



The Ministry of Education

2nd Exam -2024-2025

Name: sokainh Basic School

5th Grade /2nd semester

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You should eat at least five vegetables every day to stay healthy . you shouldn't eat a lot of junk food . you should do exercise for 30 minutes, run around in the playground ,play a sport . Make sure you get plenty of sleep each night for 9-10 hours, make your bedroom calm. Water also helps You get better when you are ill such as headache or cough drink some water. To relax you should read a book , watch film , meet friends ; these ways to stay fit and healthy .

★Q1 Read and answer the questions. (5 marks)

1- How much fruit or vegetables you should eat?

.....

2- Mention places you can get out ?

.....

3- How should I do my bedroom to sleep night?

.....

4- what should you do to relax ?

.....

5- Find from the text: verb..... adjective.....

★Q2 :From (1 – 4) write the correct answer to complete it correctly:(4 marks)

1. what you when the accident happened? (do)

2. Alex junk food every day . (not / eat)

3. Suzy well before the exam to get full marks . (study)

4. they the calculator at the Math Exam ? (bring)

★Q3 choose the correct word to make ill correctly : (3marks)

Rash	headache	Dizzy
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1. My head hurts. I've got a
2. My skin is getting red. I've got a
3. I must sit down or I will fall! I feel

★Q4 : Combine the sentences: 3 marks

1. I need to be fit and healthy. I'm going for a walk twice a day.

.....

2. I need to eat a balanced diet. I'm going to eat less junk food.

.....

3. I need to buy some vegetables. I'm going to the greengrocer's.

.....

• Q5 : write the negative forms : 2 marks

1. Responsible

2. healthy

3. Regular

4. fit

☺ THE END ☺



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★ Q1: Read and answer the questions

1. How much fruit or vegetables you should eat?
➤ *At least five vegetables every day.*
2. Mention places you can get out?
➤ *Playground, sport area.*
3. How should I do my bedroom to sleep night?
➤ *Make your bedroom calm.*
4. What should you do to relax?
➤ *Read a book, watch film, meet friends.*
5. Find from the text:
➤ Verb: *play*
➤ Adjective: *healthy*

★ Q2: Complete it correctly

1. What *did* you *do* when the accident happened?
2. Alex *doesn't eat* junk food every day.
3. Suzy *studied* well before the exam to get full marks.
4. *Did* they *bring* the calculator at the Math Exam?

★ Q3: Choose the correct word to make ill correctly

1. My head hurts. I've got a **headache**.
2. My skin is getting red. I've got a **rash**.
3. I must sit down or I will fall! I feel **dizzy**.

★ Q4: Combine the sentences

1. I need to be fit and healthy, so I'm going for a walk twice a day.
2. I need to eat a balanced diet, so I'm going to eat less junk food.
3. I need to buy some vegetables, so I'm going to the greengrocer's.

★ Q5: Write the negative forms

1. Responsible → Irresponsible
2. Healthy → Unhealthy
3. Regular → Irregular
4. Fit → Unfit