

## 5<sup>th</sup> Grade A+B

### UNIT 6 - P 24 / pupil's book






Create an invitation for Healthy Food Day!

# Healthy Food Day !

**Do you want to be a chef for a day? Well, now you can – on Healthy Food Day!**

Many primary schools in Jordan have Healthy Food Day for children of all ages. And it can happen anytime during the school year, so it's always a surprise! First, teachers send electronic invitations to parents. Then, parents think of healthy foods and teachers decide what food students should bring. These usually include local fruits, vegetables or other healthy snacks, which are all easy to get in Jordan.

On Healthy Food Day, students get to be chefs. They can even wear chef hats while preparing and then enjoying their healthy lunches. But it's not just about eating. Teachers also give lessons during the day on different types of healthy food, explaining how these foods help us to grow strong and stay healthy. Some teachers even bring extra fruits and vegetables to share with their classes. The day also focuses on teamwork, with students working together, sharing meals and helping each other to prepare their lunches.



1) Extract the following from the text:

**\*Verb:** Have/Happen/Send/Think/Decide/Wear/Prepare

**\*Noun:** School/Teachers/Parents/students/Chefs

**\* preposition:** In/For/To/Of/With/On/About

**\* adverb:** Always/Usually

**\*Adjective:** Primary/Healthy/Local/Electronic/Strong

2- What does the pronoun **it** refer to in the second line? **Healthy Food Day.**

3- Who does the pronoun **they** refer to in the first line of the second paragraph? **The students.**

4- What foods should students bring by order of the teachers?

**Local fruits, vegetables or other healthy snacks.**

5- When can students wear their chef hats and enjoy? **On Healthy Food Day.**

6- Why is Healthy Food Day a fun surprise?

**Because it can happen anytime during the school year.**

7- What do teachers do on Healthy Food Day?

**Teachers give lessons during the day on different types of healthy food, explaining how these foods help us to grow strong and stay healthy.**

8- What does this health day focus on?

**teamwork, with students working together, sharing meals and helping each other to prepare their lunches.**

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**IMPORTANT WORDS :** الكلمات المهمة

primary : أساسي أو ابتدائي

all ages : جميع أو كل الأعمار

anytime : أي وقت

during: خلال

surprise : مفاجأة

always: دائماً

electronic: الكتروني

invitations: بطاقات دعوة

decide : يقرر أو يحدد

parents : الأهل

Include: يشمل

fruit: فاكهة

Vegetables: خضراوات

easy: سهل

Chef hats: قبعات الطهاة

Wear: يرتدي

Lessons: دروس

Give: يعطي

Explain: يشرح

Share: يشارك أو يشاركه

Focus: يركز

Teamwork: العمل الجماعي

Prepare: يحضر

Help us: يساعدنا