

* Part 1: Reading (10 marks)

Read the text, then answer the questions

FOMO – A Modern Problem

Many teenagers check their phones many times a day. In fact, studies show that people check their phones about 70 times daily. Some even spend up to nine hours online.

This habit can lead to a problem called FOMO, which means “Fear Of Missing Out”. People with FOMO feel worried that they are missing something important on social media. They want to know everything that is happening all the time.

FOMO can make people stressed and distracted. Instead of focusing on their studies or spending time with family, they keep checking their phones.

Questions

A. Answer the questions:

1. How many times do people check their phones daily?
2. What does FOMO mean?
3. How does FOMO affect people?

B. True or False:

4. People check their phones only a few times a day. ()
5. FOMO helps people relax. ()

C. Find from the text:

6. A word that means “worried” → _____
7. A word that means “important” → _____

* Part 2: Vocabulary (5 marks)

Choose the correct answer:

1. I feel _____ when I have too much homework.
a) relaxed
b) stressed
c) bored
2. This movie is very _____. I like it.
a) boring
b) exciting
c) tired

3. She is very _____. She always helps others.
a) generous
b) lazy
c) weak
4. I am _____ because I didn't study well.
a) pleased
b) worried
c) amazed
5. He was _____ after running for two hours.
a) exhausted
b) funny
c) confident

* Part 3: Grammar (10 marks)

A. Complete using Past Perfect:

1. When I arrived, they _____ (leave).
2. She _____ (finish) her homework before dinner.
3. By the time we got there, the film _____ (start).

B. Complete using Second Conditional:

4. If I won a prize, I _____ (buy) a car.
5. If I were you, I _____ (study) more.

C. Choose the correct answer:

6. If I _____ you, I would help him.
a) am
b) were
c) was
7. They _____ finished before we arrived.
a) have
b) had
c) has

* Part 4: Writing (5 marks)

Write 5–6 sentences about:

👉 *How social media affects your life.*

✓ الإجابات النموذجية

◆ Reading Answers

1. About 70 times a day
2. Fear Of Missing Out
3. It makes them stressed and distracted
4. False
5. False
6. worried
7. important

◆ Vocabulary

1. b) stressed
2. b) exciting
3. a) generous
4. b) worried
5. a) exhausted

◆ Grammar

1. had left
2. had finished
3. had started
4. would buy
5. would study
6. b) were
7. b) had

◆ Writing (Sample Answer)

Social media is very important in my life. I use it to talk to my friends and learn new things. However, sometimes I spend too much time on my phone. This makes me feel tired and distracted. I think we should use social media wisely.