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A new you

LESSON 1B VOCABULARY AND GRAMMAR

Future arrangements and intentions

1 ★ Put the words in order to make questions and answers with *going to*.

1 a join the / gym / is / to / going / Ibrahim / too / ?

Is Ibrahim going to join the gym too?

b go jogging / to / going / too / he / yes / is

2 a are / get / your hair / to / cut / when / going / you / ?

b grow / am / long / to / going / it / I

3 a look for / a new job / to / is / going / your brother / ?

b is / he / yes

Answers

1 b Yes, he is going to go jogging, too.

2 a When are you going to get your hair cut?

2 b I am going to grow it long.

3 a Is your brother going to look for a new job?

3 b Yes, he is.

2 ★★ Choose A for arrangement or F for future intention.

1 Next week, we *'re going to start* (start) looking at holiday ideas. A / F

2 I can't come tomorrow; Mum _____ (cook) a special dinner for everyone. A / F

3 Where _____ (you/meet) your group? A / F

4 They _____ (have) a test on Friday. A / F

5 One day, I _____ (run) my own business. A / F

6 Bo doesn't like his hair. He _____ (change) his look completely. A / F

Answers

1 F 2 A 3 A 4 A 5 F 6 F

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Anewyou

LESSON 1B VOCABULARY AND GRAMMAR

Answers

2 's cooking 3 are you meeting 4 're having
5 'm going to run 6 's going to change

3 ★★ Using your answers from Exercise 2, complete the sentences with the correct forms of the verbs in brackets.

4 ★★ Complete the conversation with responses a-f.

Dana Are you looking forward to the charity event on Friday?

Eman Yes, I am. Everybody's doing something to help.

Dana What are you doing?

Eman ^{1c}

Dana Wow! Is Lama making cakes?

Eman ²

Dana What kind of cakes?

Eman ³

Dana Who else is helping?

Eman ⁴

Dana That sounds interesting! I'd like to see that.

Eman ⁵

Dana Of course! I'm going to stay at Amani's for the night. We're going to tidy up.

Eman ⁶

Dana No, Khawla and Nada are going to help too.

- a I don't know. It's going to be a surprise.
- b How about you? Are you doing anything to help?
- c I'm organising the seating.
- d Are you and Amani going to do that by yourselves?
- e Asma and Heba are going to film it.
- f Yes, she is. I asked her to.

Answers

2f 3a 4e 5b 6d

3

Answers

1 both are possible 2 are going to lose 3 both are possible
 4 'm going to work 5 are you doing 6 are you going to give

5 ★★ Choose the correct forms to complete the sentences. Sometimes both forms are correct.

- 1 I'm meeting / 'm going to meet some old friends next weekend.
- 2 My parents are losing / are going to lose weight next year.
- 3 We aren't having / aren't going to have a test next week.
- 4 I'm working / 'm going to work in a laboratory next year.
- 5 What are you doing / are you going to do next weekend?
- 6 When are you giving / are you going to give me my book back?

6 ★★★ Complete the conversation with the correct future forms of the verbs from the box.

become buy do change get not eat
 start take up

Hussein I ¹'m going to take up jogging.

Faisal Great. When ² _____?

Hussein Next week. My parents ³ _____ me a new pair of trainers at the weekend.

Faisal So, why did you make this decision?

Hussein I want to get fit.

Faisal ⁴ _____ your diet?

Hussein Yes, I ⁵ _____ fast food - well, not much - and I ⁶ _____ a vegetarian.

Faisal Great! Hey, ⁷ _____ anything this afternoon? We could go to the gym.

Hussein Sorry, I ⁸ _____ my hair cut at four o'clock. Maybe tomorrow.

Answers

2 are you going to start 3 are going to buy
 4 Are you going to change 5 'm not going to eat
 6 'm going to become 7 are you doing
 8 'm getting/going to get



LESSON 3B GRAMMAR AND VOCABULARY

Future predictions: *going to* and *will*

1 ★ Look at the picture. Complete the sentences with the correct future forms of the verbs in brackets.



Answers

2 will buy 3 will probably phone 4 is going to crash
5 will not pass 6 will be

1 Do you think he will pass (pass)?
2 I'm sure his parents _____ (buy) him a car.
3 He _____ (probably/phone) us when the test finishes.
4 Oh dear! He _____ (crash).
5 He _____ (not pass) his test!
6 The other driver _____ (be) very upset.

2 ★★ Complete the dialogue with the correct future forms of the verbs in brackets.

Ramzi This is a great charity event.

Randa Yes. Do you think they ¹will be (be) happy?

Ramzi Who?

Randa The organisers, of course.

Ramzi I guess so.

Randa Do you think they ²_____ (start) looking for new volunteers?

Ramzi Yes, probably.

Randa Where do you think ³_____ (they/look)?

Ramzi They ⁴_____ (probably/look) locally. Oh, my dad's calling us. That means we ⁵_____ (eat) soon.

Randa What kind of food ⁶_____ (we/have)?

Ramzi I'm not sure but there ⁷_____ (be) a lot. Dad told me not to eat any breakfast today!

Answers

2 will start 3 they will look 4 will probably look
5 are eating 6 are we having 7 will be

LESSON 3B GRAMMAR AND VOCABULARY

Future predictions: *going to* and *will*



Answers

2 she'll say 3 will you start 4 I'll probably wait
5 They're putting on 6 It will probably be
7 it's going to rain 8 it will stop 9 he's flying
10 sure he'll have

3 ★★ Complete the mini-conversations with the correct future forms of the words from the box.

I/probably/wait he/fly it/probably/be
it/rain it/stop she/say they/put on
sure/he/have you/invite you/start

Saeed Who are you going to invite to the street food festival?

Rashed My cousin probably, but I think
z _____ 'No'.

Sana When ³ _____ studying for your exams?

Nadia I don't know. ⁴ _____ until the last minute as usual!

Huda Look at those people over there.
They're probably some kind of show.
Do you want to watch it?

Ghada No. ⁶ _____ boring. Let's go.

Laith Relax, it's only Monday today. I'm sure ⁸ _____ before the weekend.

Noura My brother is very excited because
he is going to New Zealand next week.

Salwa Really? I'm ¹⁰ _____ the time of his life there.

LESSON 4B VOCABULARY

Vocabulary extension

1 Match the words from the box with the definitions.

depression disorder hormone
mood swings suffer from

1 A chemical produced by the body that affects our mood. hormone
2 To feel physical or psychological pain. _____
3 A feeling of being unhappy. _____
4 An illness or medical condition. _____
5 Sudden changes in emotion, e.g. from happiness to sadness. _____

Answers

2 suffer from 3 depression 4 disorder 5 mood swings

Pronunciation

ACTIVE PRONUNCIATION |

/θ/ and /ð/ sounds

In English, we pronounce *th* as /θ/ in *think* or /ð/ in *this*.



2 6.6 Listen and repeat.

/θ/ think /ð/ this



3 6.7 Look at these sentences from a podcast. How is *th* pronounced in the underlined words? Choose the correct phonetic symbol. Listen and check.

1 We often use weather phrases to describe a certain character trait or behaviour. /θ/ or /ð/
2 From the beginning of the autumn through to spring time. /θ/ or /ð/

Answers

1 ð 2 θ



LESSON 4B VOCABULARY

Vocabulary extension

Answers

1 θ: toothpaste, thrilled, throw
2 ð: clothes, mother, smooth, sunbathe

Answers

Before a consonant sound, *the* is pronounced in the weak form /ðə/. Before a vowel sound, *the* is pronounced with a strong sound /ði:/.

4 6.8 Match the words from the box with the correct phonetic symbols. Listen, check and repeat.

clothes mathematics mother smooth
sunbathe toothpaste thrilled throw

/θ/ mathematics _____

/ð/ _____

5 6.9 Listen. How is the pronunciation of the word *the* different before a consonant sound and before a vowel sound? Practise saying the sentence.

From the beginning of the autumn through to spring time.

ACTIVE PRONUNCIATION |

/ðə/ and /ði:/ sounds

The word *the* is pronounced

- /ðə/ before a consonant sound (e.g. *the beginning*).
- /ði:/ before a vowel sound (e.g. *the autumn*).
- /ðə/ and not /ði:/ before a word beginning with *u* pronounced as /ju:/ (e.g. *the uniform*).



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LESSON 5B VOCABULARY | Feelings and emotions

1 ★ Choose the words with the same meaning as the underlined parts in the sentences below.

- 1 Were you uninterested during the film?
a stressed b excited c bored
- 2 Mum was very pleased with her present.
a delighted b surprised c worried
- 3 Ali is very upset and miserable about losing his job.
a disappointed b depressed c amazed
- 4 I'd love to be unstressed like Fatima during exams.
a relaxed b worried c depressed

2 ★ Complete the sentences with the words from the box.

boring disappointed exciting exhausted
worried

- 1 When Osama didn't get into the basketball team he was disappointed.
- 2 I didn't really like the book - it was really _____.
- 3 We liked the computer game because it was very _____.
- 4 The boys stayed up all night and the next day were _____.
- 5 I couldn't find my wallet. I was really _____.

Answers

1c 2a 3b 4a

Answers

2 boring 3 exciting 4 exhausted 5 worried



LESSON 5B VOCABULARY | Feelings and emotions

Answers

2 disappointed 3 boring 4 frightened 5 relaxing
6 interesting 7 bored 8 surprised

3 ★★ Complete the texts with the correct adjectives formed from the verbs in bold.

I went to see a new superhero film last week. My friends said it was ¹ **amazing** (**AMAZE**), but I have to say I was ² **disappointed** (**DISPOINT**). I found it quite ³ **boring** (**BORE**) really. I prefer horror films. I like to feel ⁴ **frightened** (**FRIGHTEN**) on the way home from the cinema!

Walal, aged 20

My parents booked a package holiday last summer. They think package holidays are ⁵ **relaxing** (**RELAX**) and ⁶ **interesting** (**INTEREST**). I don't know why. I was ⁷ **bored** (**BORE**) for most of the two weeks. How long can you spend lying in the sun? My parents were ⁸ **surprised** (**SURPRISE**) when I told them that I didn't enjoy the holiday.

Maher, aged 16

4 ★★★ Write a short paragraph about two of the things and situations from the box and how they make you feel. Use adjectives from this lesson.

a book you don't like a film you really like
a subject at school getting a new haircut
meeting somebody new
something you do on holiday sports



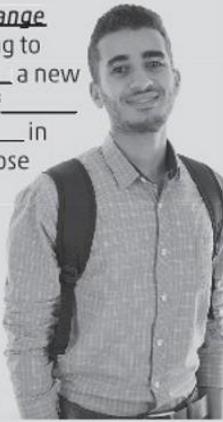
06 Revision

VOCABULARY AND GRAMMAR

1 Complete the text with the verbs from the box.

build up change get (x2) grow put on
take care of take up

I'm really going to **1 change** my look. First, I'm going to join a gym and **2 _____** a new sport. I really need to **3 _____** my muscles and **4 _____** in shape. I also need to lose weight because I **5 _____** about five kilos during the holidays. Then I'm going to buy healthy food because I know I should **6 _____** my health. I'm also going to **7 _____** a smart beard. I'm going to **8 _____** my hair cut.



2 Choose the positive adjective in each pair.

- 1** cheerful / miserable
- 2** messy / tidy
- 3** energetic / impatient
- 4** insecure / self-confident
- 5** affectionate / anxious
- 6** calm / upset
- 7** cautious / tense

3 Complete the sentences with an adjective formed from one of the words in bold.

- 1** I always feel **stressed** before I sit an exam. **STRESS/SURPRISE**
- 2** I'll be _____ if I pass that exam. **AMAZE/FRIGHTEN**
- 3** I only got a 3 in the exam. It was very _____. **DISPOINT/RELAX**
- 4** I passed all my exams. I feel _____. **DELIGHT/WORRY**

Answers

2 take up **3** build up **4** get **5** put on **6** take care of
7 grow **8** get

Answers

1 cheerful **2** tidy **3** energetic **4** self-confident
5 affectionate **6** calm **7** cautious

Answers

2 amazed **3** disappointing **4** delighted

06 Revision

Answers

1 Are you doing 2 I am 3 meeting 4 having
5 going to have 6 doing 7 going 8 going to travel
9 going to start 10 I'm not

4 Choose the correct forms to complete the conversation.

Mazen ¹Are you *doing* / *Do you do* anything really special for your graduation tomorrow?

Osama Yes, ²I *am* / *I do*. We're ³meeting / *going to meet* in the mall at seven. Then we're ⁴having / *going to have* a meal at my favourite restaurant. I booked a table for six. I'm ⁵having / *going to have* mansaf.

Mazen What are you ⁶doing / *going to do* after dinner? Not going home, I hope?

Osama At nine we're ⁷going / *going to go* bowling. After that, who knows?

Mazen Are you looking forward to graduating?

Osama Yes. There are so many things you can do. I'm ⁸travelling / *going to travel* abroad.

Mazen Are you ⁹starting / *going to start* your own business?

Osama No, I ¹⁰I'm not / *don't*! Not yet! I'm going to travel first!

5 Complete the text with the Present Continuous or *going to* and the verbs in brackets.

It's my little brother's tenth birthday tomorrow. In the morning mum and dad ¹are *taking* (take) Nader and his friends to a rock climbing gym. They ²_____ (climb) walls and play games. Then at one o'clock they ³_____ (eat) lunch in a Chinese restaurant. Nader says he ⁴_____ (eat) a lot! He loves Chinese food. After lunch at about four o'clock our grandparents ⁵_____ (come) to eat some birthday cake. Nader ⁶_____ (open) his presents and I ⁷_____ (take) lots of photos.

Answers

2 are going to climb
3 are eating
4 is going to eat
5 are coming
6 is going to open
7 I'm going to take

USE OF ENGLISH

6 Complete the text with one word in each gap.

STRATEGY | Open cloze

Read the whole text first to get an idea of what it is about. Try to understand as much as you can while ignoring the gaps. Then do the task.

This is ¹going to be a great year and it starts today with my graduation. My college friends and I are ² _____ from college this afternoon at one o'clock. My dream is ³ _____ true. I'm really ⁴ _____ about it, of course, but I'm a bit nervous too. I'm sure everything ⁵ _____ be alright, though. We're going to ⁶ _____ the graduation ceremony at one o'clock and then at three o'clock we are ⁷ _____ to start our graduation dinner!

Answers

2 graduating/going to graduate 3 coming/going to come
4 excited 5 will 6 attend/have 7 going

SPEAKING

7 In pairs, look at two photos showing family life. Student A, describe photo 1. Student B, describe photo 2. Then answer the questions below.

- 1 How do you think the people are feeling?
- 2 What is going to happen next?

WRITING

8 Do the task below.

You receive an invitation from a relative who lives abroad to spend two weeks in July at his/her grandparents' house at the seaside.

Write a reply to your friend in which you:

- thank him/her for the invitation
- accept the invitation
- say how you plan to get there
- ask your relative what to take with you



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