statement, tick the appropriate box for their answer:

	A Strongly Disagree	B Somewhat Disagree	C Somewhat Agree	D Strongly Agree
1 Students in my school care about learning and getting a good education.				
2 I feel that I belong (am accepted and liked) at school.				
3 Most of my teachers know my name.				
4 Students are encouraged to say what they think.				
5 Students in my school care about learning and having fun at the same time.				
6 Lessons in my school are challenging.				
7 Students at my school are interested in most extra-curricular activities (not just sports).				
8 The curriculum appropriately challenges most students.				
9 The teachers are very committed to teaching.				
10 The teachers are interested in what's best for the students.				

How well do the following statements describe your partner? For each statement, tick the appropriate box for their answer:

	A Strongly Disagree	B Somewhat Disagree	C Somewhat Agree	D Strongly Agree
1 I participate regularly in lessons.				
2 I often need extra help with schoolwork.				
3 I skip lessons and/or sometimes skip school all altogether.				
4 I am always ready for a test.				
5 I study hard every day.				
6 I always use the internet for schoolwork.				
7 I usually go to the school library.				
8 I always keep in touch with my friends.				
9 I often do my fair share at home.				
10 I make the best use of my free time.				

Exchange information with your partner and compare your answers. Show the differences to your teacher.