



UNITED ARAB EMIRATES
MINISTRY OF EDUCATION



2025-2026

MORAL, SOCIAL AND CULTURAL STUDIES



Grade
01

Moral, Social and Cultural Studies

Student Book
Grade 1

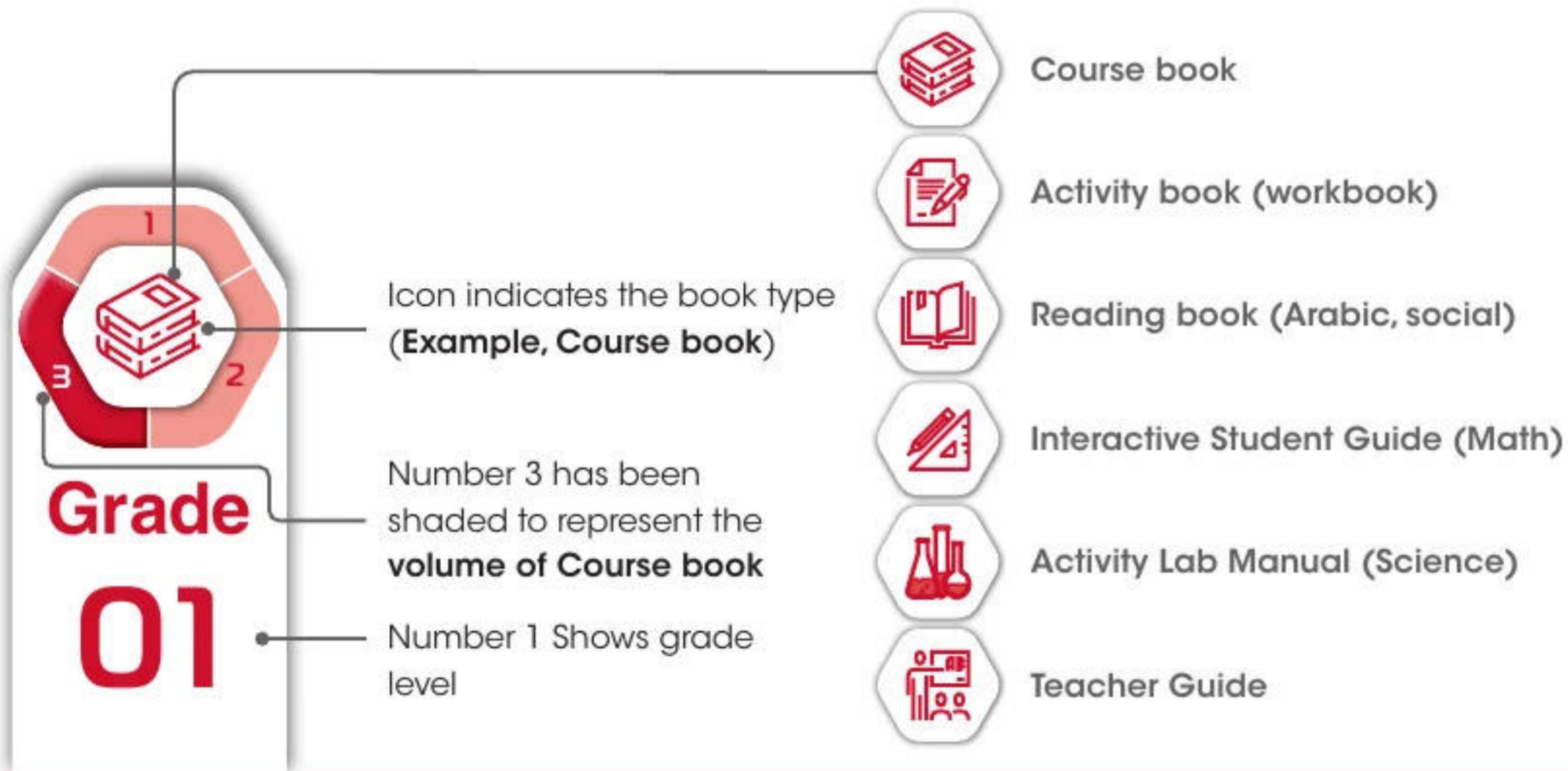
Volume 3

1446 - 1447 A.H. / 2025 - 2026



Cover label guide

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Those who take the lead take it by doing three things. First, science to be able to manoeuvre; second, knowledge to be able to heavily invest in education; and third, a very wise leadership with a clear vision and a roadmap to the right direction.

His Highness Sheikh Mohammed bin Zayed Al Nahyan

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Unit 7

Living in the UAE

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What is special about the UAE?
What food do people eat in the UAE?
What museums can I visit in the UAE?
Where can I go shopping in the UAE?



Lesson 1

The Seven Emirates

What is special about the different emirates?

Who are the ruling families of the emirates?



ruling family
royal
mountain
farm





Activity 1

Look at the map of the UAE. Talk about the questions with your classmates.

- ① How many emirates are there in the UAE?
- ① What are the different emirates called?
- ① What can you do and see in the UAE?



Activity 2

The Ruling Families

There are seven emirates in the UAE. Each emirate is special, and each one is ruled by a royal family.

The UAE was formed in 1971 by a group of rulers called 'The Founding Fathers'. They worked together to build the UAE.



Abu Dhabi is one of the seven emirates. It has many beautiful beaches, parks, gardens and tall buildings. The ruling family of Abu Dhabi is the Al Nahyan family.

The emirate of Dubai has deserts, beaches, and mountains. The ruling family is the Al Maktoum family. People visit the city of Dubai to see famous buildings, beaches, malls and hotels. There are a lot of fun things to do in Dubai!



The Al Qasimi family rule Sharjah and Ras Al Khaimah. The emirate of Sharjah has history, culture and museums.

The emirate of Ras al-Khaimah has lots of beautiful beaches and vegetable farms. The tallest mountain in the UAE is in Ras al-Khaimah. It's called Jebel Jais.



The emirate of Fujairah has sandy beaches, farms and rocky mountains. The royal family is the Sharqi family. In Fujairah you can visit the oldest mosque in the UAE. It's called Al Bidya Mosque.



The emirate of Ajman is next to the emirates of Sharjah and Umm al-Quwain. The ruling family is the Al Nuaimi family. Ajman has an old town with traditional buildings and markets, a museum and lots of sandy beaches.



The emirate of Umm al-Quwain is famous for its traditional markets and water activities. The ruling family is the Al Mualla family.



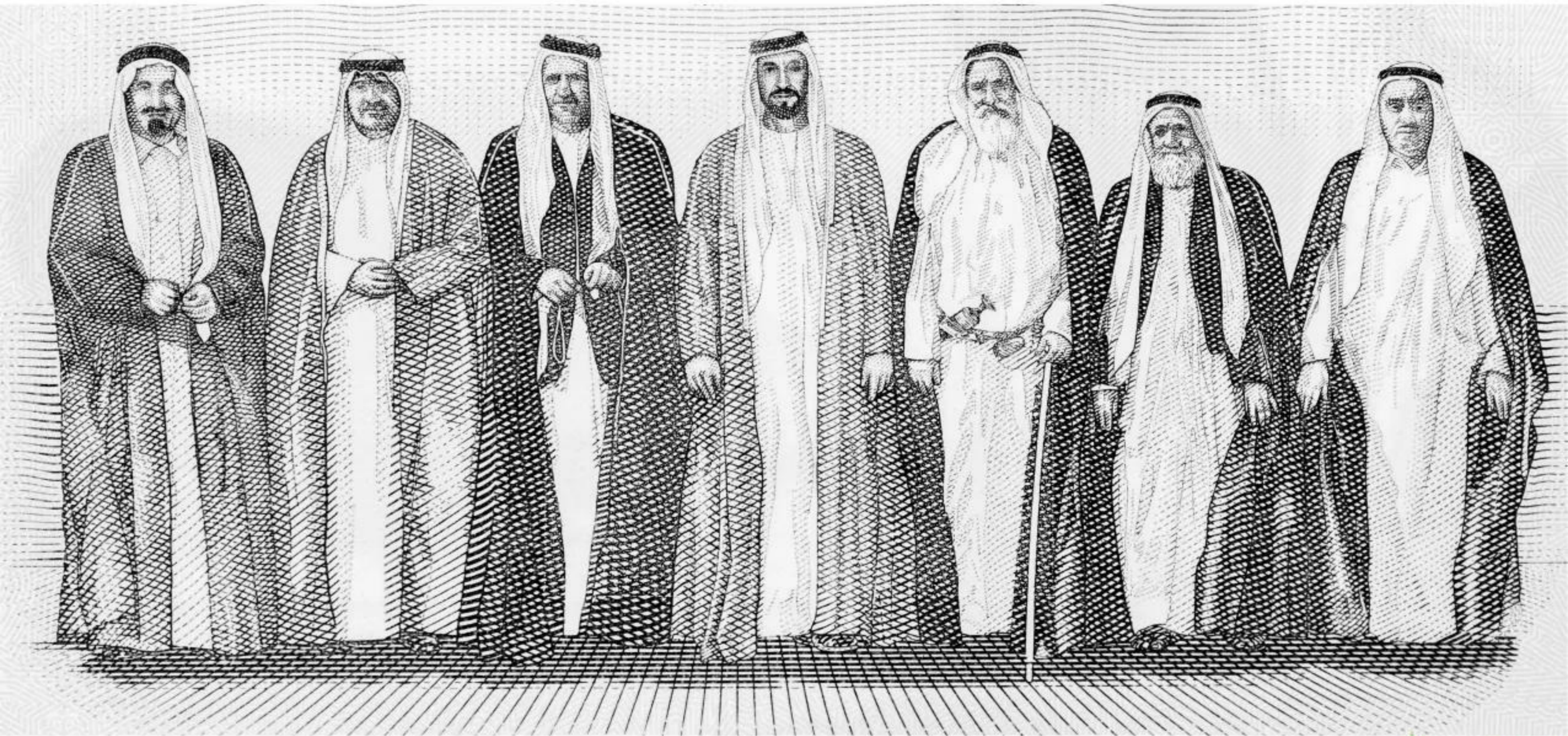
Let's Talk

- Who formed the UAE?
- How many emirates are there in the UAE?
- Who are the ruling families?



Let's Think

Which emirate do you like to visit? Why?



Activity 3

Write the name of the correct emirate next to each ruling family.

Umm Al Quwain

Ras al-Khaimah

Abu Dhabi

Ajman

Dubai

Fujairah

Sharjah

Ruling Family

- The Al Qasimi Family
- The Al Qasimi Family
- The Al Nahyan Family
- The Sharqi Family
- The Al Nuaimi Family
- The Al Mualla Family
- The Al Maktoum Family

Emirate



Activity 4

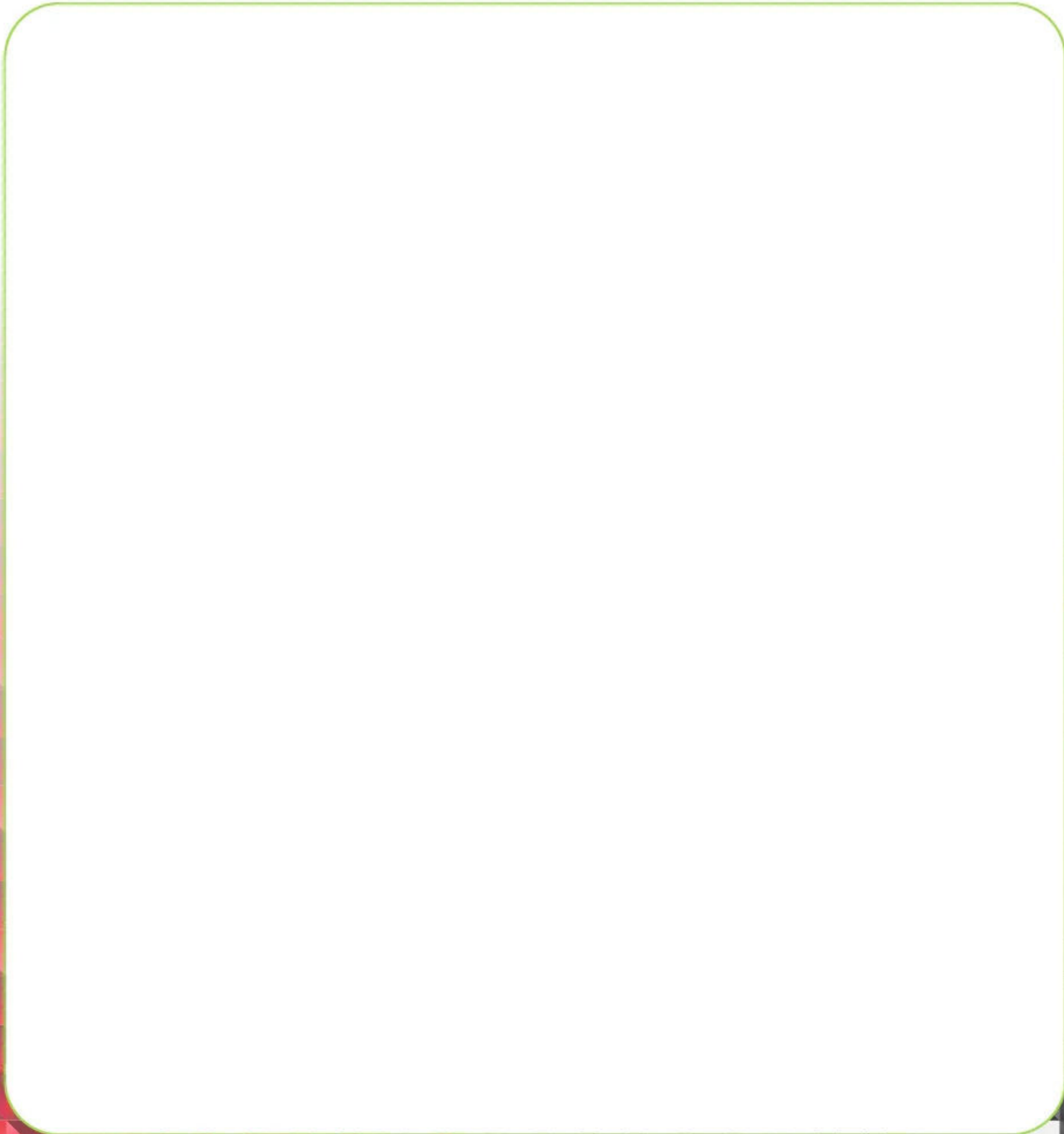
Talk about each picture with your classmates and answer the questions.

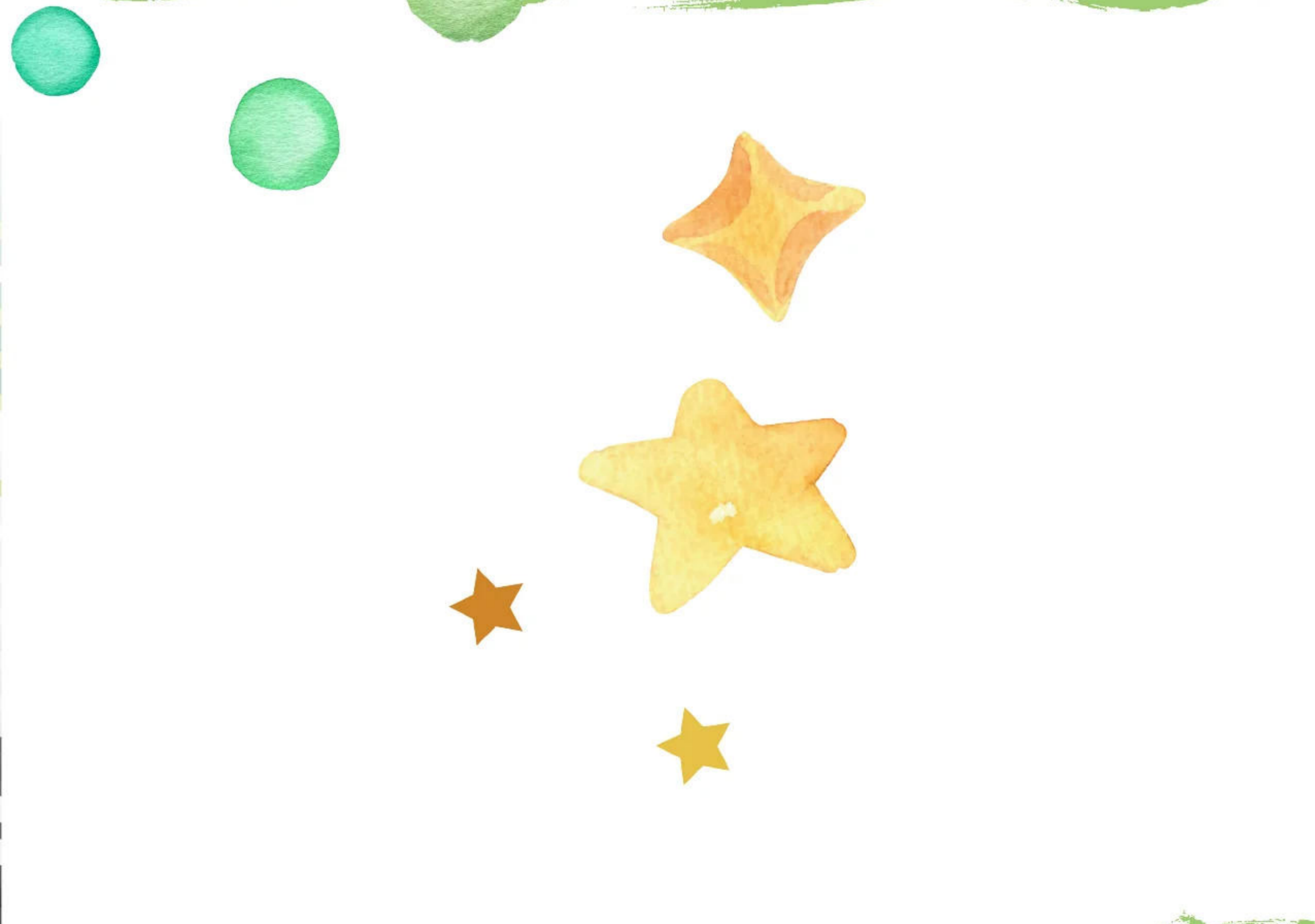
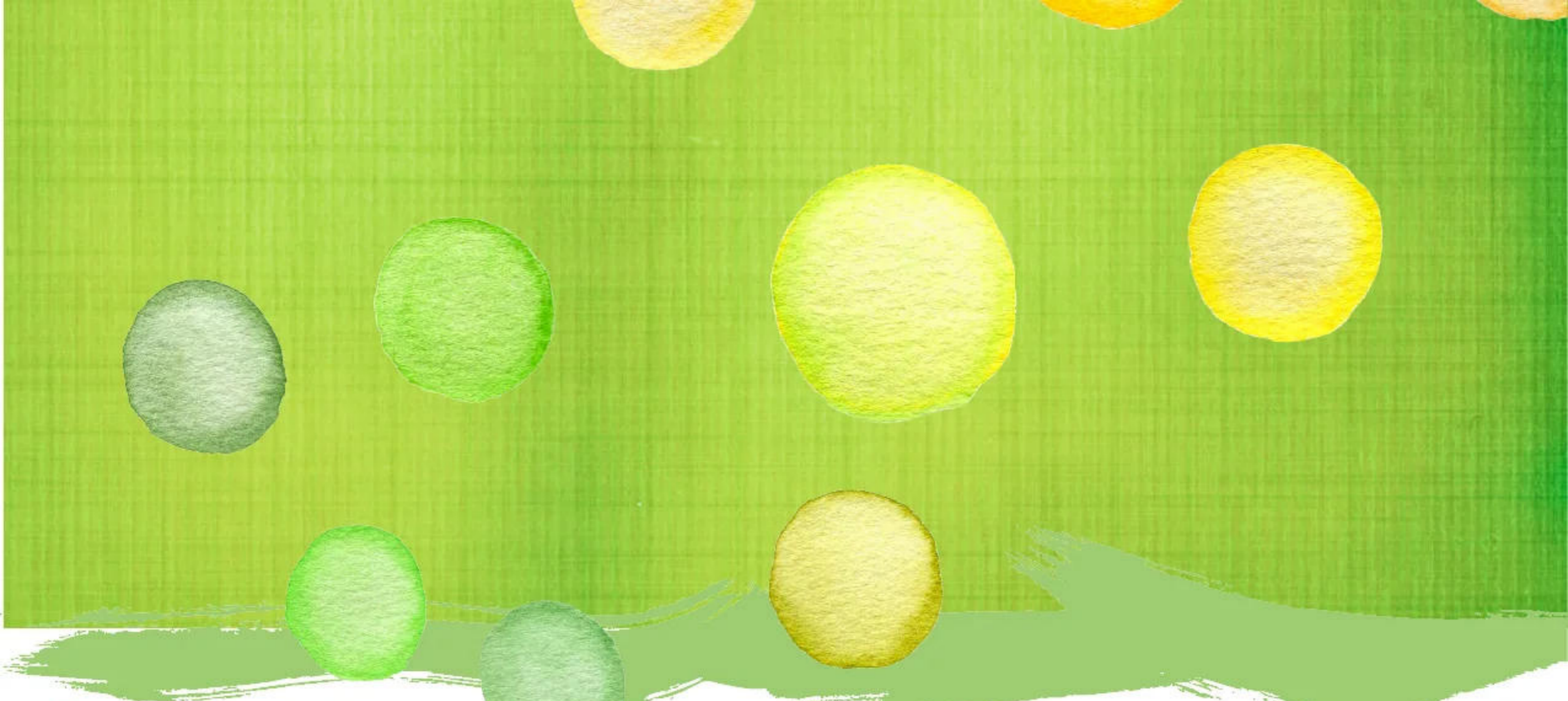
- ④ What activity can you see?
- ④ Where in the UAE can you do this activity?



Activity 5

Where do you live? Draw a poster to show your favourite things about your emirate.
Think about why your emirate is special!







Lesson 2

Islam and the UAE

What is Islam?

How can I show respect for Islam?



Islam
Muslim
Ramadan
Prayer

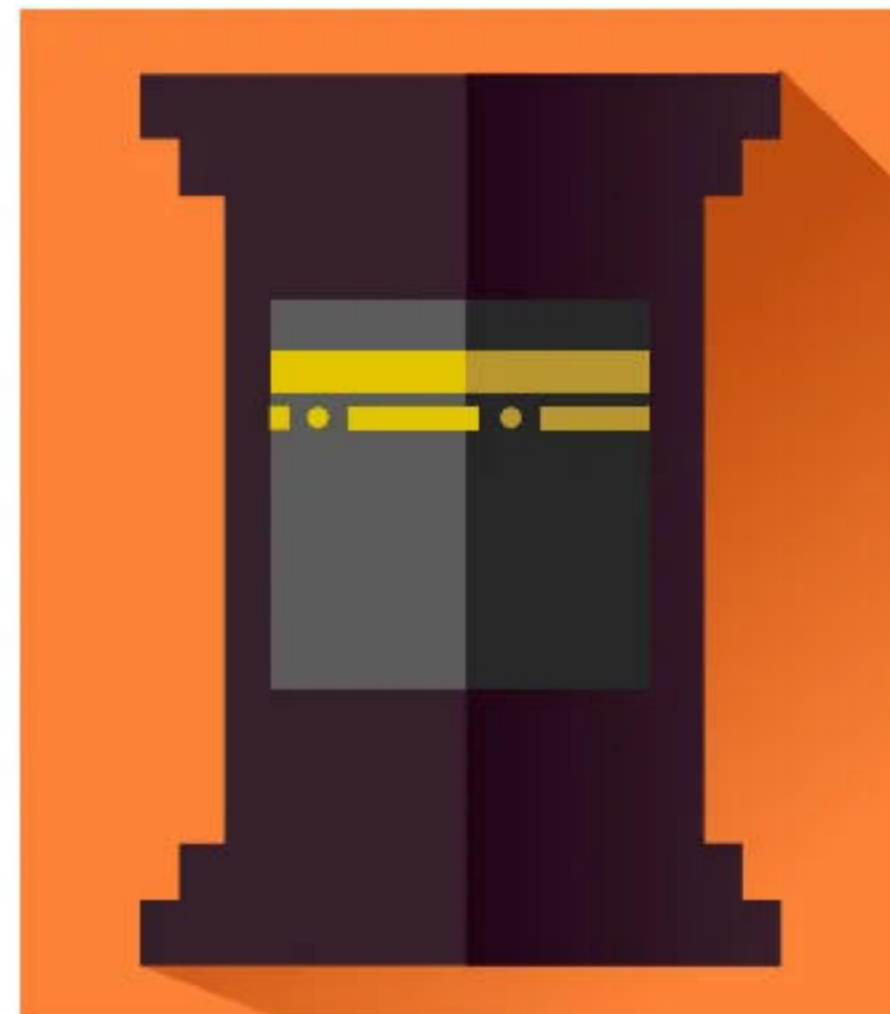
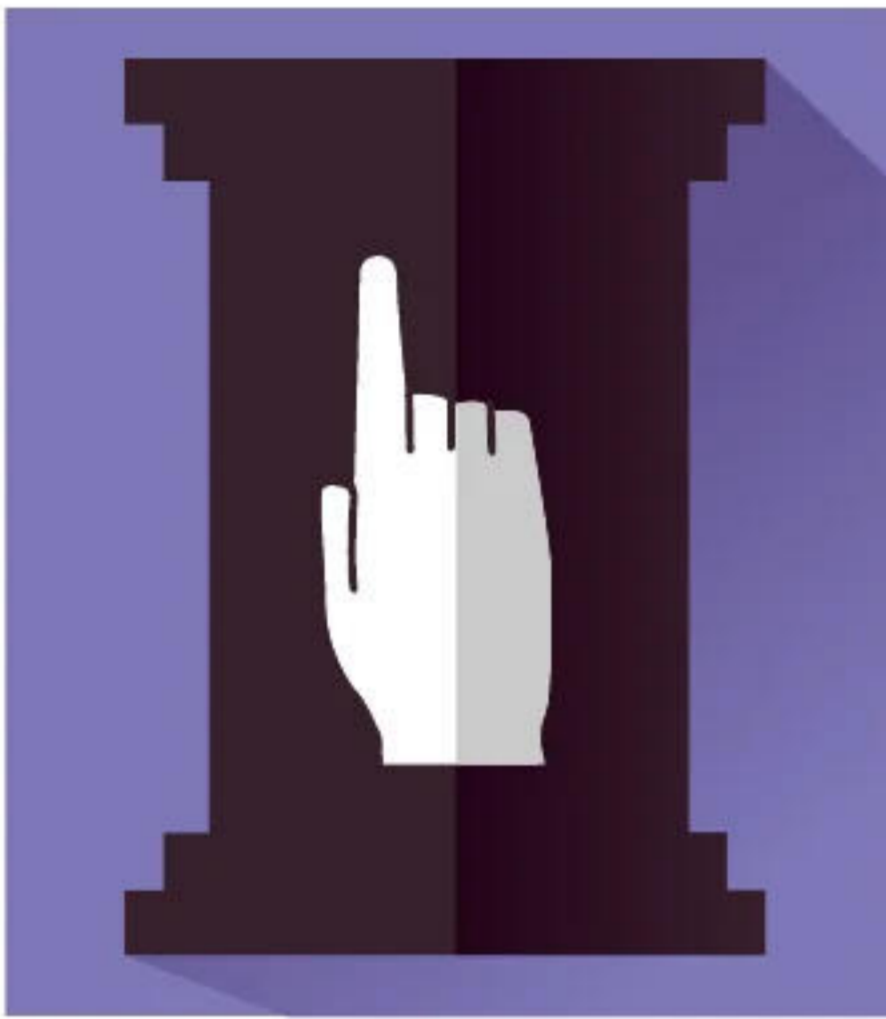




Activity 1

Look at the pictures of the five pillars of Islam and talk to your classmates.

- 🌀 What can you see?
- 🌀 What are the five pillars of Islam?



Activity 2

Islam and Emirati Culture

People who practice Islam are called Muslims. Muslims believe in only one God, Allah. Muslims believe that the prophet Mohammad (peace be upon him) is the last messenger.

The Quran is the holy book of Islam. Islam is a big part of the Emirati culture. Many of the laws in the UAE are based on Islam.

Muslims pray five times a day. Athan is the call to prayer. Athan comes from mosques to tell Muslims the times for prayer. Friday is a holy day for Muslims, and a special prayer is held in mosques each Friday.



Muslims eat food that is halal. Halal food is made in a special way to make sure that it is clean and pure.

Muslims fast during the holy month of Ramadan. Fasting means not eating or drinking from sunrise to sunset. The school day is shorter, and people stay awake longer at night.

People who are not Muslims must respect the culture and laws of the UAE. The laws keep everyone safe and happy.





Let's Talk

- What do Muslims believe?
- Why is Friday a special day for Muslims?
- What happens during Ramadan?



Let's Think

“People who are not Muslims must respect the culture and laws of the UAE.”

Why is it important to respect the culture and laws of the UAE?



Activity 3

Match the words with the correct meanings.

1.	Friday
2.	halal food
3.	Ramadan
4.	Athan
5.	fasting

a.	a call to prayer
b.	not eating or drinking from sunrise to sunset
c.	clean and pure food
d.	Muslim holy day
e.	the holy month for all Muslims



Activity 4

Use the words in the boxes to fill in the blanks.

halal

five

mosques

holy day

sunset

shorter

1. Muslims pray _____ times a day.

2. During Ramadan, adult Muslims fast from sunrise to _____.

3. During Ramadan, the school day is _____.

4. Food sold to in the UAE must be _____.

5. The Athan can be heard from _____.

6. Friday is the _____ for Muslims.

Activity 5

Traditional Dress in the UAE

The national dress of the UAE shows respect to Islam and the Muslim culture. Emiratis wear the national dress to show they are proud of their country and respect their religion.



Emirati men wear a kandura and a ghutra. The kandura is white and long. A man wears a ghutra on his head. The ghutra has a black cord, called an agal.

Women wear an abaya. The abaya is a long, black coat. The traditional long dress that women wear is called a jalabeya. Women wear a black scarf on their heads, the scarf is called a shayla.

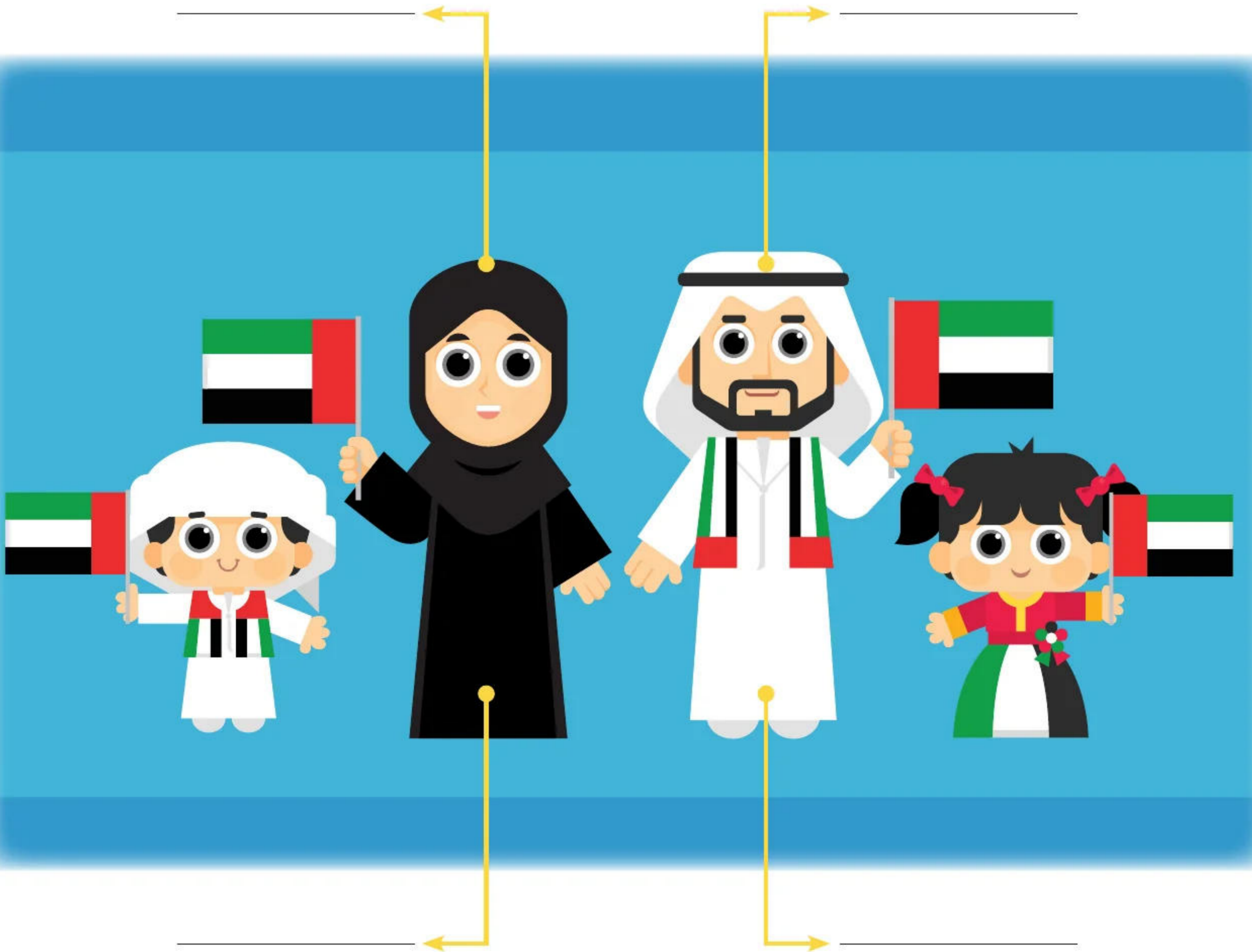
Read about traditional dress in the UAE. Then, label the picture with words from the word boxes.

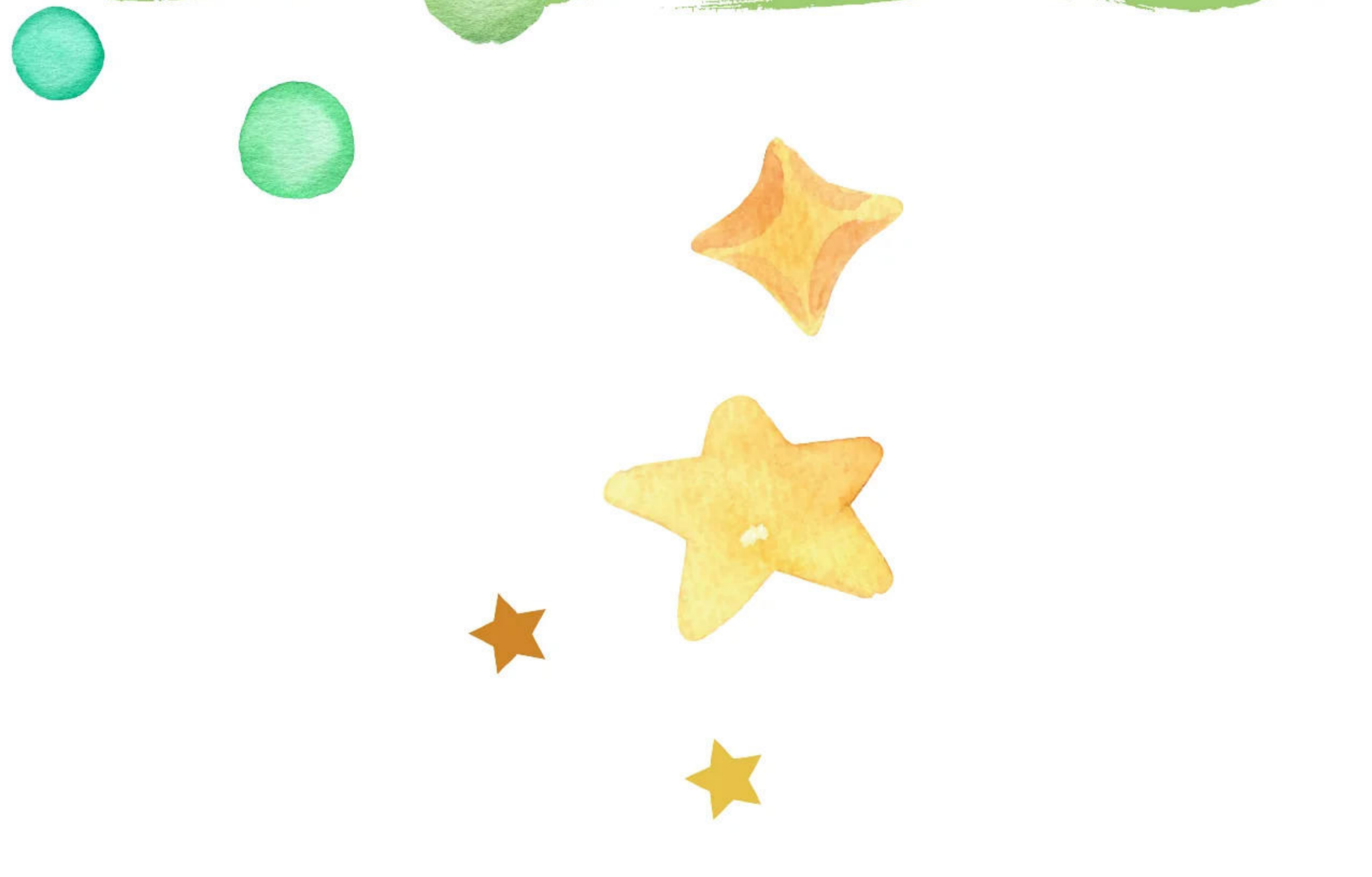
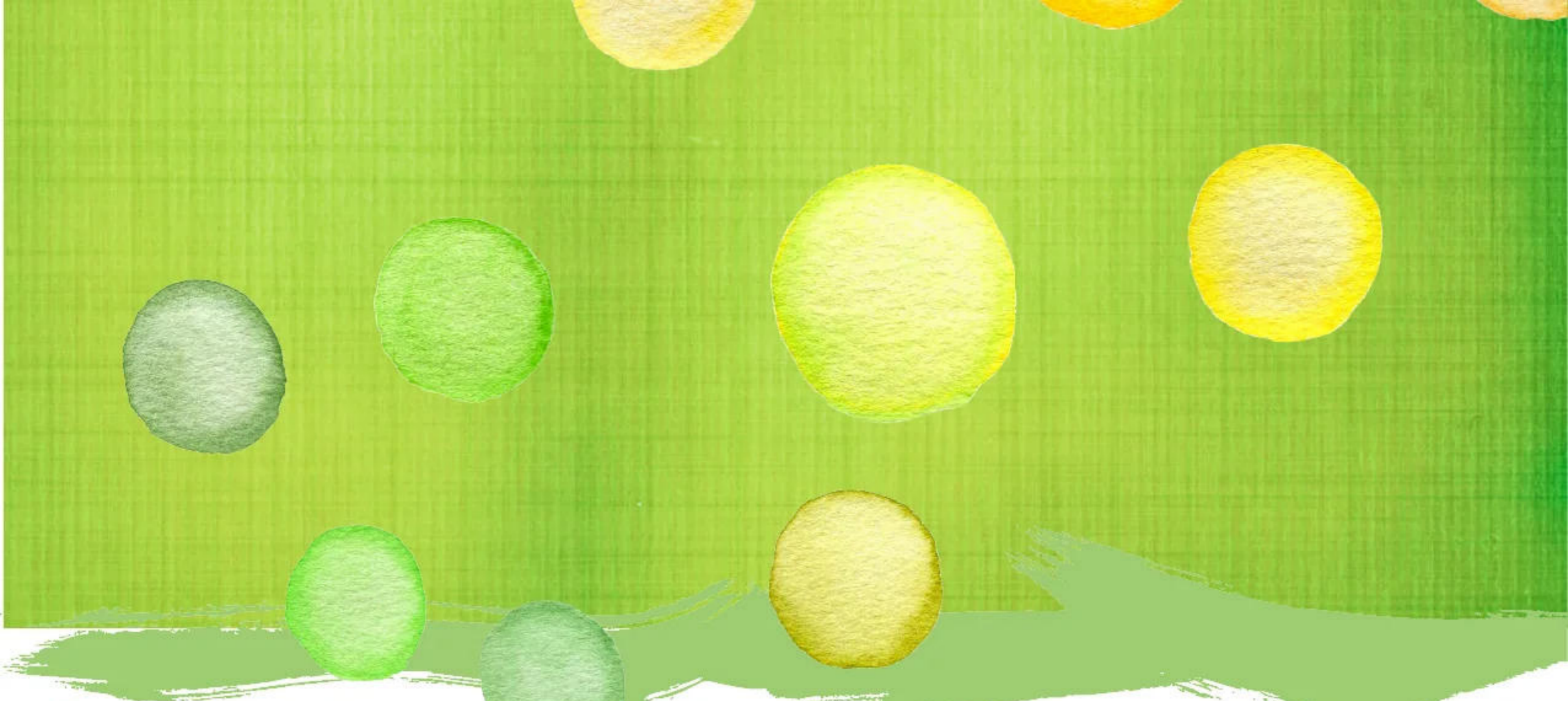
abaya

shayla

kandura

ghutra







Lesson 3

Food in the UAE

What Emirati food do I like?
What is my favourite food?



diet
healthy
dish
ingredients





Activity 1

Talk to your classmates and list five traditional Emirati dishes.



Activity 2

Traditional Food in the UAE

In the past, people in the UAE lived next to the sea, so they could catch and eat fish. They also ate meat from camels, goats and sheep.

Dates were important for the Emirati traditional diet. Dates are very healthy and they're easy to grow in the desert.

People drank camel milk to stay strong and healthy. Camel milk lasts for a long time. This made it very important for Bedouin people.



Machboos and harees are also traditional Emirati dishes. Machboos is made of spicy rice, meat and vegetables. Harees is made of wheat and meat. People like to eat harees during Ramadan.



The UAE is home to people from all over the world. People from different cultures have their own traditional foods. In the UAE, you can eat traditional food from many different countries.



Let's Talk

- In the past, what did people eat in the UAE?
- Why was camel milk important to Bedouin people?
- What are the ingredients in machboos and harees?



Let's Think

"In the UAE, you can eat traditional food from many different countries."

Have you tried traditional food from other countries?
Did you like it? Why?

Activity 3

Talk about each picture with your classmates and answer the questions.

- 🌀 What can you see?
- 🌀 What is the dish called?
- 🌀 Where is the dish from?
- 🌀 What are the ingredients?



Activity 4

Draw and describe your favourite food. The questions from Activity 3 will help you.





Lesson 4

Museums in the UAE

What is a museum?

Why do people visit museums?



museum
history
object
invention





Activity 1

Talk about the questions with your classmates.

- ④ What can you learn about at museums?
- ④ Have you been to a museum? What did you see?



Activity 2

Museums in the UAE

There are lots of museums in the UAE. You can see things from the past and the future! Every emirate has at least one museum. In the past, Dubai Museum was Al Fahidi Fort. In 1971 the fort was opened as a museum.



Sharjah Museum of Islamic Civilization was a traditional market or souq. The museum is in the “Heart of Sharjah” on Sharjah Corniche.

Sharjah Museum of Islamic Civilization has more than 5,000 objects from all over the Islamic world. You can see art, old inventions, coins, and a lot more!

In the Louvre Abu Dhabi you can see art and learn about history. There are paintings from all over the world. The Louvre Abu Dhabi is a big and beautiful building. It's a very special museum.



The Museum of the Future is in Dubai. It teaches us about life in the future. Visitors learn about technology and how to make the world a better place. You can learn how robots and humans can work together.

Fujairah, Ras al-Khaimah, Ajman, and Umm al-Quwain have museums that show their culture and history.



Let's Talk

- How many objects can you see in the Sharjah Museum of Islamic Civilization?
- What can you see in The Louvre in Abu Dhabi?
- What can you learn about at The Museum of the Future?



Let's Think

Which museum do you want to visit? Why?

Activity 3

Choose a museum and describe it to a partner.



Dubai Museum



Sharjah Museum of Islamic Culture



Fujairah Museum



Ras al-Khaimah Museum



5

Louvre Abu Dhabi



6

Ajman Museum



7

Falaj al Mualla
Fort Museum



8

Museum of the Future



Activity 4

Read the sentences and decide if they are true or false.

- | | True | False |
|--|-----------------------|-----------------------|
| 1. Not all the emirates have museums. | <input type="radio"/> | <input type="radio"/> |
| 2. In the past, Dubai Museum was a fort. | <input type="radio"/> | <input type="radio"/> |
| 3. Sharjah Museum of Islamic Civilisation has around 2000 objects. | <input type="radio"/> | <input type="radio"/> |
| 4. You can learn about art at The Louvre Abu Dhabi. | <input type="radio"/> | <input type="radio"/> |
| 5. The Museum of the Future is in Dubai. | <input type="radio"/> | <input type="radio"/> |



Activity 5

Create a museum all about you! Make some notes about your museum. Think about:

- ④ What's your museum called?
- ④ Where is your museum?
- ④ What does your museum look like?
- ④ What's special about your museum?



A large yellow sticky note with ten horizontal lines for writing, centered on the page.



Activity 6

Choose one of the options and draw a picture:

- ④ Draw a picture of your museum.
- ④ Draw a map of and label your museum.
- ④ Draw a picture of an object from your museum.





Lesson 5

Money in the UAE

Where do I get money from?
What do I do with my money?



pay
buy
coin
note





Activity 1

Talk about the questions with your classmates.

- 🌀 What is the money in the UAE called?
- 🌀 What does the money in the UAE look like?

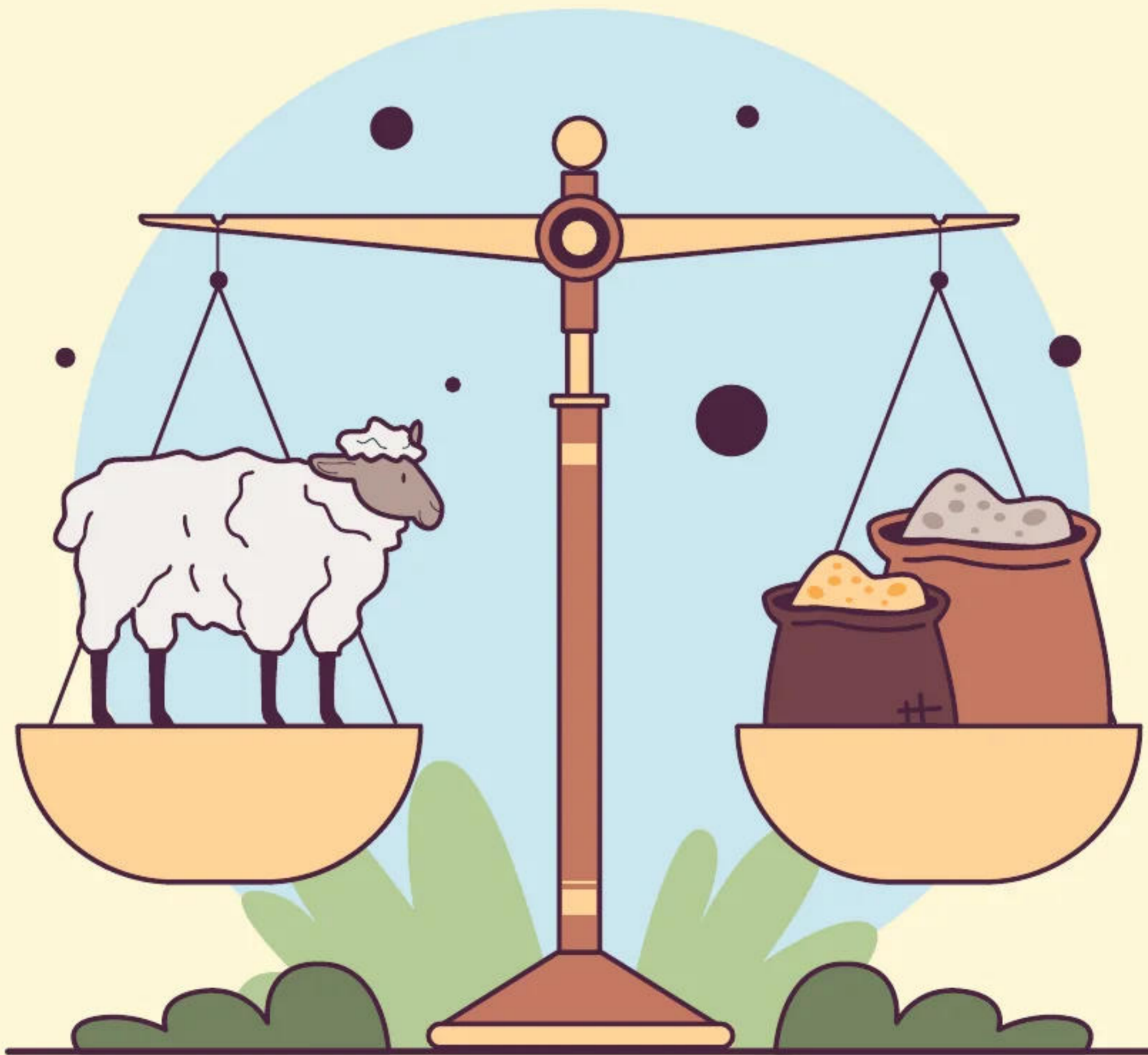


Activity 2

The History of Money

People need things that they don't have. In the past, people traded goods they had for goods they needed.

For example, a person has a lot of sheep but no rice. They can trade with someone who has lots of rice but no sheep. This is called 'bartering'.



In the past, bartering wasn't easy because people didn't have many things. So, people started using silver and gold coins to trade. They could sell things to get coins in return. They could use the coins to buy anything they wanted.



Trading with coins was a lot easier, but coins are heavy and difficult to carry. So, people started using paper money.

Now, money can be coins, paper or digital. We use money to buy things that we need or want.



Let's Talk

- In the past, how did people trade things?
- Why did people start using coins?
- How do people pay for things now?



Let's Think

"We use money to buy things that we need or want."

What things do you need? What things do you want?
What is more important?



Activity 3

Draw lines to order the different ways to pay for things from oldest and newest.

The activity features a central horizontal red timeline with an arrow pointing to the right, labeled "Oldest" on the left and "Newest" on the right. There are four yellow circular markers along the timeline. Above the timeline are two circular icons: the left one shows a hand holding a green banknote, and the right one shows a hand holding a purple fan of banknotes. Below the timeline are two more circular icons: the left one shows a hand holding a red credit card, and the right one shows a hand holding a gold coin. The goal is to draw lines connecting each icon to its corresponding position on the timeline.

Activity 4

Read about money in the UAE. Then, match the sentences to the correct pictures.

Money in the UAE

The money in the UAE is called dirhams (dhs or AED). Each dirham has 100 fils. The coins and notes have pictures on them. The pictures show the culture of the UAE.

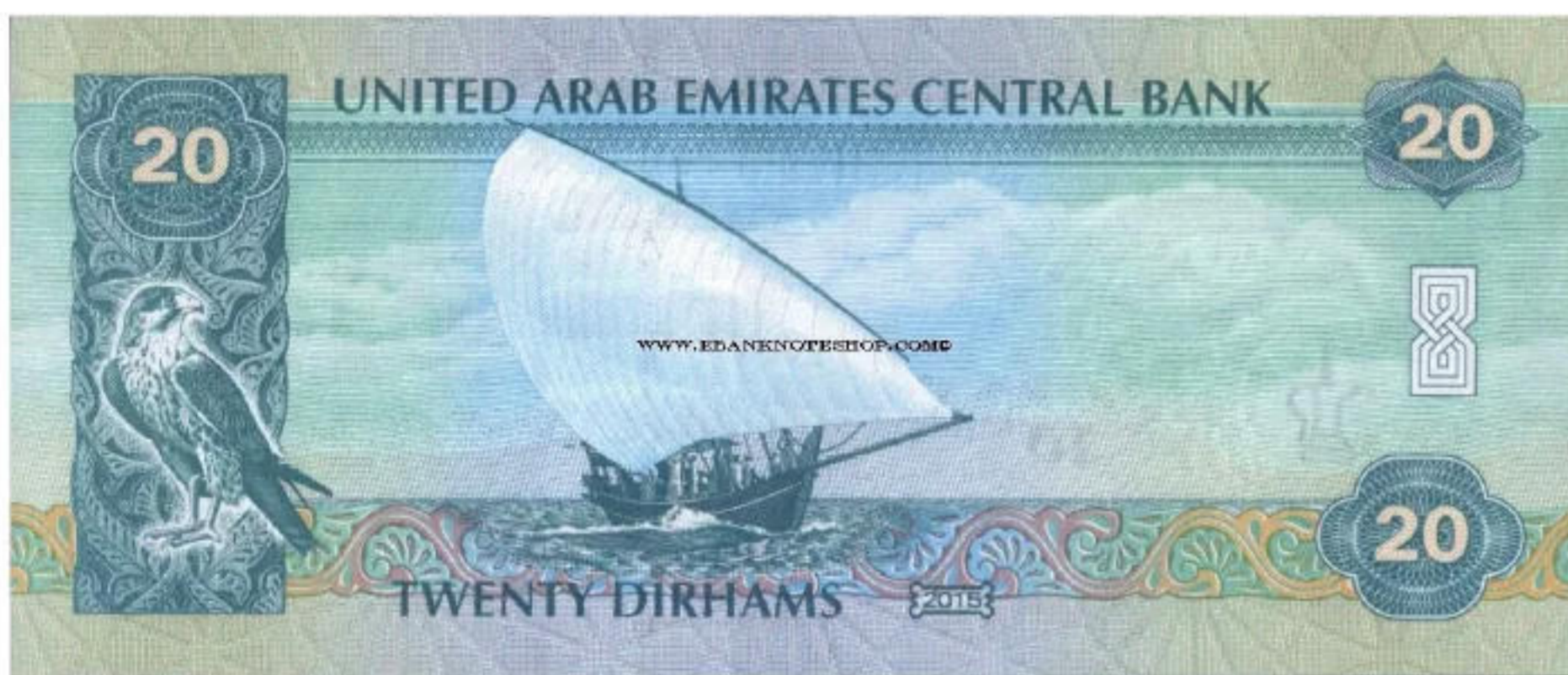
- A. A picture of the dallah or Arabic coffee pot is on the front of the 1 dirham coin.
- B. The 50 fils coin has a picture of oil derricks on it. Oil is an important trading good for the UAE.
- C. A picture of an Arabian gazelle is on the 25 fils coin. The Arabian gazelle lives in the UAE desert.
- D. Sharjah Central Souq is on the 5 dirham note. The Central Souq sells lots of different things, from gold to electronics.
- E. On the 10 dirham note, there is a picture of a dagger, or khanjar. In the UAE the dagger is a symbol of power.



Activity 5

Talk about the pictures of the 20-, 50- and 100- dirham notes with your classmates.

- What can you see on the notes?
- Why are the pictures important to the UAE?



Activity 6

Draw and describe your own coin or note for the UAE.
Present your coin or note to your classmates.

A yellow notepad with seven horizontal lines for writing a description of the drawn coin or note.



Lesson 6

Baqala, Souqs, Markets and Malls

What is a shop?

What different types of shops are there?



baqala
souq
market
mall





Activity 1

Talk about the pictures with your classmates. Where do you buy these things?



Activity 2

Shopping in the UAE

In the past, people shopped in traditional markets called souqs. The markets were in towns near the sea. Ships brought things from other countries to the markets. Markets were busy and noisy.



Each shop in the market sold one thing. Spice shops sold spices. Meat shops sold meat. Shoe shops sold shoes. Shoppers went to different shops to buy different things.



Traditional markets had coffee shops and food stands. Sometimes people met in the market to talk with each other or to get the latest news.

Today, people shop in supermarkets and malls. Shoppers can find everything they need in one place.

Neighborhoods have small supermarkets called baqalas. They sell lots of different things. The things sold in baqalas are more expensive than in big supermarkets.



Now more people shop in supermarkets, hypermarkets or malls. They want to buy many items in one place.

Sometimes people go to malls to eat or drink coffee or have fun. Malls and shopping centres are like the traditional souqs or markets of the past.



Let's Talk

- Where did people shop in the past?
- Why do people like shopping in supermarkets?
- What is a baqala?



Let's Think

"Sometimes people go to malls to eat or drink coffee or have fun."

What do you like to do at the mall?



Activity 3

Read the sentences. Circle the correct answer.

1. In the past, people shopped at traditional markets called _____.

souqs

supermarkets

malls

2. Markets towns were close to the _____.

mountains

sea

desert

3. Each shop in the market sold one _____.

shoe

thing

place

4. Today, people shop in _____ and malls.

supermarkets

hotels

markets

5. Small neighbourhood shops are called

_____.

baqalas

malls

spices

Activity 4

What is different about the traditional markets of the past and the malls of today?

Write three things that are different. Write three things that are the same.

Different

Same



Activity 5

Imagine you are going on a trip to your favourite shop. Answer the questions about your trip.

1. What is the shop called?

2. Where is the shop?

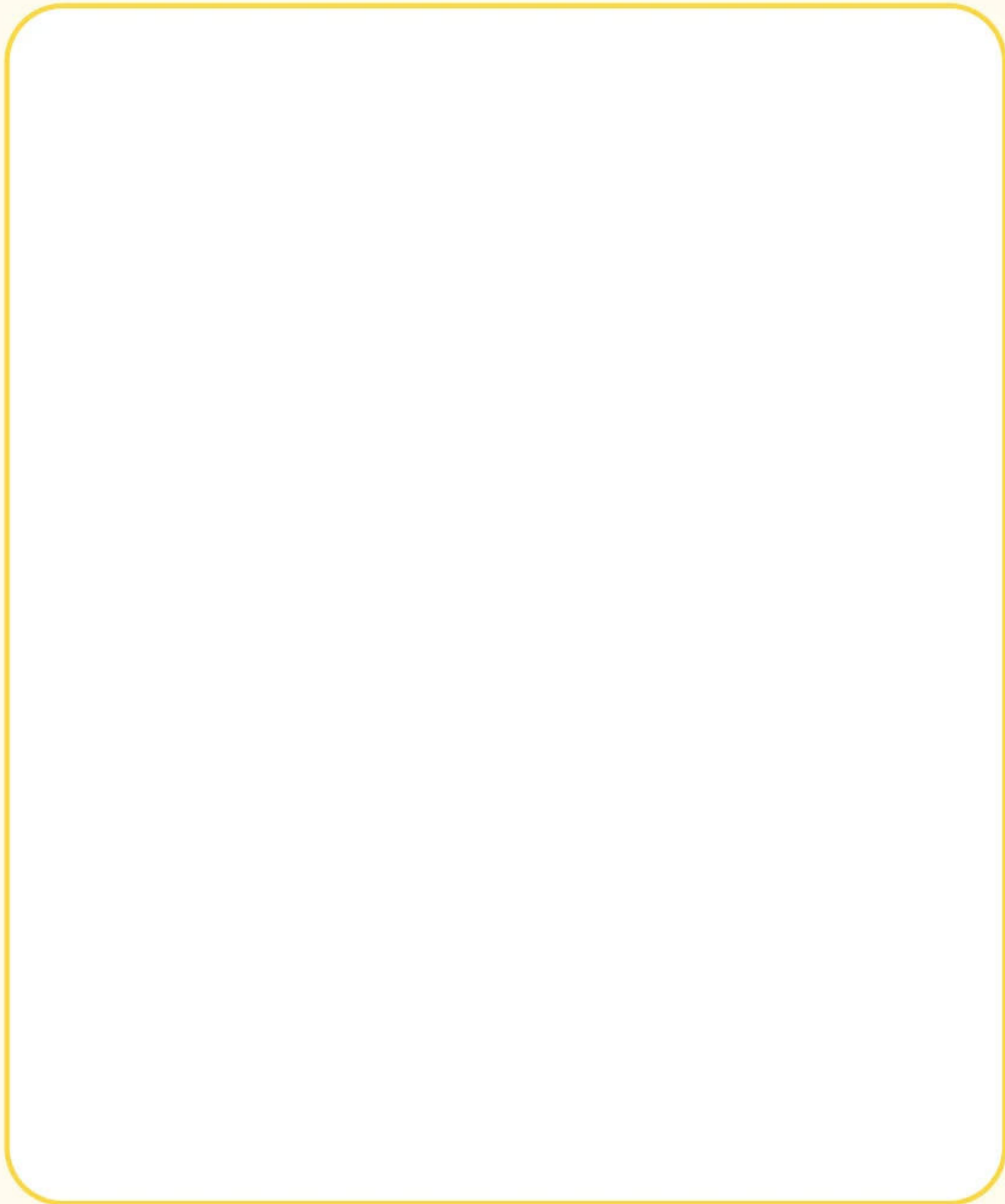
3. What does the shop look like?

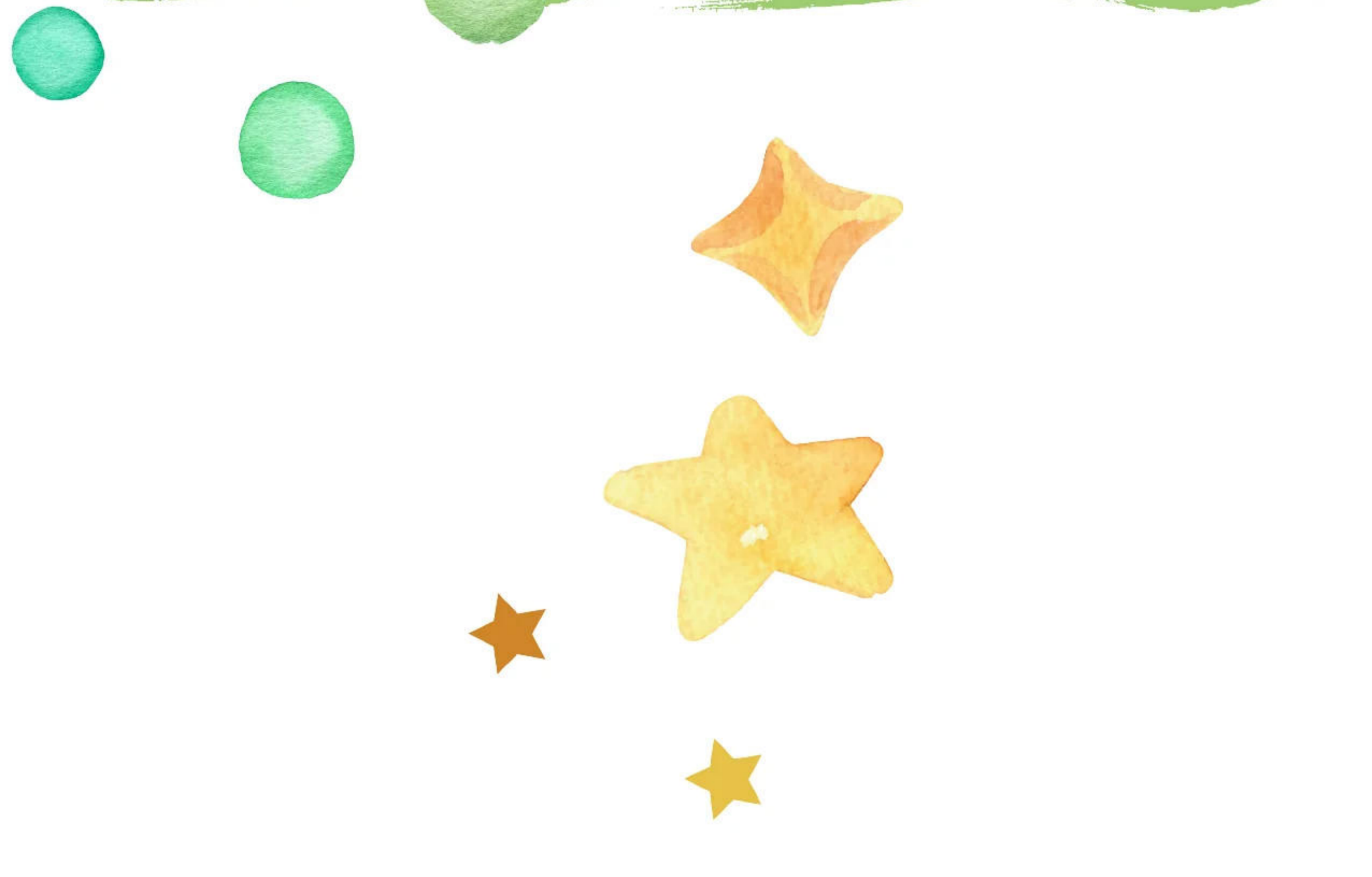
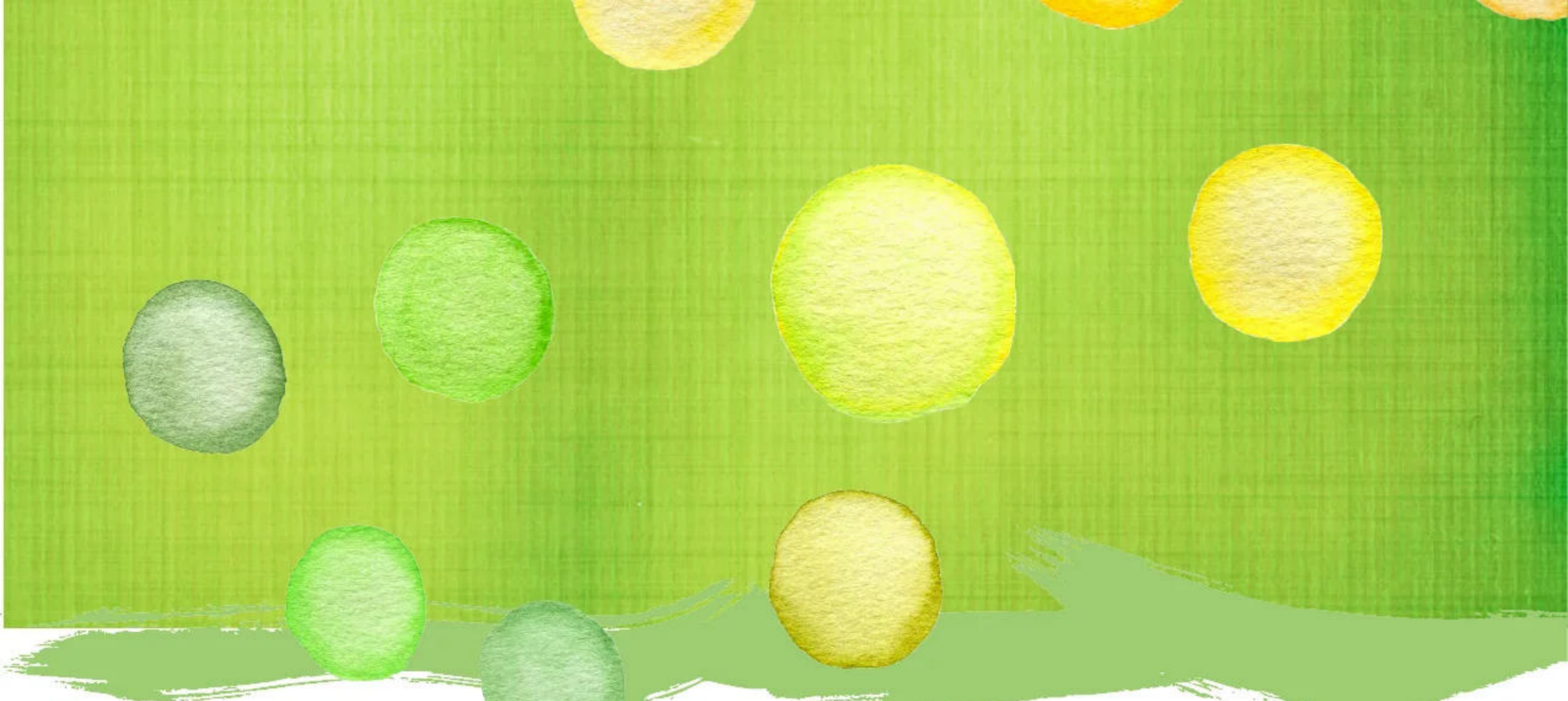
4. What does the shop sell?

5. What will you buy there?

Activity 6

Draw a picture of your favourite shop. Share your picture with your classmates.







Lesson 7

UAE Emergency Services

**What emergency services are in the UAE?
Why are the emergency services important?**



emergency
dial
rescue
hero





Activity 1

What is an emergency? Talk to your classmates and write three examples.



1. _____
2. _____
3. _____

Activity 2

Emergency Services in the UAE

In the UAE, you can dial 999 to call the emergency services.

To call the police you dial 999. The police in the UAE keep people safe. They make sure everyone follows the rules and they protect the community. The police wear special uniforms and drive police cars.



To call an ambulance you dial 998. When there is an emergency, the ambulance takes sick or hurt people to the hospital quickly and safely.



To call the fire department you dial 997. Firefighters wear special suits and helmets. If there is a fire, the fire department race to help stop the fire and make sure everyone is safe.

To call the UAE Coastguard you dial 996. The coastguards keep everyone in the sea safe. If a boat or swimmer needs help, the coastguard moves quickly to rescue them. They also protect the coast and help to keep the UAE safe.



The emergency services in the UAE help keep everyone safe. They are a team of heroes who are always ready to help, day or night.



Let's Talk

- How do the police keep us safe?
- Where do ambulances take sick or hurt people?
- What do firefighters wear?
- Where do the coast guards work?



Let's Think

“They are a team of heroes who are always ready to help, day or night.”

What is a hero? What makes the men and women who work for the emergency services heroes?

Activity 3

What number do you dial to call the different emergency services? Write the correct numbers.

Emergency Services _____

Police _____

Ambulance _____

Fire Department _____

Coastguard _____

Emergency call

Activity 4

Work in groups. Imagine situations when you would call the emergency services and make notes.

Police

Ambulance

Fire Department

Coastguard

Activity 5

Work with your group and act out an emergency for your classmates.

- ④ Choose an emergency situation from Activity 4.
- ④ Decide who will play an emergency worker and who will need help.
- ④ Practise your play.
- ④ Act out your play in front of your classmates.



