



A: Reading

Read the following text then answer the following questions:

Many primary schools in Jordan have Healthy Food Day for children of all ages. And it can happen anytime during the school year, so it's always a fun surprise! First, teachers send electronic invitations to parents. Then, parents think of healthy foods and teachers decide what food students should bring. These usually include local fruits, vegetables or other healthy snacks, which are all easy to get in Jordan.



On Healthy Food Day, students get to be chefs. They can even wear chef hats while preparing and then enjoying their healthy lunches.

- 1) What types of food are students asked to bring?
- 2) What do students wear while preparing their healthy meals?
- 3) Find out Plural noun ----- Adjective-----
- 4) The pronoun their refers to -----

True or False

Teachers send simple paper invitations to the parents True False

Healthy food day happens at the same day every year. True False

Healthy day includes fast food and candies True False

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B: vocabulary

Complete the following sentences with the suitable word from the box below:

balanced – tight – temperature – rash – medicine
countryside

1. You've got a high _____. Go visit the doctor .
2. Laila sleeps _____ to stay healthy.
3. The land outside a town is _____
4. You are sick! You should take some _____.
5. Healthy people eat a _____ diet .
6. My skin is getting red. I've got a _____ .

C: Pronunciation

Complete the following tablet :

| Positive | Negative |
|-------------|-----------|
| | unfit |
| responsible | |
| | irregular |
| | unhealthy |
| resistible | |
| balanced | |

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D: Grammar

Find and circle the correct answer:

- 1- You look tired, you (should/ shouldn't) see the doctor.
- 2- I will go to the market (for / to) buy some vegetable .
- 3- She has got toothache . She (should / shouldn't) eat candy.
- 4- They (have got/ has got) stomach ache .
- 5- I (have got / feel) dizzy .
- 6- You have got a sore throat. You (should/ shouldn't) drink warm tea .

E: Writing

What exercise do you do?

What food do you eat?

What do you do to relax?

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teach • er
بيان الدورات

الاجابات

Reading:

- 1- local fruits, vegetables or other healthy snacks, which are all easy to get in Jordan.
- 2- chef hats
- 3- plural noun : schools, students , teachers, children, fruits, vegetables, foods , snaks
Adjective : easy, healthy, primary
- 4- students
- 1- false 2- false 3- false

Vocabulary:

- 1- temperature
- 2- tight
- 3- countryside
- 4- medicine
- 5-balanced
- 6- rash

Pronunciation:

- 1- fit
- 2- irresponsible
- 3- regular
- 4- healthy
- 5-irresistible
- 6- unbalanced

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